



Barrington Yacht Club

Sailing Instructions

2026 Barrington Invitational Regatta, Presented by RIISA

July 29-30, 2026

1. RULES

- a. The race will be governed by the rules as defined by The Racing Rules of Sailing.

2. COVID 19 Advisory

- a. Stay home if you are sick.

3. NOTICES TO COMPETITORS

- a. Notices to competitors will be posted on the official notice board and on the event page at barringtonyc.com.

4. CHANGES TO SAILING INSTRUCTIONS

- a. Any change to the sailing instructions will be posted before 1000 on the race day that such change will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- b. Changes to the sailing instructions may be made afloat by hoisting code flag LIMA with one sound and hailing the change.

5. SIGNALS MADE ASHORE

- a. Signals made ashore will be displayed at the main flag pole at the Barrington Yacht Club.

6. SCHEDULE for Barrington Invitational

- a. 0945 Coaches meeting on South Deck of Barrington Yacht Club.
- b. 1000 Skippers meeting for all classes on launch ramp at Barrington Yacht Club
- c. 1015 Harbor Start for those launching from Barrington Yacht Club.
- d. 1115 Warning signal for the 1st race, additional races as conditions allow.
- e. 1600 No warning for a new race after this time.
- f. At the conclusion of racing there will be awards and refreshment at Barrington Yacht Club under the tent.

7. CLASS FLAGS

- a. 420 - numeral pennant 1 or class flag
- b. Opti r/b/w - numeral pennant 2 or class flag
- c. Opti green - numeral pennant 3 or class flag
- d. ILCA/Laser - numeral pennant 4 or class flag
- e. Vision/Quest - numeral pennant 5
- f. Open Skiff (Bic) - numeral pennant 6

8. RACING AREA

- a. The race area and rendezvous location will be in the area South East of Rumstick Rock unless posted on the notice board.
- b. Coaches for 420 and Laser shall monitor vhf channel 71. Opti (R/W/B and Green) and Open Skiff (Bic) shall monitor vhf channel 72.
- c. Details will be reviewed in coaches and skippers meeting for rendezvous location announcement on race day.

9. COURSES

- a. The diagrams in Appendix 1 (course card) show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- b. No later than the warning signal, the race committee signal boat will display the course designator and the approximate compass bearing of the first mark.

10. MARKS

- a. Turning Marks will be orange inflatable marks unless specified by the race committee.
- b. Start/Finish marks will be yellow inflatable marks.
- c. Substitution with green mark for Opti Green/Open Skiff fleet or specified class may be utilized and signaled by the Signal boat flying a green flag at warning.

11. THE START

- a. The starting line will be between a staff displaying orange flag on the starting mark (signal boat) and the course side of the port-end starting mark or a staff displaying an orange flag on a pin boat.
- b. The starting sequence will be a modified Appendix S Sound Signal Starting System.
 - i. The sequence shall be as follows, which modifies rule S-3:
 - 1. Rapid horns or whistles shall be used to signal a warning that the starting sequence of a Race is about to begin.
 - 2. Three long horns or whistles: 3 minutes (Warning and Preparatory)
 - 3. Two long horns or whistles: 2 minutes
 - 4. One long and three short horn or whistle: 1 minute, 30 seconds
 - 5. One long horn or whistle: 1 minute
 - 6. Three short horns or whistles: 30 seconds
 - 7. Two short horns or whistles: 20 seconds
 - 8. One short horn or whistle: 10 seconds
 - 9. One short horn or whistle: 5,4,3,2,1 seconds
 - 10. One long horn or whistle: START
- c. Whistles or horns will be used for the start and finish.
- d. Individual Recalls will be one long horn. The RC will attempt to hail numbers.
- e. General Recall: Two long horns or whistles.
 - i. A new start sequence for that class will immediately follow.

12. CHANGE OF THE NEXT LEG OF THE COURSE

- a. To change the next leg of the course, the race committee may move the original mark or lay a substitute yellow mark to a new location without signaling. This changes rule 33.

13. THE FINISH

- a. The finishing line will be between a staff displaying a Blue flag on the finishing mark (RC boat) at the starboard end and course side of the port-end finishing mark.
- b. There is a one hour and thirty minute time limit.
- c. Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.

14. PENALTIES AT THE TIME OF THE INCIDENT

- a. The first two sentences of rule 44 are changed to: 'A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or rule 31 while racing. However, when she may have broken a rule of Part 2 when in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.

15. INFORMING THE RACE COMMITTEE

- a. A boat intending to protest or request redress based on an incident in the racing area that she is involved in or sees, shall, at the first reasonable opportunity after she finishes, but before consultation or discussing the incident with any coach, parent or non-competitor, inform the race committee at the finishing line of her intent to protest or request redress and, when applicable, the identity of the protestee.

16. PROTESTS AND REQUESTS FOR REDRESS

- a. The time limit for filing protests is 5 minutes after the race committee finishes the last boat in the competitor's class. On water protest hearings may be heard by on water judge boats. Competitors will be notified and will be afforded an on water hearing between races or at the conclusion of the racing day.

17. SAFETY REGULATIONS

- a. CHECK IN – At the start of each race day, each boat SHALL sail by the race committee signal boat on Starboard Tack. When the race committee flies flag L and check in by hoisting their own sail number until acknowledged by the race committee.
- b. A boat that retires from a race or intends to leave the race course area shall notify the race committee as soon as possible.

c. Narragansett Bay contains restricted channels, and sailing vessels do NOT have right-of-way over vessels under power that may be restricted in their ability to maneuver. Participation in this regatta does NOT provide standing over vessels that have right-of-way.

18. COACH AND SUPPORT BOATS

a. Team leaders, coaches and other support boats and personnel shall stay outside areas where boats are racing from the time of the preparatory signal until all boats have finished or retired or the race committee signal a postponement, general recall or abandonment, UNLESS directed by the race committee.

19. AWARDS AND PRIZES

a. AWARDS will be given as per the Notice of Race. Additional prizes may be given and may be based on criteria other than performance in this regatta.