



Sailing Instructions

2026 Sail Fest

July 30 - 31, 2026

**Lunenburg Yacht Club
734 Herman's Island Rd, Lunenburg, NS B0J 2C0
(902) 634-3745
<http://www.lyc.ca>**

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Organizing Authority: Lunenburg Yacht Club

Sailing Instructions

The notation '[DP]' in a rule in the SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1 Rules

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
- 1.2 Sail Canada prescriptions to the RRS are available at https://www.sailing.ca/wp-content/uploads/2025/03/Sail-Canada-Prescriptions-to-the-RRS-2025-2028_revfinal.pdf
- 1.3 RRS 40 is changed to apply at all times while afloat without the display of code flag Y. This modifies the preamble to Part 4.
- 1.4 Sailing instructions may be amended orally afloat for the Green Fleet in accordance with Rule 90.2(c) by displaying Code Flag L and informing coaches and competitors of the change.

2 Notices to Competitors

Notices to competitors will be posted here: <https://theclubspot.com/regatta/l2kPtq9Dhg>

3 Changes to Sailing Instructions

Any change to the sailing instructions will be posted before 0900 on the day it will take effect or 30 minutes prior to the removal of code flag AP when flown ashore (whichever is later), except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4 Signals Made Ashore

- 4.1 Signals made ashore will be displayed on the flagstaff on the deck of the LYC Clubhouse.
- 4.2 When code flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in race signal AP.
- 4.3 Signals displayed ashore under a course flag only apply to that course.

5 Schedule of Races

Thursday July 30	0900 0930 1100	Coaches' Meeting Competitor's Meeting First warning signal, all classes
Friday July 31	0900 1100 1430 1630	Coaches' Meeting First warning signal, all classes Latest warning time, all classes Approximate awards time

6 Class Flags

Class	Racing Area	Class Flag
Club 420	Alpha	Solid green
ILCA 6/ILCA 4	Alpha	Solid yellow
Optimist	Alpha	Solid red
Optimist Green Fleet	Bravo	Solid green

7 Racing Areas

There will be two racing areas designated as Alpha and Bravo. Locations will be chosen daily from among the course location options identified in Addendum A, and will be presented to coaches at their daily morning meeting. Classes will be allocated to racing areas in accordance with Instruction 6.

8 The Courses

- 8.1 For the Alpha course, the diagram in Addendum B shows the course, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2 For the Bravo course, the diagram in Addendum C shows the course, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.3 If one of the gate marks 2S/2P is missing, the remaining mark in position should be rounded to port.

9 Marks

- 9.1 Marks, and new marks as described in instruction 11.1 will be as follows:

Course	Marks	Change Marks
Alpha	Mark 1: red inflatable tetrahedron (C420 and ILCA) Mark 1: yellow tetrahedron (Opti) Mark 2S/2P: red inflatable tetrahedrons	Inflatable tetrahedron with a green cover
Bravo (Green Fleet)	Mark 1: yellow tetrahedron Mark 2: yellow tetrahedron	Inflatable tetrahedron with a green cover

- 9.2 The starting marks will be the race committee signal boat displaying an orange flag and a narrow yellow inflatable pin.
- 9.3 For the Alpha course, the finishing marks will be the race committee signal boat displaying a blue flag and an orange high flyer mark
- 9.4 For the Bravo course, the finishing marks will be the race committee signal boat displaying an orange flag and a narrow yellow inflatable pin.
- 9.5 If one gate mark is missing, the remaining mark shall be rounded to port.

10 The Start

- 10.1 The starting line will be between the staff displaying the orange flag on the Race Committee signal boat at the starboard end and the course side of the start mark at the port end as seen in Addendum B
- 10.2 [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 10.3 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS 63.1, A4 and A5.

11 Change of the Next Leg of the Course

- 11.1 To change the next leg of the course the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark. Any mark to be rounded after the new mark may be moved to maintain the course configuration without signalling.

12 The Finish

- 12.1 For the Alpha course, the finishing line will be between the staff displaying a blue flag on the race committee signal boat at the starboard end, and the finish mark on the port end, as seen in Addendum B
- 12.2 For the Bravo course, the finishing line will be between the staff displaying an orange flag on the race committee signal boat at the port end and the finish mark at the starboard end.

13 Time Limits and Target Times

13.1 Time limits and target times are as follows:

Class	First Mark Time Limit	Target Race Time	Race Time Limit
All Classes	25 minutes	35 minutes	60 Minutes

13.2 If no boat has passed the first mark within the first mark time limit the race shall be abandoned.

13.3 If no boat has finished the race within the race time limit the race shall be abandoned.

13.4 Failure to meet the target time will not be grounds for redress. This changes Rule 61.4.

13.5 When it is in the best interest of the fleet and its competitors, the Race Committee may award a finish to boats that are delaying the finish of the race (on course finish). This changes rules 28.1, 35, A4, and A5.

14 Protests and Requests for Redress

14.1 Protest forms are available at the protest desk, located at the registration desk in the LYC clubhouse. Protests and requests for redress or reopening shall be filed with the protest committee secretary at the protest desk within the appropriate time limit.

14.2 For each class, the protest time limit is 45 minutes after the race committee signal boat reaches the dock following the last race of the day.

14.3 Protest notices will be posted on the official notice board within 30 minutes of the end of protest time to inform competitors where and when there is a hearing to which they are parties to a protest or named as witnesses. Protests will be heard as quickly as possible and in the approximate order of receipt.

14.4 Notices of protests by the race committee or protest committee will be posted to inform boats under Rule 60.2(a)(2).

15 Scoring

15.1 One race is required to be completed to constitute a series.

15.2 When fewer than 5 races have been completed, a boat's series score will be the total of her race scores. When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

15.3 Opti Green Fleet will not be scored.

16 Safety Regulations

16.1 [DP] All boats shall check in with their race committee signal boat upon arriving at the course by sailing past the stern of the boat on starboard tack and hailing their sail number.

16.2 [DP] A boat that retires from a race shall notify the race committee as soon as possible.

17 Official Boats

17.1 Race committee signal boats will be identified by a race committee flag.

17.2 Race committee mark boats will not carry specific identification.

17.3 Failure of a race committee boat to fly an identification flag is not grounds for redress. This changes Rule 61.4(b).

18 Support Boats

18.1 Support boats shall stay outside the racing area from the warning signal of the first fleet to start until all boats have finished or all races have been postponed or abandoned. The racing area is defined as 50 metres to leeward of the start line and 100 meters outside all lay lines.

18.2 Support boats are required to monitor the race committee working channel. The race committee, in support of safety operations, may lift the restrictions of 18.1. It is recognized that support boats are essential to the safety plan of the regatta and they are required to assist in providing safety cover to competitors on the water. The Race

Committee working channels will be:

Course	Channel
Alpha	71
Bravo	72

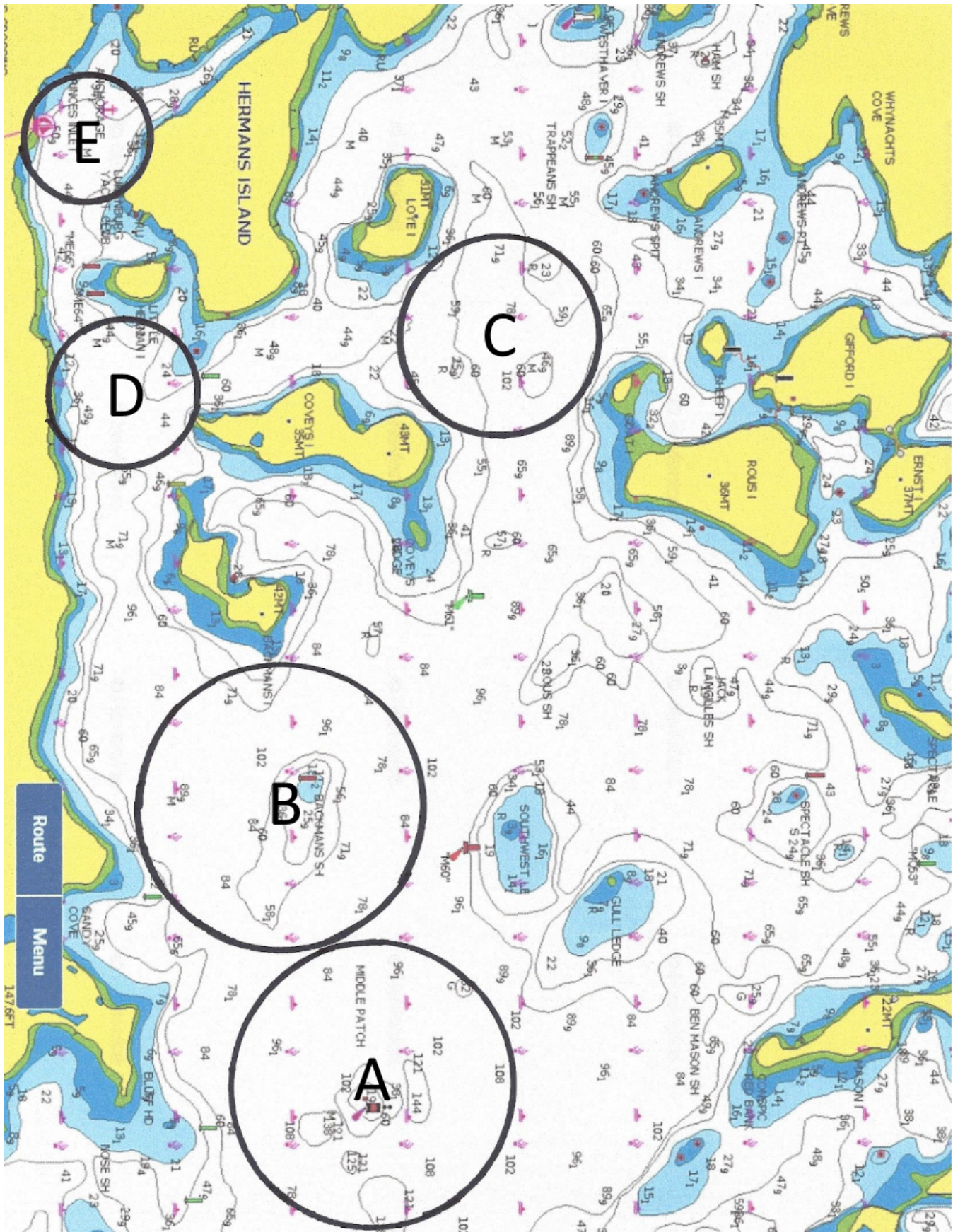
19 Right to use Name and Likeness

In participating in an event, a competitor automatically grants to the Organizing Authority and the sponsors of the event, the right in perpetuity, to make, use and show, from time to time and at their discretion, any motion pictures, still pictures and live, taped or filmed television and other reproductions of him/her during the period of the competition in these events event in which the competitor participates and in all material related to the events without compensation.

20 Disclaimer of Liability

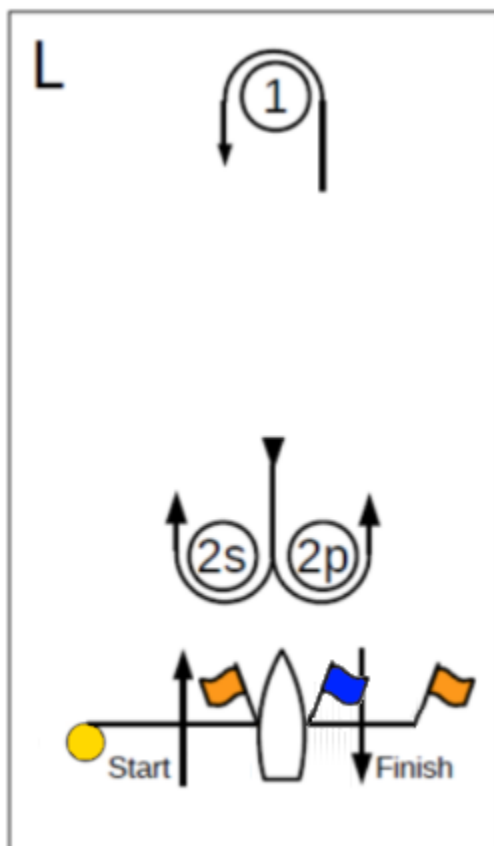
- 20.1 Competitors participate in the regatta entirely at their own risk. See Rule 3, Decision to Race.
- 20.2 The Lunenburg Yacht Club and all other individuals and entities involved in the organization of this regatta shall accept no liability whatsoever for any injury, damage or loss or claim, whether personal or material, incurred or inflicted to participants before, during or after this regatta.

Addendum A – Course Location Options – Not for Navigation



Addendum B – Alpha Course

Mark rounding order: Start – 1 – 2S/2P – 1 – Finish



Addendum C – Bravo Course

Mark rounding order: Start – 1 – 2 – 1 – Finish

