

# CABRILLO BEACH YACHT CLUB SAILING INSTRUCTIONS AND COURSE CHART 2025

## SECTION 1. RACING RULES

A. All races shall be governed by **rules** as defined in ***Racing Rules of Sailing, (RRS)***. Any amendments to these Sailing Instructions or Special Written Instructions will be approved by the Race Committee, (RC), and posted on the Racing Bulletin Board.

B. STARTING SIGNALS: All races will be started in accordance with **RRS 26** with five (5) minute intervals unless changed by the NOR or supplemental amendments.

**For the first class:** Class flag - Warning; P flag - Preparatory; Class flag remove - Start. The warning signal for each succeeding class will be made with or after the starting signal of the preceding class. If a postponement is signaled, a new warning signal will be made for the class postponed and all following classes.

C. START FINISH LINE: The start line will be between the base of staffs displaying orange flags. The finish line will be between mark 88 or base of staff displaying orange flag and staff displaying blue flag on RC signal vessel. The start-finish line is not restricted.

D. SCHEDULE OF RACES: As described in the NOR, any posted supplements and as posted on the RC Signal Vessel.

E. THE COURSES: No later than the warning signal the RC will display the course number with class flag.

F. MARKS: As described on the CBYC Course Chart 2025 sheet. All marks are passed to port unless otherwise designated.

G. HAILING THE RACE COMMITTEE: After the first warning signal and until the race has been concluded, there shall be no communication between yachts racing and the Race Committee except as provided for in the **RRS** or pertaining to safety.

H. SUNSET RULE: If no yacht of a class has finished by sunset, the race will be abandoned for that class unless changed by the Supplemental Sailing Instructions, (SSI) or NOR.

I. TIME LIMIT: Boats failing to finish within thirty (30) minutes plus their handicap correction after the first boat in the class finishes may be scored DNF. This changes **RRS 35**

J. DANGEROUS SITUATIONS: Boats that hamper ocean going commercial or naval vessels, causing a dangerous situation while racing shall be subject to protest. All boats shall also stay clear of designated restricted dangerous construction areas, dredging, or other hazards and shall comply with restrictions placed on the use of any navigable waters by local governments and the U.S. Coast Guard. Such a protest may be made by the Race Committee or another yacht.

K. CHECKING IN: Each boat shall sail past the stern of the RC Signal vessel on starboard tack and check in and be acknowledged prior to the warning signal for the first race of the day for the first class or she shall be scored as DNC.

L. BOATS RETIRING: A boat that retires from a race SHALL notify the RC before leaving the race area when possible or shall contact the CBYC office in person or by telephone (310) 519-1694 within one half hour after returning to shore. Failure to comply with this Sailing Instruction may result in a DSQ for the race or entire regatta as determined by the protest committee. The Race Committee will attempt to monitor Channel 16 and communicate on channel 72.

## SECTION 2. CLASS RULES AND REGULATIONS

A. The rules and regulations of one design and handicap classes must be kept on file by the Race Committee in advance of the regatta. Each boat shall conform to such rules in order to race, but it is the obligation of each fleet to observe and enforce its own regulations.

B. No special agreements among boats, change of sail numbers, duplication or lack of sail numbers shall be recognized unless accepted in advanced by the RC.

## SECTION 3. ALTERNATE PENALTIES

Appendix V, V1 shall apply. The first two sentences of **RRS 44.1** are changed to: 'A boat may take a One-Turn Penalty when she may have broken a **RRS** of Part 2 or **RRS 31** while *racing*. However, when she may have broken a **RRS** of Part 2 while in the *zone* around a *mark* other than a starting *mark*, her penalty shall be a Two-Turns Penalty.'

## SECTION 4. PROTEST

Protests shall comply with **RRS 60**. The protesting boat shall identify the protested boat to the RC and be acknowledged before leaving the race area. Protests are to be on forms provided by CBYC and filed at the CBYC office no later than one hour after the RC vessel that finished the last race of day returns to the dock.

## SECTION 5. SCORING

Scoring shall be the Low point system as stated in **RRS 90.3** and Appendix A, except that there shall be no throw outs unless stated in the NOR, SI or any posted supplements. Ties shall be resolved by **RRS A8**.

**SECTION 6. HANDICAPPING:** Handicapping shall be as described in the NOR or per class rules.

## SECTION 7. SIGNALS MADE ASHORE

Signals made ashore will be displayed on the CBYC flagpole situated outside the club. Notices shall be posted on the Racing Bulletin Board outside the CBYC club house entrance.

