

SHYC Junior Regatta

July 10, 2026

SAILING INSTRUCTIONS

1. RULES

This Regatta will be governed by The Racing Rules of Sailing: 2021-2025, and the individual class rules unless modified by these instructions.

2. CHANGES TO THE SAILING INSTRUCTIONS

Race Committee may make oral changes to Sailing Instructions at Skippers Meeting or on the water.

3. SCHEDULE

09:00-11:00: Check-in & Launching

11:15: Skippers' Meeting (Opti RBW, FEVA, and 420)

11:30: Skippers' Meeting (Opti Green)

11:30: Harbor Start

12:00: First Gun for for Opti RBW, FEVA, 420, Laser Radial

12:15: First Gun for Opti Green Fleet

15:30: No race will start after 15:30

16:00: Awards

4. ELIGIBILITY

4.1 All competitors must wear a properly fitted USCG personal flotation device while on the water and carry a whistle.

4.2 For Optimists, determining date for each fleet is skipper's age on day of regatta.

4.3 Opti sailors must display streamers from their sprits that match their fleet color.

4.4 Red Fleet: Ages 13,14, 15

4.5 Blue Fleet: Ages 11 & 12

4.6 White Fleet: Ages 10 & under

4.7 Green Fleet: Beginner racers, up to age 15

5. RACING AREAS

- 5.1 There will be three separate racing areas: course 1=Opti Green; Course 2=OPTI RBW; Course 3: ILCA, Feva & 420.

6. SPECTATORS AND COACH BOATS

- 6.1 Spectators are requested to stay clear of the race course.
6.2 Coaching during the races is only allowed in the Optimist Green fleet.
6.3 Visiting coach and crash boats are encouraged to monitor VHF channel 72.
6.4 Those transporting coach boats to the regatta should note that water at Falcon Road boat launch will be too low to haul until approximately 6:15 PM.

7. START/FINISH

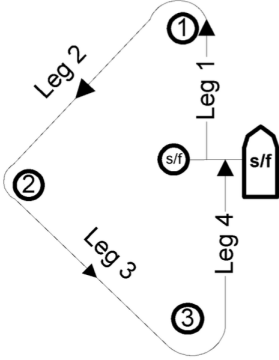
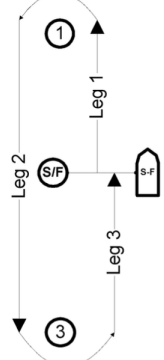
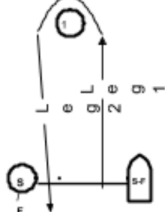
- 7.1 The starting line will be between a mast (pole) on the committee boat bearing an orange flag and the course side of the starting mark.
7.2 At its discretion, the Race Committee may establish a finish line between the committee boat and a mark to STARBOARD of the committee boat.
7.3 The starting signals will be as per RRS Appendix S (3-minute sound signals). A series of short blasts will warn that a 3-minute sequence is about to begin.
7.4 Individual recalls will be signaled by the use of Code Flag "X" and a single horn blast. The race committee will make an attempt to notify competitors over early but is under no obligation to do so. The "X" flag will remain up until either all the identified boats have restarted, or 1 minute has elapsed after the starting signal, whichever is earlier.
7.5 General recalls will be signaled by two horns and the use of the First Substitute code flag.
7.6 When Rule 30.1 ("Round-an-End Rule") is put into effect, Code Flag "I" will be hoisted with or prior to the 3-minute sound.

8. MARKS

- 8.1 Marks will be orange shapes. Other colored/shaped marks may be used.

9. COURSES

- 9.1 Course selection will be made by the Race Committee and communicated orally. The course letter T, W, or S may also be displayed on a white board. The starting line is OPEN.

"T" Triangle with Start/Finish in the middle	"W" Windward-Leeward-Windward with Start/Finish in the middle	"S" "Short" Windward-Leeward with Start/Finish at the bottom
		

10. PROTESTS

- 10.1 Protest flags are not required.
- 10.2 Sailors wishing to protest must immediately inform the protested yacht by sail number, and must inform the committee boat of his/her intent to protest immediately upon finishing.
- 10.3 Protest forms must be turned in within 30 minutes after the committee boat has docked.

11. TIME LIMIT & ABANDONMENT

- 11.1 The time limit for a race will be at the discretion of the race committee.
- 11.2 The committee may shorten the course at any mark, or cancel the race if no boat has reached the windward mark within 20 minutes.
- 11.3 The committee may award a DNF to any boats that do not finish within 20 minutes of the first boat.
- 11.4 If the Race Committee feels it is necessary to abandon a race, they will sound three short horn blasts and raise the blue and white checked Code Flag N.

12. SCORING

- 12.1 The low point scoring system of Appendix A of The Racing Rules of Sailing will be used.
- 12.2 Any boat not starting within 10 minutes of start will be scored as DNS.
- 12.3 Any boat not finishing within 20 minutes of first boat will be scored DNF at the discretion of the Race Committee.
- 12.4 The race committee has right to assign the last few places.
- 12.5 One race constitutes a series.
- 12.6 If six or more races are completed there will be one throw out.

13. SIGNAL FLAGS

13.1 See appendix for additional signal flags that may be used.

 Code Flag X (Individual Recall)	 First Substitute Flag (General Recall)
 Code Flag N (Abandonment)	 Code Flag I (Round-an-End, One Minute Rule)

14. DISCLAIMER

14.1 Competitors participate in these races entirely at their own risk. See RRS 4, Decision to Race.

14.2 SHYC, Sachem's Head Association, ECSA, US Sailing, and each entity's officers, members, volunteers, and staff will not be responsible for damage to any boat or other property or the injury to any participant's, including death, sustained as a result of participation in this event. By participating in this event, each participant agrees to release the race organizers from any and all liability associated with such participant's participation in this event to the fullest extent permitted by law.

15. AWARDS

15.1 The top three finishers in each Optimist fleet, RS Fevas, ILCA 6, and 420s will be given awards.

15.2 All Green Fleet competitors will be given a participation award.

RACE SIGNALS

The meanings of visual and sound signals are stated below. An arrow pointing up or down (↑ ↓) means that a visual signal is displayed or removed. A dot (•) means a sound; five short dashes (- - - - -) mean repetitive sounds; a long dash (—) means a long sound. When a visual signal is displayed over a class flag, the signal applies only to that class.

Postponement Signals



↑ • • ↓ •
AP Races not started are *postponed*. The warning signal will be made 1 minute after removal unless at that time the race is *postponed* again or *abandoned*.



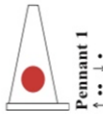
↑ • • ↓ •
AP over H Races not started are *postponed*. Further signals ashore.



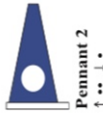
↑ • • ↓ •
AP over A Races not started are *postponed*. No more racing today.

AP over a numeral pennant 1 – 9

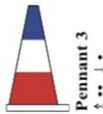
Postponement of 1–9 hours from the scheduled starting time.



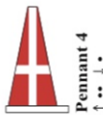
Pennant 1
 ↑ • • ↓ •



Pennant 2
 ↑ • • ↓ •



Pennant 3
 ↑ • • ↓ •



Pennant 4
 ↑ • • ↓ •



Pennant 5
 ↑ • • ↓ •



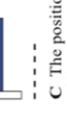
Pennant 6
 ↑ • • ↓ •



Pennant 7
 ↑ • • ↓ •



Pennant 8
 ↑ • • ↓ •

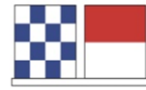


Pennant 9
 ↑ • • ↓ •

Abandonment Signals



↑ • • • ↓ •
N All races that have started are *abandoned*. Return to the starting area. The warning signal will be made 1 minute after removal unless at that time the race is *abandoned* again or *postponed*.



↑ • • • ↓ •
N over H All races are *abandoned*. Further signals ashore.



↑ • • • ↓ •
N over A All races are *abandoned*. No more racing today.

Preparatory Signals



↑ • ↓ —
P Preparatory signal.



↑ • ↓ —
I Rule 30.1 is in effect.



↑ • ↓ —
Z Rule 30.2 is in effect.



↑ • ↓ —
U Rule 30.3 is in effect.



↑ • ↓ —
Black flag. Rule 30.4 is in effect.

Recall Signals



↑ •
X Individual recall.



↑ • • ↓ •
First Substitute General recall. The warning signal will be made 1 minute after removal.

Shortened Course



↑ • •
S The course has been shortened. Rule 32.2 is in effect.

Changing the Next Leg



— — — — —
C The position of the next *mark* has been changed:



to starboard;



to port;



to decrease the length of the leg;



to increase the length of the leg.

Other Signals



↑ •
L Ashore: A notice to competitors has been posted. Afloat: Come within hail or follow this vessel.



— — — — —
M The object displaying this signal replaces a missing *mark*.



↑ •
Y Wear a personal flotation device (see rule 40).



(no sound)
Blue flag or shape. This race committee vessel is in position at the finishing line.