



SAILING INSTRUCTIONS

THRASH Regatta

October 3 – 4 2026

ROYAL VICTORIA YACHT CLUB

The notation '[DP]' denotes a rule for which a penalty is at the discretion of the protest committee.

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

The notation '[SP]' in a rule means that a boat may be subject to Standard Penalties without a hearing in accordance with the RSS

Version: v 0.0.4

1. RULES

- 1.1. The event is governed by the rules as defined in The Racing Rules of Sailing and the prescriptions of Sail Canada.
- 1.2. Class rules for any division sailing One Design
- 1.3. The Notice of Race and these Sailing Instructions and any amendments to either.

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 2.2. Changes to a sailing instruction may be made on the water by displaying Flag L and hailing the fleet.
- 2.3. The Race Committee may also communicate the change on VHF ch 09.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1. Notices to competitors will be posted on the official notice board located at the [Clubspot event page](#)
- 3.2. On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel 09.

4. CODE OF CONDUCT

- 4.1. [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5. SIGNALS MADE ASHORE



2026 Thermopylae Regatta Sailing Instructions

- 5.1. Signals made ashore will be displayed at the main flagstaff by the clubhouse.
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.

6. SCHEDULE

- 6.1. There will be a competitor's meeting on Saturday October 3 at 0930 in the main lounge.
- 6.2. Races are scheduled in accordance with the NoR.
- 6.3. The race committee may start a division whilst other are still racing a prior race.

7. CLASS FLAGS

- 7.1. Random Leg Fleet:

- 7.1.1. Division 1



- 7.1.2. Division 2



- 7.1.3. Division 3



- 7.2. Around the Buoys Fleet:

- 7.2.1. PHRF 1



- 7.2.2. PHRF 2



- 7.2.3. Martin 242



- 7.3. Cruising Fleet



8. RACING AREA

- 8.1. The Racing area is specified in Appendix 1



2026 Thermopylae Regatta Sailing Instructions

9. COURSES

- 9.1. The diagram in Appendix 1 and the table of marks in Appendix 2 will define the courses for the Random Leg Fleet. This includes a mix of Fixed and inflatable marks. Appendix 3 should be consulted for a precise description of the inflatable marks.
- 9.2. The courses for the Random Leg Fleet shall be displayed in the order in which boats are to round them followed by 'P' to indicate buoys to port or 'S' to indicate buoys to starboard. As examples:
 - 9.2.1. 'JGHS' means: sail from the start to the Johnstone Reef buoy, to Seabird Point, to Lee Rock Buoy and then to the finish, rounding all marks to starboard; and
 - 9.2.2. 'HGRP' means: sail from the start to the Lee Rock buoy, to Seabird Point, to Fulford Reef buoy and then to the finish, rounding all marks to port.
- 9.3. For the Around the Buoys fleet, the diagram in Appendix 3 show(s) the course(s), including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

10. MARKS

- 10.1. For the Random Leg Fleet, the marks are defined by the table of marks in Appendix 2. The inflatable marks are described precisely in Appendix 3.
- 10.2. For the Around the Buoys Fleet the marks are defined in the table of marks in Appendix 3.

11. EXCLUSION ZONES

The following areas are Exclusion Zones; boats found to be sailing in an exclusion zones shall be scored NSC.

- 11.1. A line between Enterprise Channel Cardinal Buoy 'VE' and Gonzales Point (Victoria Golf Club).
- 11.2. The area of the Oak Bay Marina including its northern and southern entrances which lie to the west and south of Mary Todd Island.



2026 Thermopylae Regatta Sailing Instructions

- 11.3. A line covering Harris Rock between the Lee Rock buoy 'V25' and the Harris Rock cardinal buoy 'VJ'.
- 11.4. Exclusion Zones are illustrated in red on the chart at Appendix 1.

12. THE START

- 12.1. Races will be started using RRS 26.
- 12.2. The starting line is between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the starting mark on the port end.
- 12.3. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 12.4. A boat that does not start within ten minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.

13. CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1. The Race committee may move an inflatable mark 200 metres without signalling the change.
- 13.2. To change the next leg by laying a new mark. The race committee will signal the change in accordance with RRS 33 and lay the mark designated 'Change Mark'. The original mark will replace the 'change mark' as soon as practicable.

14. THE FINISH

- 14.1. The finishing line is between a staff displaying a blue flag on the signals vessel and the finishing mark.
- 14.2. Boats shall finish from the direction of the last mark rounded prior to the finish.

15. TIME LIMITS AND TARGET TIMES

- 15.1. The Finishing Window is the time for boats in the same division to finish after the first boat sails the course. Boats starting but failing to sail the course within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored two more points than the finishing place of the last boat that sailed the course within the Finishing Window and was not penalised under RRS



2026 Thermopylae Regatta Sailing Instructions

30.3 or 30.4. A boat scored TLE shall not be scored more than a boat scored DNC. This changes RRS 35, A5.1, A5.2 and A10.

- 15.2. Random Leg Fleet and Cruising Fleet:
 - 15.2.1. Time Limit: 180 minutes.
 - 15.2.2. Finishing Window: 60 minutes.
- 15.3. Around the Buoys Fleet:
 - 15.3.1. Time Limit: 90 minutes.
 - 15.3.2. Finishing Window: 30 Minutes.

16. HEARING REQUESTS

- 16.1. For all classes, the protest time limit is 45 minutes after the Signals boat for the applicable class (ATB or Random Leg) docks.
- 16.2. Hearing requests and requests for redress must be filed online using the Link provided on the official notice board within the protest time limit. This link can also be accessed from the event website.
- 16.3. Notices will be posted online to links on the official notice board within 15 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses (above link is available on the event website).
- 16.4. The protest committee will attempt to resolve all protests by arbitration, if possible, as per Appendix T. Hearings will be held in the protest room, beginning at the time posted.
- 16.5. Notices of protests by the race committee, technical committee or protest committee will be posted to links on the official notice board to inform boats under RRS 60.2(d).

17. TRASH DISPOSAL

- 17.1. As sailors, we seek to protect and restore our oceans and coastal waters. See RRS 47. Trash may be placed aboard support and official boats.
- 17.2. [SP] Boats and support person vessels shall not throw trash in the water.

18. SAFETY REGULATIONS



2026 Thermopylae Regatta Sailing Instructions

- 18.1. [SP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.
- 18.2. [SP] Competitors shall wear a PFD when required to do so.

19. STANDARD PENALTIES

- 19.1. A breach of SI 17.2 – a three-point penalty, or 30% (whichever is greater) against the race closest in time to the breach.
- 19.2. [DP] A breach of SI 18.1 – a two-point penalty, or 10% against the race immediately preceding the race from which the boat is retiring, unless the boat retired from the first race, in which case the penalty will be applied to the next race in which the boat is scored.
- 19.3. [DP] A breach of SI 18.2 – a two-point penalty, for each competitor not wearing a PFD, or 30% (whichever is greater).

20. RISK STATEMENT

- 20.1. RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.
- 20.2. Competitors, including without limiting the foregoing, the owner and operators of each boat, agree to indemnify RVYC and regatta organizers for any claims by or on behalf of any competitor, participant, operator or crew members resulting from participation in the regatta.
- 20.3. All competitors shall comply with the boating safety regulations as issued by their flag state.

Appendix 1 – Racing Area



2026 Thermopylae Regatta Sailing Instructions

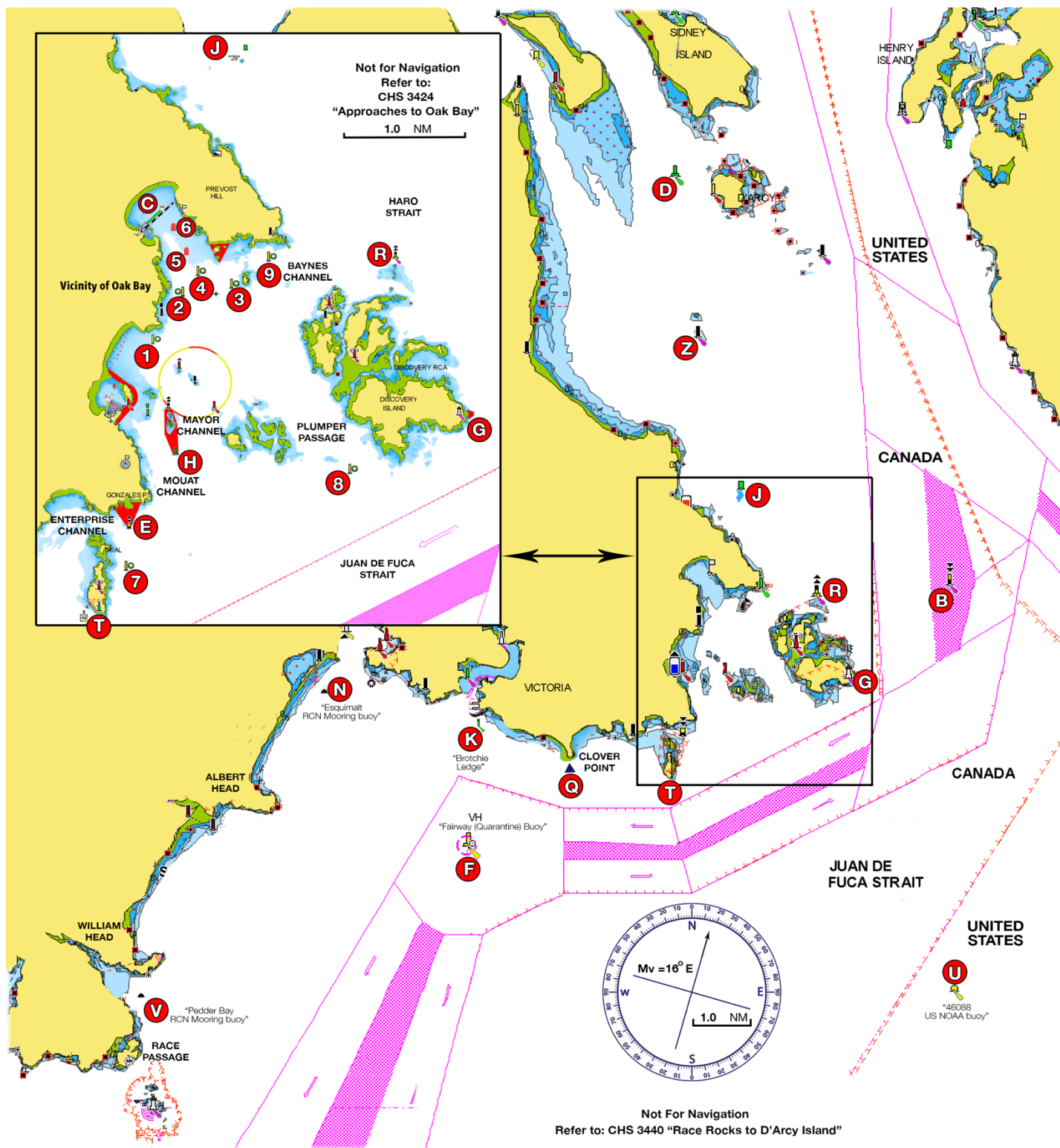
Appendix 2 – Table of Marks for Random Leg Courses

Appendix 3 - Around the Buoy Course Descriptions



2026 Thermopylae Regatta Sailing Instructions

Appendix 1: Racing Area





2026 Thermopylae Regatta Sailing Instructions

Appendix 2: Table of Marks for Random Leg Courses

	Code	Race Mark Name	D° N	Min'	D° W	Min'
	A	Assignable inflatable mark (color may vary)				
	B	Beaumont Shoal Cardinal Buoy "VD"	48	27.10	123	10.85
	C ¹	mini-12 mooring buoy "COOKIE"	48	27.30	123	17.48
	D	D'Arcy Shoals "U1"	48	34.23	123	18.07
	E	Enterprise Channel South Cardinal buoy "VE"	48	24.44	123	17.91
	G	Discovery Island (Seabird Point Light)	48	25.48	123	13.54
	H	Lee Rock buoy "V25" (south of Harris Island)	48	25.10	123	17.31
	J	Johnstone Reef buoy "V29"	48	28.76	123	16.36
	R	Fulford Reef North Cardinal Mark "VK"	48	26.88	123	14.37
	Z	Zero Rock	48	31.41	123	17.51
	W	Inflatable Windward mark (ATB course)				
	Wa	Inflatable Windward offset mk (ATB course)				
	M	Inflatable Leeward Mark (ATB course)				
	P	<i>buoys to port</i>				
	S	<i>buoys to starboard</i>				
	L	Inflatable Leeward ATB Mark				
	X	Finish line of all courses.				
	Y	<i>close abeam mark 4</i>				
	1	RVYC private mark northwest of Todd Rock	48	26.10	123	17.64
	2	RVYC private mark east of Funnel Cove	48	26.49	123	17.12
	3	RVYC private mark west of Jemmy Jones Island	48	26.61	123	16.54
	4	RVYC private mark in the throat of Cadboro Bay	48	26.72	123	17.08
	5	RVYC private mark in the middle of Cadboro Bay	48	26.89	123	17.17
	6	RVYC private mark in upper Cadboro Bay	48	27.16	123	17.37
	7	RVYC private mark east of Trial Island	48	24.08	123	17.94
	8	RVYC private mark southeast of Virtue Rock	48	24.94	123	14.99
	9	RVYC private mark southwest of Ten Mile Point	48	26.83	123	16.06

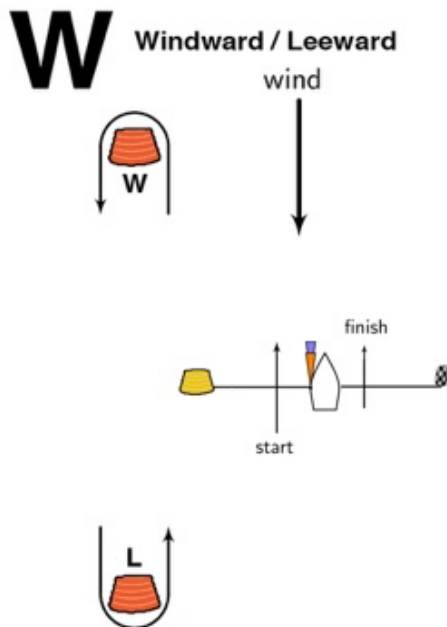
¹ In memory of David Cook.



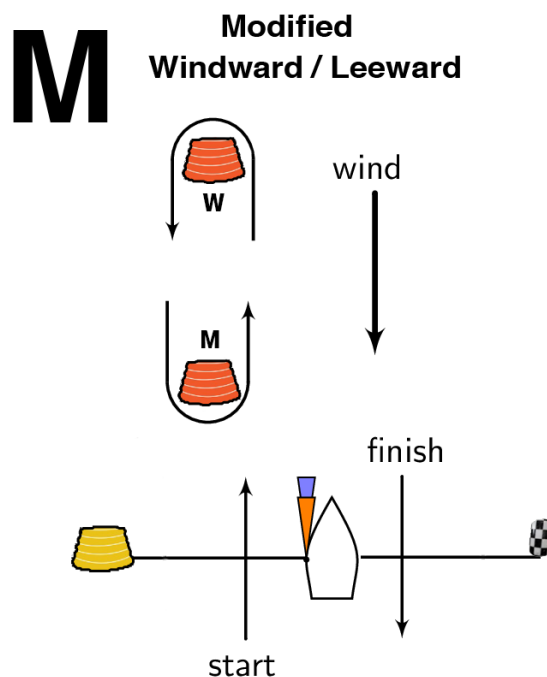
2026 Thermopylae Regatta Sailing Instructions

Appendix 3: Around the Buoy Course Descriptions

All Courses - Windward/Leeward



Signal	Mark rounding to port
W	Start-W-L-Finish
W2	Start-W-L-W-L-Finish
W3	Start-W-L-W-L-W-L-Finish



Signal	Mark rounding to port
M	Start-W-Finish
M2	Start-W-M-W-Finish
M3	Start-W-M-W-M-W-Finish



2026 Thermopylae Regatta Sailing Instructions