



100th Larchmont Junior Race Week

2026 NOTICE OF RACE

Opti Day

Thursday, July 16

The Larchmont Yacht Club (LYC) is the organizing authority (OA) of the event.

1. RULES

- 1.1. The event is governed by the rules as defined in *The Racing Rules of Sailing*, the [rules for JSA of LIS Events](#) and the [JSA of LIS Code of Conduct](#).
- 1.2. All competitors shall be accompanied by a coach, both on and off the water, who attests to their competence to participate in this event and acts under the authority of their club's junior sailing program or an equivalent organization. Also see Section 13, Support Persons, herein.
- 1.3. Each club shall appoint a Designated Safety Instructor (DSI) at coaches' check-in. The DSI shall be responsible for verifying competitor headcounts with the LYC Safety Patrol before the harbor start and after racing each day. Further instructions will be provided in the SI.
- 1.4. RRS 60.4(a)(2) is changed to read: "(2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or".
- 1.5. RRS Appendix T (Arbitration) will apply.
- 1.6. The US Sailing prescription to RRS Appendix V (Alternative Penalties) will apply.

2. SAILING INSTRUCTIONS

The sailing instructions (SI) will be available no later than 1700 Friday, July 3, 2026 at theclubspot.com

3. COMMUNICATION

- 3.1. The official notice board is located at theclubspot.com
- 3.2. [DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.
- 3.3. On the water, the Race Committee (RC) may make courtesy broadcasts to coaches via VHF radio. This channel will be stated in the SI.

4. ELIGIBILITY AND ENTRY

- 4.1. The event is open to all Optimist class boats.
- 4.2. Competitors must be members of the JSA and shall not reach their sixteenth (16th) birthday in the current calendar year.
- 4.3. Competitors will be divided into three (3) groups according to their ages on the first day of the scheduled competition.
- 4.4. Eligible boats may enter by registering online at theclubspot.com no later than 2359 July 13, 2026. Late entries will be accepted at the discretion of the OA.
- 4.5. To be considered an entry in the event, a boat shall complete all registration requirements and pay all fees.

5. FEES

The entry fee is \$100 per competitor and includes post racing snacks/refreshments, and a commemorative T-shirt.

6. SCHEDULE

- 6.1. The RC intends to run multiple races each day.

	Thur. July 16
Competitor and Coach Check-In	0800-0945
Competitors' Briefing	1015
Coaches' Briefing	1045
Harbor Start	1100
First warning signal	1200
No warning signal after	1600
Awards Presentation	After racing

7. EQUIPMENT

Each boat shall carry the safety equipment required by its class rules. Boats may be inspected at any time for compliance.

8. VENUE

Racing will take place in the waters near and around Larchmont Harbor.

9. COURSES

Courses will be windward/leeward or trapezoid configurations and may include a leeward gate. Course diagrams will be provided in the SI.

10. SCORING

- 10.1. One race is required to be completed to constitute a series.
- 10.2. When fewer than five (5) races have been completed, a boat's series score will be the total of her race scores.
- 10.3. When five (5) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

11. PRIZES

- 11.1. Prizes will be awarded on Thursday, July 16, 2026 on the LYC Front Lawn, as soon as possible after racing, to boats placing first, second, and third in each division.
- 11.2. Other perpetual trophies may be awarded at the discretion of the OA.

12. SUPPORT PERSONS AND VESSELS

- 12.1. Support persons shall be responsible for the seaworthiness and integrity of the boats and equipment used by the competitors under their supervision, including adequate flotation, and shall ensure those competitors are competent in capsizing recovery, man-overboard procedures, and the handling of adverse weather conditions.
- 12.2. All coaches shall register no later than 2359 July 13, 2026 online at thelcubspot.com.
- 12.3. For the purposes of this event, vessels used by support persons will be designated Support Person Vessels (SPVs). The term "coach boat" is used in this NOR as informal terminology for SPVs when engaged in coaching activities.
- 12.4. Coach boats shall display the pennant issued by the OA at check-in.
- 12.5. Coach boats shall carry a VHF radio capable of communicating on all U.S. marine channels.
- 12.6. Coach boats shall render assistance to any boat in danger when requested by the RC or when required under RRS 1.1.
- 12.7. All SPVs shall remain outside the race area and shall comply with all instructions of the RC. Additional restrictions on support boats, including designated areas, distances, and movement limitations, may be specified in the SI.

13. COACH BOAT LAUNCHING, BERTHING & LOGISTICS

- 13.1. Coach boats arriving by water shall hail “LYC Launch” on VHF channel 72 upon entering Larchmont Harbor and shall comply with all instructions from LYC Launch for docking or mooring.
- 13.2. Coach boats will be rafted on moorings and/or docks as directed by the LYC Marine Facilities team. Boats shall arrive with adequate fendering and dock lines. Rafting will be limited to a maximum of three boats abreast.
- 13.3. LYC has a crane available for launching coach boats arriving by trailer. Boats shall arrive with a lifting bridle installed. LYC will not provide lifting bridles or straps. Crane operations shall be conducted under the direction of the LYC Marine Facilities team.
- 13.4. Ramp launching is not available.

14. [RESERVED]

15. RIGHT TO USE NAME AND LIKENESS

By participating in this event, competitors grant the OA the right, in perpetuity, to make, use, and display any photography, audio, and video recordings, and other reproductions of them or their boat taken at the venue or on the water, for editorial or promotional purposes, without compensation. Competitors waive any right to inspect or approve such materials.

16. RISK STATEMENT

RRS 3 states: ‘The responsibility for a boat’s decision to participate in a race or to continue to race is hers alone.’ By participating in this event, each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia, or other causes.

17. FURTHER INFORMATION

For further information, please contact the LYC Sailing Office via email: sailing@larchmontyc.org

Karen Ronan – [Regatta Committee Chair](#)

Hannah James and Kristen Vasquez – Event Co-Chairs

Collamore R. Crocker – Protest Committee Chairman

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