



JSA Sailing Instructions PWYC Regatta 2026

The Port Washington Yacht Club
25th Annual Junior Regatta
Saturday, July 25th, 2026
to benefit the
Make-A-Wish Foundation® of Metro New York
Optimist: Green, White, Blue & Red Fleets
ILCA 4, 6, 7, C420
O'Pen Skiff, RS Feva Fleets

SAILING INSTRUCTIONS

Note: This regatta is an environmentally friendly format. Competitors are encouraged and requested to bring refillable water bottles.

Abbreviations:

PC	– Protest Committee	RC	– Race Committee
OA	– Organizing Authority	SI	– Sailing Instructions
RRS	– Racing Rules of Sailing	JSA	– Junior Sailing Association of LIS
NOR	– Notice of Race		

1 RULES

- 1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS).
- 1.2 The Rules for JSA of LIS (JSA) Events, JSA Code of Conduct and US Sailing [SafeSport Handbook](#) will apply.
- 1.3 The following RRS optional rules will apply:
 - a) Appendix V2, Penalty Taken After a Race, will apply.
- 1.4 Racing Rules of Sailing (RRS) listed below are changed as follows.
 - a) RRS 60.1 is changed to allow on the water umpire boats to bring a protest against a boat racing as part of the RC.
 - b) RRS 60.4 (b) is changed to require a hearing before any action is taken.
 - c) RRS 61.1(a) is changed so that “A boat intending to protest about an incident that occurs in the racing area shall notify the Race Committee (RC) finish boat of her intention as soon as possible after finishing, without consultation with instructors, coaches or support persons, including (if possible) the boat identification number of the boat(s) being protested.”

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the SIs will be posted no fewer than 30 minutes before the harbor start on the day the changes take effect.



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3 SIGNALS MADE ASHORE

- 3.1 Signals made ashore will be displayed from flagpole on waterside of PWYC Club House.
- 3.2 The harbor start will be signaled by one gun as the Race Committee boats heads to the starting area from the dock. No boat shall leave the dock area until the harbor start has been signaled.
- 3.3 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30minutes' in the race signal AP.

4 SCHEDULE OF RACES

- 4.1 5 races are scheduled, or the Race Committee will run as many races as reasonably possible.
- 4.2 The racing schedule is as follows:

Day	Date	Time	Activity	Location
Saturday	July 25 th	11:30 am	Registration	Main Clubhouse Driveway
Saturday	July 25 th	11:30 – 1 pm	Measurement, equipment check and lunch	South Dry-Yard for C420s, RS Fevas and ILCAs North Anchorage Area for Opti, O'Pen Skiff
Saturday	July 25 th	1:00 pm	Instructors Meeting	Commodore's Lounge
Saturday	July 25 th	1:15 pm	Competitors Meeting	South Lawn, near Flagpole
Saturday	July 25 th	1:30 pm	Harbor Start	
Saturday	July 25 th	2:00 pm	Warning Signal	
Saturday	July 25 th	5:30 pm	BBQ	South Patio
Saturday	July 25 th	6:30 pm	Awards Presentation	South Patio

- 4.3 Flag A displayed, with no sound, while boats are finishing means 'No more racing today.'
- 4.4 No warning signal will be made after **5pm ET on Saturday, July 25th, 2026.**



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5 CLASS FLAGS

5.1 The class flags will be:

Opti Green Fleet	Green Flag
Opti Red Fleet	Red Flag
Opti White Fleet	White Flag
Opti Blue Fleet	Blue Flag
ILCA/C420	Laser Flag
RS Feva/O'Pen Skiff	Feva Flag

6 RACING AREA

6.1 The racing area will be Manhasset Bay.

7 THE COURSES

7.1 The diagrams below show the courses, including the approximate angle between legs, the order in which marks are to be passed, and the side on which each mark is to be left. ILCAs, C420s, RS Fevas will sail on the same course but to a further windward #1 Yellow mark. The 2nd (jibe) and 3rd (downwind) marks will be Orange. Blue, White & Red Optis will sail to the first windward Orange mark. The 2nd (jibe) and 3rd (downwind) marks for Optis will also be Orange.





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- 8.2 The start line will be between the port side of the Race Committee boat and an orange mark. The finish line will be between the starboard side of the Race Committee boat and an orange mark.

9 Umpire Observation

- 9.1 Umpires will display a white flag with the word *Umpire* inscribed from their motorboat.

- 9.2 Umpires may observe the racing and provide advisory umpire signals. If an umpire observes an incident where a boat protests or a boat breaks RRS 31 or RRS 42, one of the following signals may be made:

(a) A green and white flag with one long sound means ‘The umpires saw the incident and believe that no rule was broken’.

(b) A red flag with one long sound means ‘The umpires saw the incident and believe that one or more boat has broken a rule’. The umpires will hail or signal each boat identified to have broken a rule.

- 9.3 The signals displayed by the umpires are for information only. If a red flag is displayed, any identified boat is not obliged to take the applicable penalty of a 360, however if she does not, the Umpire, as part of the protest committee, may protest that boat or may provide information to the Race Committee for a valid protest taken by another boat. Boats are encouraged to take a penalty rather than bring an incident to a protest hearing. If a green and white flag is displayed, a boat may still protest, or a boat may choose to take the applicable penalty.

- 9.4 If a green and white flag is displayed for an incident, the protest committee will only protest a boat for an incident involving her that may have resulted in injury or serious damage, or if the protest committee learns during the hearing of a valid protest that the boat, although not a party to the hearing, was involved in the incident and may have broken a rule. This changes RRS 60.1 and 60.4(b).

10 THE START

- 10.1 The regatta will use 3-minute starts, see 3-minute sequence. (Appendix U audible-signal with three-minute sequence)
- 10.2 Races will be started using Appendix U, “Audible-Signal Racing System.” This replaces RRS 26. Appendix U is changed as follows: U3 (signals): Audible signals shall govern and the following supplemental visual signals will be used: The class flag of the class to start will be hoisted with the warning signal and will be dropped at the start. If either RRS 30.1 (the “I flag rule”), RRS 30.2 (the “Z flag rule”) or RRS 30.3 (the “U flag rule”) is in effect, the appropriate flag will be displayed with or before the warning signal and will be dropped one minute before the start.
- 10.3 A boat starting later than four minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.
- 10.4 The start line will be between the port side of the Race Committee boat and an orange mark.
- 10.5 Classes will start in the order shown in SI 6. If there is more than one class, after the start of the preceding class, the race committee will begin a new starting sequence.



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- 10.6 A series of short sounds will be used to call attention just before each warning signal.
- 10.7 The starting line will be between a staff displaying an orange flag on the starboard end starting mark and the course side of the port end starting mark.
- 10.8 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

11 RECALLS OF OCS BOATS

- 11.1 When an individual recall is signaled, the RC will attempt to hail the sail numbers of all boats that are OCS. This changes RRS 29.1.
- 11.2 Failure of the RC's amplification system, the order of the hails, or failure of a boat to hear her number hailed shall not be grounds for a boat to request redress. This changes RRS 62.1.

12 THE FINISH

- 12.1 The finish line will be between the starboard side of the Race Committee boat and an orange mark.

13 TIME LIMITS

- 13.1 Time limits for the first boat in each class to finish shall be 45 minutes.
- 13.2 Boats failing to finish within 15 minutes after the first boat in their class sails the course and finishes will be scored Time Limit Expired (TLE) without a hearing. They shall receive points equal to the number of boats finishing before the time limit expired plus 2 points, but not worse than DNF. This changes RRS 35, 63.1, A4 and A5.

14 PROTESTS AND REQUESTS FOR REDRESS

- 14.1 Given the fundraising theme of this regatta skippers are HIGHLY ENCOURAGED to settle all disputes on the water using a 360-degree penalty turn. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 14.2 For each class, the protest time limit is 15 minutes after the Race Committee boat docks.
- 14.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located Commodore's lounge as soon as practicable.
- 14.4 Notices of protests by the RC, technical committee or PC will be posted before the protest time limit to inform boats under RRS 61.1(b).
- 14.5 Redress Hearings: Any competitor who may wish to become a party to a scheduled redress hearing, should: 1) check the daily "schedule of protest hearings" that the protest committee will post on the official notice board describing the nature of the redress request and the time of the hearing, and 2) submit a written request to participate in the hearing to the protest committee before it begins.
- 14.6 If the RC posts a list of boats scored OCS, ZFP, UFD or BFD (RRS 30.1-30.4) on the official notice board before the protest time limit, a request for redress based on such a posted score shall be made no later than one hour after the protest time limit. This changes RRS 62.2
- 14.7 Protests under SI 4.2, 18 and 19 may be made only by the RC, PC or umpires.



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- 14.8 Protests regarding infractions of JSA rules or SI 10, 18, 19 may be subject to a lesser penalty than DSQ at the discretion of the PC. Please see JSA Rule 4

15 SCORING

- 15.1 5 races are scheduled. One race is required to be completed to constitute a series.
- 15.2 When fewer than 6 races have been completed, a boat's series score will be the total of her race scores. When from 6 to 10 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 15.3 Divisions that start together will be scored by individual class or color of fleet (e.g., Optimist Red, Blue and White age groups may race as one fleet, even if separate sets).
- 15.4 Any race scores that include scoring penalties determined by the PC pursuant to NOR 9 or based on NOR 15 shall not be discardable and will be scored DNE, a non-excludable scoring penalty under 90.3(b).

16 SAFETY REGULATIONS

- 16.1 Each competitor and instructor/coach shall wear a US Coast Guard approved personal flotation device (PFD) while on the water in accordance with JSA Rule 2.1.
- 16.2 Before the first warning signal for each day, all boats shall check in with RC by sailing on starboard tack or towing past the stern of the anchored RC signal boat and hailing their sail number until acknowledged by a committee member.
- 16.3 A boat that retires from a race shall notify a RC boat before leaving the race area. If this is not possible, the competitor shall notify a regatta representative immediately after arriving ashore.

17 SUPPORT VESSELS

- 17.1 Instructors, coaches and other support persons and spectators shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired, or the race committee signals a postponement or abandonment. Coaching is not permitted after a general recall.
- 17.2 Coaches and support personnel shall monitor the race committee VHF channel and follow any safety instructions issued by the race committee. The VHF channel to be used will be identified at the instructors' meeting.

18 TRASH DISPOSAL

- 18.1 Trash may be placed aboard support boats. (Optional: Disposable water bottles will not be distributed. Water is available from official boats and support boats, and each contestant is responsible for bringing a refillable container for water).

19 RADIO COMMUNICATION

- 19.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications of any kind. This restriction also applies to mobile telephones and any other wireless devices.

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