SAILING INSTRUCTIONS

Fall One Design

October 3-4, 2026

Bedford Basin Yacht Club
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Organizing Authority: Bedford Basin Yacht Club

1. RULES

The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS)2025-2028 and the special prescriptions of Sail Canada 2025-2028. In the event of a discrepancy, the Sailing Instructions will supersede the Notice of Race.

1.1 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty for incidents outside the zone.

1.2 RRS 62.1 is changed by adding the sentence "Failure to receive or hear a Race Committee (RC) radio transmission shall not be grounds for redress."

1.3 Rule 41 is changed by adding the sentence "Outside help, including assistance with the removal or addition of sails or other equipment, is specifically prohibited from the first warning signal until the last boat has finished the final race of each day."

1.4 Rule 27 is changed by adding the sentence "27.3 The Race Committee will not move the windward mark after the first boat has rounded the leeward mark nor will the Race Committee move the leeward mark after the first boat has rounded the windward mark. The automatic movements of the Mark-Set-Bots required to stay in position +/- 3 meters shall not constitute movement by the Race Committee."

2. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 09:00 h on the day it takes effect, except that any change to the race schedule will be posted by 20:00 on the day before it takes effect.

3. COMMUNICATIONS WITH COMPETITORS

3.1 A competitors' meeting will be held at 09:00 on the first day of racing on the front lawn of the BBYC Clubhouse.

3.2 Notices to competitors will be posted on windows along the front deck.

3.3 The race office and protest desk is located upstairs in the BBYC clubhouse.

3.4 On the water, the race committee intends to monitor and communicate with all competitors and support vessels on VHF channels as below:

COURSE	CHANNEL
ALPHA	71
BRAVO	72

4. CODE OF CONDUCT

Competitors and support personnel shall comply with reasonable requests from race officials.

5. SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed on the mast at the BBYC clubhouse.

5.2 Signals made ashore over a course flag (Alpha, Bravo) apply to that course only.

5.3 When code flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in race signal AP. This changes race signal AP.

5.4 Code flag L with one sound signal means a notice to competitors has been posted on the official notice board.

6. SCHEDULE OF RACES

6.1 The scheduled time of the warning signal for the first race on both days is 11:00.

6.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

6.3 All fleets may sail a maximum of 4 races per day to a maximum of 8 races.

6.4 All races after the first race of the day will be started as soon as is practical after the conclusion of the preceding race.

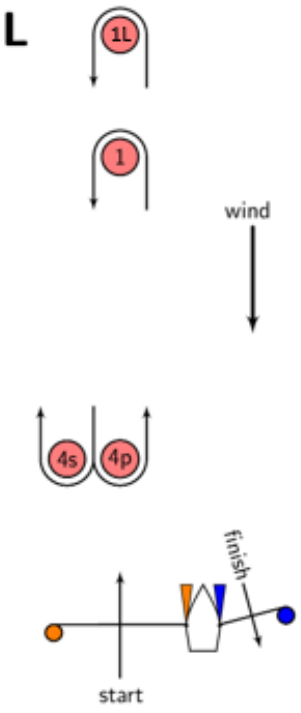
6.5 On the last day of the regatta, no initial warning signal will be made after 15:30 hours.

7. COURSES AND CLASS FLAGS

7.1 Course assignments and class flags are:

Class	Course	Class Flag
RS 21	Alpha	Purple
J-105	Alpha	Green
Farr 30	Bravo	Red
Niagara 26	Bravo	Yellow

7.2 The diagrams below show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.



Signal	Mark rounding order
L1	Start - 1 - Finish
L2	Start - 1 - 4s/4p - 1- Finish
L3	Start - 1- 4s/4p - 1 - 4s/4p - 1– Finish
L1L	Start - 1L - Finish
L2L	Start - 1L - 4s/4p - 1L - Finish
L3L	Start - 1L - 4s/4p - 1L - 4s/4p - 1L – Finish

8. RACING AREAS

The diagram below shows the approximate location and size of racing areas in Bedford Basin. Anchored shipping may require locations to vary, but relative positions (Bravo nearest BBYC and Alpha farthest away) will be preserved.



*Diagram not for navigation

9. MARKS

9.1

Competitors should be aware that the course marks may be autonomous. Competitors are to use discretion when rounding autonomous marks, as they are trolling on station and adjusting within the GPS location provided. Contact with the mark is a penalty. It is at the competitor's discretion to determine if extra room is required. The notation '[NP]' in a rule of the sailing instructions (SI) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

9.2 If a gate mark is missing or not laid, the remaining mark shall be rounded to port.

9.3 If an autonomous mark (bot) stops functioning, it shall be anchored in place or replaced with a suitable replacement mark.

9.4 Protection Marks that may be positioned astern of the RC Signal Boats will be marks of the course. Competitors shall not pass between the Protection Marks and the RC Signal Boats.

10. THE START

10.1 Races shall be started by using RRS Rule 26

10.2 The starting line shall be between a mast or staff displaying an orange flag on the race committee signal boat at the starboard end and the course side of the port-end starting mark.

10.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. The starting area is defined as that area within 50 metres of the start line. Failure to comply may result in a penalty at the discretion of the protest committee.

10.4 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS Rules A5.1 and A5.2.

11. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the RC will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

11.1 On Alpha course, the change mark for an orange or yellow mark will be a green mark

11.2 On Bravo course, the change mark for an orange or yellow mark will be a pink mark

12. THE FINISH

The finishing line shall be between the mast or staff displaying a blue flag on a race committee boat and the course side of the finish mark.

13. TIME LIMIT AND TARGET TIMES

13.1 Time limits and target times are as follows:

Class	*Mark 1 Time Limit*	*Race Time Limit*	*Target Time*
Farr 30	*35 minutes*	*60 minutes*	*45 minutes*
J105	*35 minutes*	*60 minutes*	*45 minutes*
RS-21	*35 minutes*	*60 minutes*	*45 minutes*
Niagara 26	*35 minutes*	*60 minutes*	*45 minutes*

13.2 If no boat has passed Mark 1 within the Mark 1 time limit the race shall be abandoned. Failure to meet the target time shall not be grounds for redress. This changes rule 62.1(a).

13.3 Failure to meet the Target Time will not be grounds for redress. This changes RRS 62.1(a).

13.4 Boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35.

13.5 When it is in the best interests of the fleet and its competitors, and If the race committee determines that the finishing order of some boats in a race is unlikely to change, it may use reasonable discretion to score those boats still racing points equal to their position in the race. This changes RRS A3, A4 and A5.2.

14. PROTESTS AND REQUESTS FOR REDRESS

14.1 For each class, the protest time limit is 30 minutes after the RC Signal boat has docked. The time will be posted on the official notice board.

14.2 Hearing request forms are available at the race office/protest desk in the bar area. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

14.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, whose location will be identified on the official notice board, beginning at the time posted.

14.4 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).

14.5 Race committee will post a summary of race committee actions on the official notice board upon docking each day.

14.6 Penalties for breaking a rule other than the rules of RRS Part 2, Rule 31 or 42 will be determined by the protest committee. This changes Rule 64.2. The scoring abbreviation for a penalty imposed under this instruction will be DPI.

15. SCORING

15.1 One race is required to constitute a series.

15.2 When fewer than 5 races have been completed, a boat's series score will be the total of its race scores.

15.3 When 5 or more races have been completed, a boat's series score will be the total of its races scored excluding its worst score.

15.4 There will be a maximum of 8 races.

16. SAFETY REGULATIONS

16.1 Before their first race of the day, each boat shall sail on starboard tack across the stern of the RC signal boat and hail their sail number and receive acknowledgement. Each boat shall stay clear of the stern after checking in.

16.2 A boat that retires from a race shall notify the race committee as soon as possible.

16.3 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile phones and other devices capable of receiving email, text or other electronic forms of communication.

17. SAIL NUMBERS

17.1 Sail numbers shall be legible and shall match those on the boat's registration form. Boats whose sail numbers do not correspond to those at registration will **not** be scored.

17.2 If duplicate sail numbers are registered in any class, the Race Committee may require one of the numbers to be changed before racing. Priority will be given to preserving hull and sail number matches.

18. HAUL OUT RESTRICTIONS

Boats shall not be hauled out during the event except with and according to the terms of prior written permission of the race committee.

19. DIVING EQUIPMENT AND PLASTIC POOLS

Underwater breathing apparatus, plastic pools and their equivalents shall not be used around keelboats between the preparatory signal of the first race and the end of the last race of the event.

20. PRIZES

Prizes will be awarded to 1st, 2nd, and 3rd place in all open classes. Other awards may be provided at the OA's discretion.

21. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See Rule 3, Decision to Race. The OA will not accept any liability for material damage, personal injury or death sustained in conjunction with, prior to, during or after the regatta.

22. RISK STATEMENT

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**