



NORTHEAST HARBOR SAILING SCHOOL JUNIOR SAILING INSTRUCTIONS 2026

1. **Rules.** All events are governed by the rules as defined in *The Racing Rules of Sailing* for 2025-2028.
2. **Communication with Competitors.** On the water, the Race Committee “RC” intends to monitor and communicate with competitors via VHF radio on channel 65.
3. **Code of Conduct.** Competitors and support persons shall comply with reasonable requests from Race Officials.
4. **Schedule of Races.** Racing start/finish times and will be noted on the Notice of Race event pages.
5. **Racing Area.** Races will be conducted in the waters of the Great Harbor, the Western Way, the Eastern Way, Somes Sound, and waters surrounding Mount Desert Island. The RC Signal Boat will communicate its location to all competitors on VHF 65.
6. **Courses.** Courses for 420 and R.S Tera fleets will be windward/leewards, triangles, and any variation thereof. If applicable, the R.S Venture fleet’s course will be noted in the NOR or by the RC at the Skippers Meeting.
7. **Hearing Requests.** All protests will be settled on the water.
8. **Scoring...**SCORES DETERMINED BY THE RC
9. **Trash Disposal.** Trash may be placed aboard official or support vessels.
10. **Risk Statement.** ‘The responsibility for a boat’s decision to participate in a race or to continue to race is hers alone.’ By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia, or other causes.