San Diego Yacht Club

SSSS Annual Fall Regatta and 5/5 SCWSA Series

San Diego, California

November 14, 2026

SAILING INSTRUCTIONS

1. **RULES**
   - **1.1.** The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
   - **1.2.** Appendix T of the Racing Rules of Sailing apply.
   - **1.3.** The INSA and SCWSA Rules apply.
   - **1.4.** Conflicts between the Notice of Race and these Sailing Instructions shall be resolved in favor of these Sailing Instructions.

2. **NOTICES TO COMPETITORS**
   - **2.1.** Notices to competitors will be posted on the Official Notice Board located on the east side (facing the water) of the Malin Burnham Sailing Center at the San Diego Yacht Club.

3. **CHANGES TO SAILING INSTRUCTIONS**
   - **3.1.** Any change to the Sailing Instructions will be posted before 1100 on the day of the regatta. Code Flag "L" accompanied by a sound signal will be displayed over a numeral pennant corresponding to the number of the amendment to call attention to the posting of the change.

4. **SIGNALS MADE ASHORE**
   - **4.1.** Signals made ashore will be displayed from the SDYC flagpole.

5. **SIGNALS MADE AFLOAT**
   - **5.1.** In accordance with RRS 90.2(c), oral changes to the Sailing Instructions may be made on the water. A change is in effect when the R/C Signal Boat displays Code Flag "L" over "A" with one sound signal. This means come within hail of the R/C Signal Boat to receive oral changes to the Sailing Instructions.

6. **SCHEDULE OF RACES**
   - **6.1.** A maximum of five (5) races are scheduled for this regatta for each fleet.
   - **6.2.** The scheduled time of the warning signal for the first race for the first class is 1130. Each succeeding race will be started as soon as possible after the finish of the previous race except that there may be a short break between races three and four. No warning signal will made after 1530.

7. CLASS FLAGS

7.1. The following list is for class flag colors and initial starting order. If there are not enough boats to constitute a fleet or a fleet fails to show up, subsequent fleets will be moved up in the starting order. The RC may combine fleets pursuant to NOR 2.4.

Class Flag
Women's A..... Red
Men's A..... Green
Women's B..... Blue
Mixed C..... Yellow

8. RACING AREAS

8.1. The racing area will be in La Playa Cove between SDYC and SWYC, or the Channel between Shelter Island and the mainland.

9. THE COURSES

9.1. The diagrams in Attachment 1 show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

9.2. Courses will be signaled by a numerical placard on the R/C Signal Boat.

10. MARKS

10.1. Marks W, R, and L will be yellow inflatable marks and shall be left to port.

10.2. Mark F will be a green inflatable mark, and Mark S will be a pink inflatable mark.

11. THE START

11.1. Start sequence will be according to Appendix U.

11.2. The sequence will be a 'rolling' 3 minutes, where the start sequence for one start is also the warning signal for the subsequent start.

11.3. An attention signal (5 quick sounds) will be made approximately 15 sec. prior to the start of the first start sequence.

11.4. The starting line will be between a staff displaying an orange flag on the R/C Signal Boat on the starboard end and Mark "S" on port end.

11.5. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other classes.

11.6. A boat starting later than three (3) minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. (This changes Rules A4 and A5)

12. RECALLS

12.1. As a courtesy, the Race Committee will attempt to hail boats OCS by loud hail. Failure of equipment, failure to hear a hail, delay in hailing or the order in which hails are given will not be grounds for redress.

13. CHANGE OF THE NEXT LEG OF THE COURSE

13.1. To change the next leg of the course, the Race Committee will move the original mark (or the finishing line) to a new position. This changes RRS 33.

14. OBSTRUCTIONS

14.1. After the start the finishing line will be considered an obstruction unless a boat is finishing; therefore, after the start boats shall not sail through the finishing line unless finishing.

15. THE FINISH

15.1. The finishing line will be between a staff displaying a blue flag on the R/C Signal Boat on the port end and the course side of the starboard-end finishing mark (Mark "F").

16. PENALTY SYSTEM

16.1. Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

17. HEARING REQUESTS AND REQUESTS FOR REDRESS

17.1. Appendix T – ARBITRATION is in effect.

17.2. RRS 61 is modified to add the additional requirement: A boat intending to protest shall report her intentions and the boat(s) being protested to the R/C upon finishing or retiring and obtain R/C acknowledgment.

17.3. Request for Hearing forms may be provided at the Official Regatta Notice Board and shall be lodged at the Dockside Room in the Sailing Center within 30 minutes of the docking time of the R/C finishing boat after the final race of the day. Alternately, a clear photo of both sides of a Request for Hearing form, or electronic form from the US Sailing Rules App may be emailed to Protests@sdyc.org within the same timeframe. The docking time will be posted on the Official Regatta Notice Board.

17.4. Hearings will be heard by an Arbitrator, and if necessary, a protest committee in person, and in the approximate order of receipt. The approximate order and time of hearings will be posted on the Official Regatta Notice Board identifying protesting and protested boats. It is the responsibility of each boat to check the schedule and attend the hearing in a timely manner with all parties and witnesses in order. The Arbitrator or Protest Committee is not responsible for searching for parties or their witnesses.

17.5. Hearings not settled by Arbitration will be heard by a protest committee and will be scheduled in agreement with parties to the hearing.

17.6. A request for redress from a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. (This changes rule 61.2)

18. SCORING

18.1. One (1) race is required to be completed to constitute a regatta.

18.2. When fewer than five (5) races have been completed, a boat's score will be the total of her race scores. When five (5) races have been completed, a boat's score will be the total of her race scores excluding her worst score.

18.3. This is the final regatta in the five (5) regatta SCWSA Series. The SCWSA Rules apply to the SCWSA Series Scores in addition to Appendix A. Any conflict between the SCWSA Rules and Appendix A will be resolved in favor of the SCWSA Rules

19. SAFETY REGULATIONS

19.1. All boats shall carry the following equipment: a paddle, bailer, painter, wearable personal floatation device, and a whistle.

19.2. A boat that retires from a race shall notify the race committee as soon as possible.

20. PRIZES

20.1. Awards for this regatta will be given for each division.

20.2. The Connie Melhorn Perpetual will be awarded to the woman or man from any yacht club with the lowest score in this regatta.

20.3. The Ruth Bown Perpetual will be awarded to the SDYC woman with the lowest score in this regatta.

21. DISCLAIMER OF LIABILITY

21.1. Competitors participate in the regatta entirely at their own risk. See Rule 3 - Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

22. RIGHTS TO USE NAME AND LIKENESS

22.1. By participating in this event, competitors automatically grant to the organizing authority and the event sponsors the right, in perpetuity, to make, use, and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

Attachment 1 - Course Chart

Courses 1-6 = All Rounding Marks to Port

COURSE	MARKS
1	Start - W - L - Finish
2	Start - W - L - W - L - Finish
3	Start - W - R – L - Finish
4	Start - W - R - L - W - L - Finish
5	Start -W -R – L – W – R - L - Finish
6	Start – W – L – W – L – W – L - Finish

