

Sailing Instructions



OPTI JAM



July 23 - July 24, 2029

Chester Yacht Club

1 RULES

Races will be governed by 2025 – 2028 World Sailing Racing Rules of Sailing (RRS), the prescriptions of the Canadian Yachting Association, and the Canadian Optimist Dinghy Association (CODA), except as any of these are changed by these Sailing Instructions.

2 NOTICE TO COMPETITORS

Notices to competitors will be posted on the Online Official Notice Board on the Clubspot event page:

<https://theclubspot.com/regatta/2lkC1W6nOj/#notice-board>

3 CHANGES IN THE SAILING INSTRUCTIONS

Any Changes to the Sailing Instructions will be posted on the Official Notice Board before 1100 on the day it will take effect, except that any changes to the schedule of races will be posted by 1800 on the day before it will take effect.

4 SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed on the end of the CYC dock.

4.2 Code Flag "AP"- Answering Pennant, with two sound signals on the hoist, means "racing is postponed". When flag AP is displayed ashore, "1 minute" is replaced with "not less than 45 minutes" in the race signal AP.

4.3 Code flag "L", with one sound, means "A notice to competitors has been posted on the Office Board."

5 SCHEDULE OF RACES

5.1 July 23, 11:00 Dock Start, July 24, 11:00 Dock Start. No warning signal will be made after 14:30 hrs on July 23 & 24.

5.2 The number of races per day is up to the individual RC.

5.3 The First Warning Signal on July 23 will be 11:30; the First Warning Signal on July 24 will be 11:00.

6 CLASS FLAGS

Beginners:	Green.
Intermediate:	Yellow.
Advanced:	Pink

7 RACING AREAS

All racing will take place within Chester Harbour.

8 THE COURSES

Courses are available in Appendix A.

9 MARKS

Marks will be 3-foot and 5-foot tetrahedrons and a yellow pin.

10 AREAS THAT ARE OBSTRUCTIONS

There can be strong currents and big rocks in the canal between Freda's Beach and the CYC, do not swim or sail in the canal.

There is no swimming off the CYC Dock.

The Tancook Fairy will be crossing the Chester Harbour around 2:00-2:30; all competitors must stay out of the fairy's path.

11 THE START

Races will be started using rule 26, with the warning signal made 6 minutes before the starting signal.

12 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will move the original mark (or move the finishing line) to a new position.

13 THE FINISH

The finish line will be between a staff displaying a blue flag on the signal boat and a tetrahedron.

14 PROTESTS AND REQUESTS FOR REDRESS

14.1 Protest forms are available inside the CYC club beside the Mahone Bay chart in the South West Corner.

14.2 For each Class, the protest time limit is 60 minutes after the signal boat is moored.

14.3 Notice will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. The hearing will be held in the protest room, located on the second floor of the CYC clubhouse, to be heard when possible.

15 SCORING

15.1 One race is required to be completed to constitute a series.

15.2 (a) When fewer than 4 races have been completed, a boat's series score will be the total of her race scores.

(b) When 5 or more races have been completed, a boat's series score will be the total of her race scores, excluding her worst score.

15.3 The Race Committee may move a boat significantly racing above the rest of the fleet after the first or second races. The competitor will be scored on the average of their races sailed in the new fleet for races missed.

15.4 The Race Committee may move a boat sailing significantly below the rest of the fleet at any time.

16 SAFETY REGULATIONS

16.1 Competitors are to check in with the safety officers at CYC and Freda's Beach before launching. Failure to do so may nullify racing results for that day.

16.2 All boats must have properly inflated buoyancy tanks, a bailer, and a 30ft painter attached to the mast. All participants must wear an approved PFD.

16.3 The Race Committee may abandon a race due to inclement weather. Competitors are to comply with Race Committee and Coaches' instructions.

16.4 All Coaches are instructed to help out any racer that is in trouble.

16.5 All Coaches are required to wear an approved PFD.

17 SUPPORT BOATS

17.1 Coaches on the green fleet are encouraged to help out sailors equally. Individual competitors should not be “followed” around the course by a coach or support boat giving guidance or instruction to only that competitor.

17.2 Coaches are encouraged to help the race committee in the placement or moving of marks, enabling the RC to get more races off faster.

17.3 Coaches are encouraged to take all trash out of sailors’ boats.

18 RADIO COMMUNICATION

(a) **Beginner Fleet** will broadcast communications of their intentions to support boats on channel 69.

(b) **Intermediate and Advanced Fleets** will broadcast communications of their intentions to support boats on channel 68.

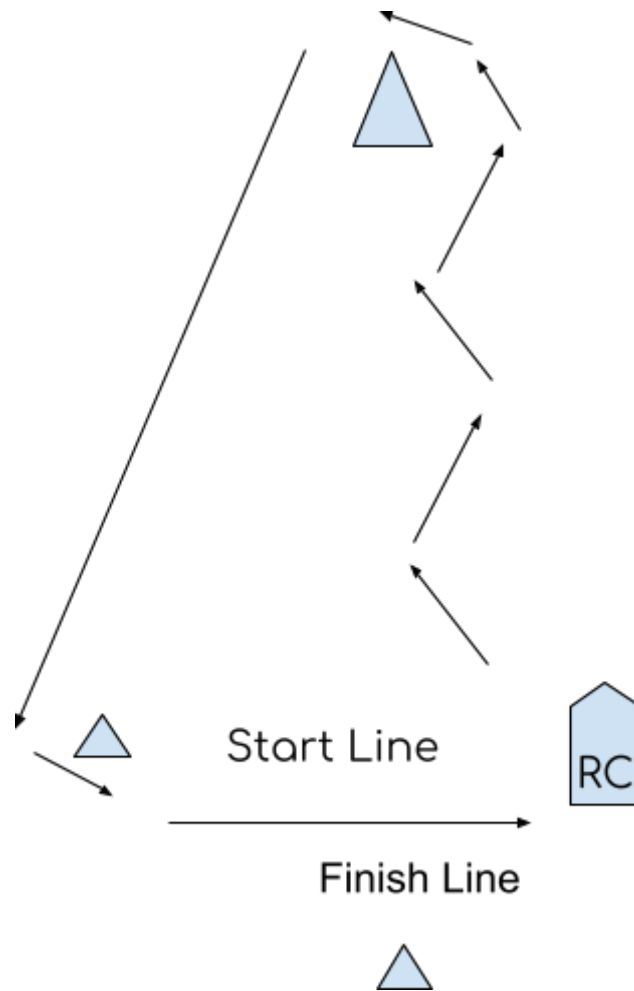
(c) **Chester Yacht Club** will be monitoring channel 71.

20 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS4, Decision to Race. The organizing authority, Chester Yacht Club, will not accept any liability for injury or death sustained in conjunction with, before, during, or after the regatta.

Appendix A

Green fleet course



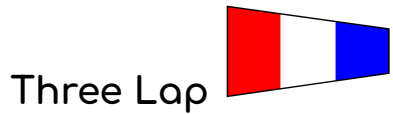
Intermediate, Advanced fleet course



Start-1- 2p - Finish



Start-1- 2s/2p - 1- 2p - Finish



Start-1- 2s/2p - 1- 2s/2p - 1 - 2p - Finish

