

2026 Britannia Yacht Club 69th National Capital Regatta Including the J/22 Ontario Championships July 18th to 19th, 2026 Britannia Yacht Club

Sailing Instructions

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1. RULES

- 1.1. The event will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2. [DP] Class rules will apply
- 1.3. [DP] The penalty for breach of the class rules may, at the discretion of the Protest Committee, be less than a disqualification.

2. CHANGES IN SAILING INSTRUCTIONS

- 2.1. Any change in the sailing instructions will be posted before 0900 on the day it will take effect, except that any change in the schedule of races will be posted before 2000 on the day before it will take effect.

3. COMMUNICATION TO COMPETITORS

- 3.1. Notice to competitors will be posted on the official on-line notice board.
<https://theclubspot.com/regatta/H69tSIVQ9M/#notice-board>
- 3.2. The race office is in the Bruce Neuk, at the main club house.
- 3.3. On the water, the race committee intends to monitor and make courtesy communications on VHF radio channel 06.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed from the Mast by the harbour entrance.
- 4.2. When Flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes in RRS Race Signal AP.

5. SCHEDULE OF RACES

- 5.1. Racing is scheduled as follows:

Friday July 17 th , 2026	1600-1700	Competitor & Coach Registration & check-in at the Regatta office
Saturday July 18 th , 2026	0800-0900	Competitor & Coach Registration & check-in at the Regatta office
	1100	Warning signal of the first race of the day
Sunday July 19 th , 2026	1030	Warning signal of the first race of the day
	1430	No warning signal after this time
	After Racing	Awards

- 5.2. 7 races are scheduled for this event.
- 5.3. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least 2 minutes before a warning signal is made.
- 5.4. On the last day of racing no warning signal will be made after 1430.

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6. CLASS FLAGS

6.1.

CLASS	FLAG
J/22	J/22 Logo on a white background
Star	Numeral Pennant 1

7. RACE AREA

7.1. SI Appendix A shows the location of the racing area.

8. COURSES

8.1. The diagrams in SI Appendix B show the courses, including the approximate legs, the order in which marks are to be passed, and the side on which each mark is to be left.

8.2. No later than the warning signal, the race committee will signal the course off the transom of the signal boat.

8.3. Classes will race on the following courses:

CLASS	Race Area
J/22 and Star	Bravo Course

9. MARKS

9.1. Marks are:

START	A race committee vessel or spar buoy with an Orange Flag
Mark 1	Yellow inflatable tetrahedron .
Mark 1a	Small Yellow inflatable tetrahedron
Mark 4s and 4p	Yellow inflatable tetrahedron
New mark	Pink inflatable tetrahedron
Finish	A race committee vessel or spar buoy with a Blue Flag

10. THE START

10.1. The starting line will be between a staff displaying an orange flag on the signal vessel and the staff displaying an orange flag on the starting mark.

10.2. [DP]/[NP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence of other races.

10.3. A boat that does not start within 4 minutes after their starting signal will be scored Did Not Start without a hearing. This changes RRS A5.

11. CHANGE OF THE NEXT LEG OF THE COURSE

11.1. To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable.

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- 11.2. A leeward gate maybe replaced by a single mark; in this case, the mark will be left to port.

12. THE FINISH

- 12.1. The finishing line will be between a staff displaying a blue flag on the signal vessel and the staff displaying a blue flag on the finish mark.

13. TIME LIMITS

- 13.1. The Mark 1 Time Limit, Race Time Limit and the Finishing Window are shown in the table below:

CLASS	MARK 1	RACE TIME LIMIT	FINISHING WINDOW	Target Time
J/22	20 minutes	90 minutes	15 minutes	50 minutes
Star	20 minutes	90 minutes	15 minutes	50 minutes

- 13.2. If no boat has passed the mark within the **Mark 1 Time Limit**, the race will be abandoned.
- 13.3. Race Time Limit: Time limit for the first boat in their class to start, sail the course and finish. If no boat finishes within the Race Time Limit, the race will be abandoned.
- 13.4. The Finishing Window: Time limit to finish after the first boat in their class starts, sails the course and finishes. Boats failing to finish within their Finish Window and not subsequently retire, penalized, or given redress will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35, A5.1 and A5.2.
- 13.5. Failure to meet the Target Time will not be grounds for redress. This changes RRS 61.

14. HEARING REQUESTS

- 14.1. For each class, the protest time limit is 60 minutes after the last boat in that class finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board
- 14.2. Hearing request forms are available from the race office located in the Bruce Neuk.
- 14.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located in the Board Room.

15. SAFTY REGULATIONS

- 15.1. [DP][NP] On water prior to the warning signal of their first race of each day competitors shall sail past the Signal Vessel and hail their sail number.
- 15.2. A boat that retires from a race shall notify the race committee as soon as possible.

16. SUPPORT BOATS

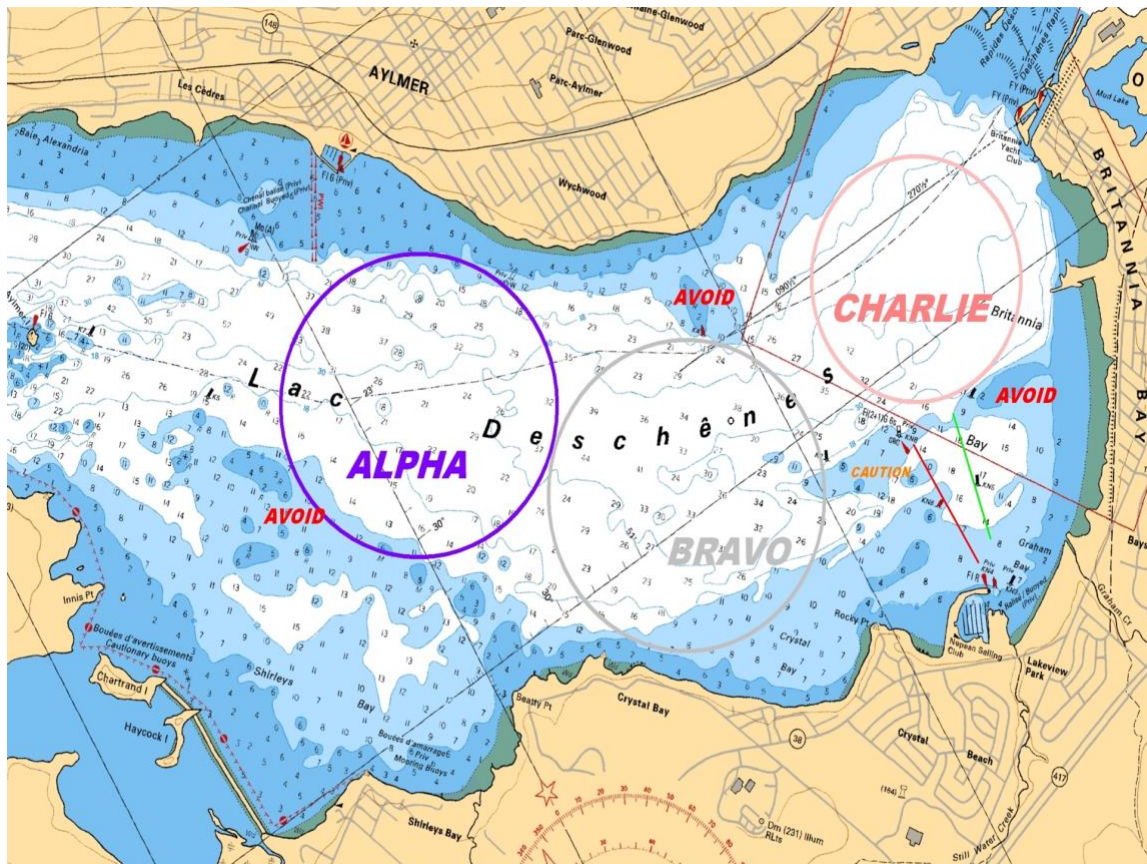
- 16.1. [DP] Team leaders, coaches and other support persons shall stay 30 meters outside areas where boats are racing from the time of the preparatory signal for the first start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

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17. TRASH DISPOSAL

17.1. Trash maybe placed aboard official or support person vessels.

Appendix A: RACE AREA



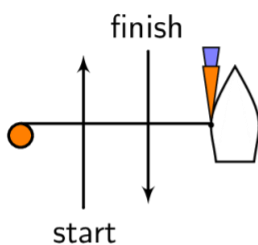
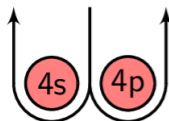
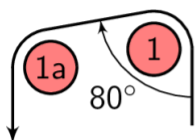
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APPENDIX B COURSE DIGRAMS

LA
gate



Signal Mark rounding order

LA1 Start-1-1a-4s/4p-Finish

LA2 Start-1-1a-4s/4p-1-1a-Finish

LA3 Start-1-1a-4s/4p-1-1a-4s/4p-1-1a-Finish