



ALAMITOS BAY  
YACHT CLUB

# HIGH PERFORMANCE MIDWINTERS REGATTA

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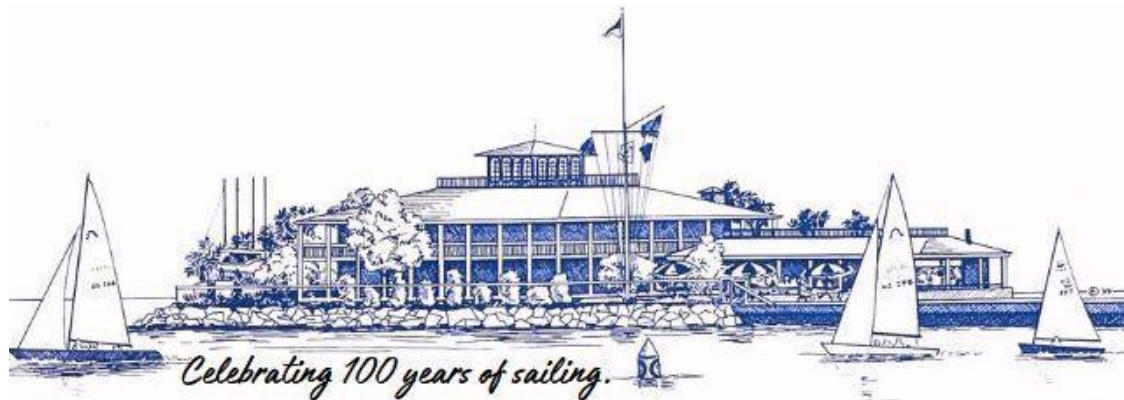
29ER, I420, IQFOIL (MEN, WOMEN, YOUTH AND JUNIOR), FORMULA KITE, MELGES 15,  
SWITCH, FORMULA WINGFOIL, WINGFOIL YOUTH

US SAILING YOUTH NATIONAL TEAM QUALIFIER - 29ER AND I420

FRIDAY 20<sup>TH</sup> TO SUNDAY 22<sup>ND</sup> MARCH, 2026

## NOTICE OF RACE

The Organizing Authority is  
Alamitos Bay Yacht Club (ABYC)



**NEW ENGLAND ROPES**



Incorporating 3 days of racing on Friday 20, Saturday 21 and Sunday 22 March.  
For the 29er and i420 it will be the US Sailing Youth National Team Qualifier.

The notation '[SP]' in a *rule* in the Notice of Race (NoR) refers to a standard penalty that may be applied by the race committee without a hearing for a breach of a specific rule.

## 1. SCHEDULE

- 1.1. The regatta schedule is as follows:

Sunday, 22 February, 2026	1800	Early Entry Deadline
Sunday, 8 March, 2026	1800	Standard Entry Deadline
Wednesday, 18 March 2026	1800	Late Entry Deadline for Competitors
Thursday, 19 March 2026	1000-1800	Earliest Arrival Date Race Office open for registration at ABYC
Friday, 20 March 2026	0800-1000 1000 1155	Race Office open for registration at ABYC Competitors' briefing at ABYC. First warning (up to 4 races)
Saturday, 21 March 2026	1000 1155	Competitors' briefing at ABYC. First warning (up to 4 races)
Sunday, 22 March 2026	1000 1155 After Racing	Competitors' briefing at ABYC. First warning (up to 4 races) Awards presentation ABYC after racing
Monday, 23 March 2026		Latest Departure Date

- 1.2. Number of races

Class	Number	Races per day Scheduled	Races per day Maximum
29er	12	4	6
I420	12	4	6
iQFOIL	12	4	6
Formula Kite	12	4	6
Melges 15	12	4	6
Switch	12	4	6
Wingfoil	12	4	6

- 1.3. On the last scheduled day of racing no warning signal will be made after 1630.

## 2. RULES

- 2.1. The event will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 2.2. RRS Appendix B will apply for the windsurfing events.
- a) RRS B5 60.2 and B8. A8 are deleted.
- 2.3. RRS Appendix F applies for the Kite events.
- 2.4. Appendix WF, Wingfoiling Racing Rules, as available on the World Sailing website ([www.sailing.org](http://www.sailing.org)) and published on the official notice board, applies.
- 2.5. Rule 60.4(a)(2) is changed as follows: (2) if it-alleges a breach of a rule of Part 2 or rule 31, and is from a boat that was not involved in it, and did not see the incident, or
- 2.6. The US Sailing prescriptions are available at <https://www.ussailing.org/competition/rules-officiating/racing-rules/>
- a) The US Prescription to rule 63.1(b) is deleted.
- 2.7. As required by the [US-Sailing-Athlete-Safety-Policy-Handbook-2024](#) Article III, Education and Training, Section B and Section C. US Sailing membership is NOT required to take training or file a SafeSport Report.
- a) Training for minor athletes and their parents is available at [Athlete Safety - US Sailing](#)
- b) To report an incident to US Sailing complete the online [SafeSport Report Form](#)

## 3. SAILING INSTRUCTIONS

- 3.1. The sailing instructions will be available after **1800 on Friday, 13 March 2026** on the official notice board.

#### 4. COMMUNICATION

- 4.1. The official notice board is located at <https://abyc.org/regatta/aMXYRfmnHV/#notice-board>.
- 4.2. [DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

#### 5. ELIGIBILITY AND ENTRY

- 5.1. The event is open to boats of the following classes.
- a) 29er, I420, IQFOIL (Men, Women, Youth and Junior classes), Formula Kite, Melges 15, Switch, Formula Wingfoil, Youth Wingfoil.
- b) **Additional One-Design Classes:** Acceptance of other classes is at the discretion of the Regatta Chair. To establish a class, five paid entries are needed. If a class does not meet this requirement by the early entry deadline, it may be canceled and the entry fees refunded, or it may be combined with another class. Fleets may be started together but scored separately.
- 5.2. Eligible boats and support vessels may enter by completing the online entry form at <https://abyc.org/register/regatta/aMXYRfmnHV/class> and submitting it, together with the required fee by **1800 on Wednesday, 18 March 2026**. Entries will only be accepted after that at the discretion of the regatta organizers on the payment of an additional late entry fee. Support Vessels and Support Persons entries will be accepted until **1400 on Friday, 20 March 2025**.
- 5.3. A boat shall be entered by a member in good standing of a club affiliated to US Sailing or other World Sailing member national authority, or a member of a World Sailing member national authority. (see RRS 75)
- a) ABYC members may join US Sailing at a discounted rate through the [ABYC/US Sailing Member Partner Program](#).
- 5.4. The skipper (Person in Charge see RRS 46) of a boat or support vessel, or the Parent/Legal Guardian of the skipper who is a minor, shall accept and agree to the terms and conditions of the Alamitos Bay Yacht Club Regatta Waiver and Release of Liability as part of online registration. When all competitors in a boat or vessel are minors (participants under 18), each competitor's Parent/Legal Guardian shall accept and agree to the terms and conditions of the Regatta Waiver and Release of Liability as part of online registration.
- 5.5. To be considered an entry in the event, a boat shall complete all registration requirements and pay all fees.

#### 6. FEES

- 6.1. Fees are as follows:

	<b>Early Entry</b> <i>Ends 1800 on 22 February 2026</i>	<b>Standard Fee</b> <i>Ends 1800 on 8 March 2026</i>	<b>Late Fee</b> <i>Ends 1800 on March 18, 2026</i>
Single Handed Classes Formula Kite, iQFOIL, Wingfoil, Switch	\$ 250.00	\$ 300.00	\$ 350.00
Double Handed Classes 29er, I420, Melges 15	\$ 300.00	\$ 350.00	\$ 400.00
Support Person Vessel Fee	\$ 150	\$ 200.00	\$ 250.00

- 6.2. The entry fee includes launching, recovery, and storage for visiting competing boats from the day prior to the event until the day following the event.
- 6.3. Visiting competing boats may request extended storage online at <https://abyc.org/visiting-sailors>. Boats and trailers will be priced according to space requirements.
- 6.4. Any boat or trailer found on ABYC property without prior written authorization from ABYC is subject to impound and associated fees.
- 6.5. If an entry is cancelled by the competitor, or if the regatta is cancelled for reasons of force majeure or for any other grounds outside the control of the organizing authority, the entry fee will be refunded as follows:

<b>Cancellation Date</b>	<b>Entry Fee Refunded</b>
On or before 8 <sup>th</sup> March	100%*
Between 9 <sup>th</sup> March and 18 <sup>th</sup> March	50%

\* less credit card and processing fees

**Cancellation Date**After 18<sup>th</sup> March**Entry Fee Refunded**

0%

**7. VENUE**

- 7.1. The event venue will be Alamitos Bay Yacht Club.
- 7.2. The racing areas will be in the waters of San Pedro Bay off Long Beach.

**8. GPS DEVICES**

Alamitos Bay Yacht Club offers the use of SailSync to help sailors and coaches with post-race analysis and debriefs. Boats whose class or event rules do not allow GPS devices will not be able to participate.

- 8.1. Boats carrying GPS enabled devices such as Garmin watches, Suunto watches, Apple watches, and smartphones capable of recording and exporting GPX files may provide the file to SailSync who will provide a post-race analysis report to the sailor and their coach.
- 8.2. Data collected from tracking devices used by eligible classes may be recorded, transmitted, and displayed live or post-race by the OA or their authorized partner.

**9. SCORING**

- 9.1. One race is required to be completed to constitute a series.
- 9.2. For all classes.
- When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
  - When from 5 to 9 races have been completed, a boats series score will be the total of her race scores excluding her worst score.
  - When 10 or more races have been completed, a boats series score will be the total of her race scores excluding her two worst scores.
- 9.3. Rule 90.3(e) applies.

**10. [DP] SAFETY AND ADULT RESPONSIBILITY**

- 10.1. [DP] Competitors shall wear a personal flotation device (PFD) while on the water except for brief periods while changing or removing clothing. The PFD shall be the appropriate size for the sailor.
- 10.2. [DP] It is the responsibility solely of the parent(s) of any competitor under the age of eighteen (18), or in the instance of the competitor who is eighteen (18) or over, the competitor, to decide if the competitor should sail in the weather and sea conditions that might arise during the event.
- 10.3. [DP] Parents of competitors under the age of eighteen (18) not personally attending any part of the event shall ensure that another adult is authorized and designated to make these decisions for their child.
- 10.4. [DP] The designated adult shall accept full responsibility for all actions of the competitor during any activity related to the event. This includes onshore activities before, during, and after the regatta.

**11. SUPPORT PERSON VESSELS**

- 11.1. [DP] Support person vessels (any vessel that provides, support to a competitor) shall register with the organizing authority and pay the applicable fees.
- 11.2. [DP] Support person vessels shall conspicuously display a numbered flag supplied by the organizing authority. No flag, banner, pennant, signal or shape other than that supplied by the organizing authority shall be displayed. The numbered flag shall be returned to the organizing authority at the end of the event. **Failure to return the flag may result in the payment card used to register the support person vessel being charged to replace the flag.**
- 11.3. [DP] Support person vessels must be equipped with a VHF radio and be prepared to monitor a designated VHF channel.
- 11.4. [DP] If called upon, support person vessels will be required to act as rescue boats.
- 11.5. [DP] Every person on board a support vessel less than 6m (20ft) in length must wear a properly secured personal flotation device of an appropriate size for that person at all times the engine is running.
- 11.6. [DP] Support person vessel's driver shall use the kill cord at all times the engine is running.

## 12. SAFETY

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- 12.1. [DP] Rule 40.1 applies to competitors under 18 years of age. Competitors shall wear a personal flotation device (PFD) while on the water except for brief periods while changing or removing clothing. The PFD shall be the appropriate size for the sailor.
- 12.2. [DP] [SP] Entering and Leaving Alamitos Bay
- Breaches of the following may result in a Standard Penalty of 5% applied by the race committee without a hearing. This changes RRS A5.
  - The Alamitos Bay entrance channel is designated as a no wake zone with a maximum speed limit of 5 mph (4 knots).
  - A series of centerline buoys from the edge of the Alamitos Bay Yacht Club basin to the end of the Alamitos Bay entrance channel (including "A Mark" at the end of the channel) mark the center of the channel. When entering or exiting Alamitos Bay stay to starboard of these when traveling in either direction (see diagram).
  - The Long Beach Transit Ferry operates within Alamitos Bay and is classified as a vessel restricted in its ability to maneuver.
  - Interference with Commercial Vessels:** Recreational vessels (boats and support vessels) must not impede the safe passage or operation of commercial traffic at any time. Under **46 U.S. Code § 2302**, violations may result in civil penalties of up to **\$5,000**. Gross negligence may escalate to criminal penalties, including fines and imprisonment.



## 13. HAUL OUT AND LAUNCHING RESTRICTIONS

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- 13.1. [DP] Two hoists (maximum capacity 5,000 lbs.) and a dinghy ramp are available. Every boat or vessel using a hoist must have its own INTERNAL sling.

## 14. RISK STATEMENT

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- 14.1. RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**
- 14.2. The organizing authority including the sponsors, the race committee, the officers, directors, employees and members of the Alamitos Bay Yacht Club and all those involved in these organizations will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the event.

## 15. DEPICTION RELEASE

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- 15.1. Competitors, by competing in this event, grant to the Alamitos Bay Yacht Club perpetually and irrevocably, the unconditional and exclusive right, title and interest throughout the world to use, simulate and portray Participant's name, likeness, voice, personality, personal identification and personal experiences, incidents, situations and events, whether visual and/or audio, including without limitation photographs, videotape, film and other recordings, electronic or optical-based media, or any other form or medium whatsoever, whether now or hereafter existing, and of every kind and character (collectively "The Images"), which may be taken or taken of Participant while participating in any aspect of the event.

## 16. PRIZES

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- 16.1. Medals for first, second and third places will be awarded in each established discipline.

**17. INSURANCE**

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- 17.1. Each 'person in charge' (see RRS 46) shall have valid insurance including third-party liability insurance with a minimum cover of 300,000 USD per incident or the equivalent.
- 17.2. Each support vessel shall have valid insurance including third-party liability insurance with a minimum cover of 300,000 USD per incident or the equivalent.
- 17.3. The organizing authority is not responsible for verifying the status or validity of certificates.

**18. FURTHER INFORMATION**

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- 18.1. For further information please contact Alamitos Bay Yacht Club. [regattas@abyc.org](mailto:regattas@abyc.org) or +1 (562) 434-9955.

<b>Regatta Chairs</b>	Mike Van Dyke and Greg Naiman
<b>Race Office</b>	
<b>Course Race Officers</b>	
<b>Chief Judge</b>	Randy Smith
<b>Chief Scorer</b>	Eileen Edwards
<b>Board Liason</b>	Ed Feo