



2026 Parawing Races

July 30, 2026

Organizing Authority (OA): US Sailing

Host Club: St. Francis Yacht Club

San Francisco, California, USA

SAILING INSTRUCTIONS

The notation '[NP]' in a rule of the NoR means that a competitor may not protest another competitor for breaking that rule nor request redress based on that rule. This changes RRS 60.1 and 61.1.

1 NOTICE TO COMPETITORS

- 1.1 Notice to Competitors will be posted on the ONB (Official Notice Board) at [the event website](#).
- 1.2 On the water, the race committee will communicate on VHF channel 69.
- 1.3 [DP] Parawings shall have a VHF handheld radio or cell phone for safety purposes and notifications from the RC on changes to the sailing documents.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Changes to the sailing instruction will be posted on the ONB before 1030 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 the day before it will take effect.
- 2.2 Changes to the sailing instructions may be given orally on the water by displaying code flag L with a sound signal on the race committee signal vessel and announcing the changes via VHF.

3 SIGNALS MADE ASHORE

- 3.1 Signals made ashore will be displayed from the flagpole located on the StFYC Race Deck.
- 3.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes'. This changes rule Race Signals AP.

4 SCHEDULE - THIS CHANGES THE NOTICE OF RACE

- 4.1 The schedule will be as follows:

Date	Time	Event	Location
Thursday, July 30	1100-1330	Registration at St. Francis Yacht Club	Starting Line Room
	1400	Mandatory Competitors Briefing	Crissy Field East Beach
	1500	First warning signal	On the water
Saturday, August 1	After SF Bay Challenge	Regatta Social and Awards	Starting Line Room

- 4.2 Five (5) races are scheduled.

5 CLASS FLAG

The class flag shall be a neon pink flag.

6 COURSES & DESCRIPTIONS OF MARKS

- 6.1 The diagrams in Addendum 'Course and Mark Description' show the courses, the order in which marks are to be passed, and the side on which each mark is to be left.
- 6.2 If a gate mark is missing and has not been substituted in accordance with RRS 34, the remaining mark shall be left to port.

- 6.3 Routine movement of the autonomous marks (MarkSetBots) will not be considered an improper action of the race committee so shall not be grounds for redress. This includes minor readjustments or marks returning to station after being pushed away by a boat.
- 6.4 On course legs marked in red, competitors shall keep their parawing stashed at all times. A competitor may briefly deploy the parawing solely for the purpose of regaining foiling. Upon regaining foil-borne status, the wing shall be stashed again immediately. This requirement applies until the competitor reaches the next course leg.

7 START AREA AND SEQUENCE

- 7.1 The starting area will be in the vicinity Northwest of the StFYC.
- 7.2 Races will be started according to the procedures specified in RRS Appendix WF 3:

WF3 CHANGES TO THE RULES OF PART 3

26 STARTING RACES

Rule 26 is changed to:

Races shall be started by using the following signals. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.

<i>Minutes before starting signal</i>	<i>Visual signal</i>	<i>Sound signal</i>	<i>Means</i>
3	Class flag	One	Warning signal
2	U or black flag	One	Preparatory signal
1	U or black flag removed	One long	One minute
0	Class flag removed	One	Starting signal

8 START

- 8.1 The starting line will be between a staff displaying an orange flag on the RC signal boat, and an orange MarkSetBot.
- 8.2 Parafoils failing to start within four (4) minutes after their starting signal shall be scored DNS, without a hearing. This changes RRS A5.

9 FINISH

For course racing, the finish line will be between a staff displaying a blue flag on the RC finish boat and a small red inflatable cone.

10 CHANGE OF THE NEXT LEG OF THE COURSE

RRS 33 is changed to read: The race committee may change the next leg of the course by up to five (5) degrees in bearing and/or 0.2nm in length without a signal.

11 TIME LIMIT / FINISHING WINDOW

- 11.1 For course racing the time limit for the first wingfoil to finish will be twenty (20) minutes. This changes RRS 35 and A5.
- 11.2 For course racing the finish window after the first finisher is twenty (20) minutes.

12 SCORING

- 12.1 One (1) race will constitute a series.
- 12.2 All races will count towards a boat's series score. This changes RRS A2.

13 PROTESTS AND REQUESTS FOR REDRESS

- 13.1 Electronic Hearing Request forms are available at:
https://www.racingrulesofsailing.org/protests/new?event_id=15526. Forms may also be available at the jury desk located in the hallway adjacent to the StFYC Regatta Entrance. Hearing requests such as protests and requests for redress may be created and delivered to the race office electronically or via email to racing@stfyc.com. All such requests shall be delivered within the appropriate time limit.
- 13.2 The protest time limit is 60 minutes after the last boat of the last class has finished within her Finishing Window in the last race of the day or the signal (AP over A) 'No more racing today' is made afloat, whichever is later. However, the protest time limit is 30 minutes after the signal 'No more racing today' is made ashore. This time will be posted on the ONB.
- 13.3 In the event of a complaint by Vessel Traffic or the USCG, the protest time limit will be extended up to two (2) days after the conclusion of the regatta. This changes RRS 60.3(b) and RRS 61.2(b).
- 13.4 The protest committee will schedule protest hearings for Friday. All parties will be notified via email of the time and place of the hearing additionally the hearing schedule will be available electronically at <https://www.racingrulesofsailing.org/schedules/15526/event>. This shall constitute the notification required by RRS 63.1(a)(1) and changes PR 29(c).
- 13.5 At the protest committee's discretion, hearings may be conducted in-person, via Zoom video conference, or a combination of the two. For Zoom hearings, parties and witnesses are expected to join the meeting when it commences. Witnesses will be placed in the (virtual) Waiting Room on Zoom until called upon for testimony. The use of headsets is recommended, particularly if joining a hearing from a location where background noise cannot be controlled.
- 13.6 Notices of any other protests by the race committee, technical committee or protest committee will also be posted on the ONB. This constitutes the notification required by RRS 63.1 (a) (1).
- 13.7 It is the sole responsibility of each boat involved to be ready and have witnesses available when the hearing is called.
- 13.8 On the last scheduled day of racing, a request for redress on a protest committee decision, or a request to reopen a hearing, shall be delivered no later than thirty (30) minutes after the decision was announced, either written or orally. This changes RRS 63.7(b)

14 [NP] [DP] SAFETY REGULATIONS

- 14.1 Check-In/-Out:
- 14.2 RFID wristbands are provided at registration.
- 14.3 Each wingfoil shall personally check-out each day when leaving the beach for racing by presenting their personal RFID wristband to a terminal / handheld unit operated by the beach marshal. After returning ashore each wingfoil shall promptly and personally check-in by again presenting their personal RFID wristband to a terminal / handheld unit operated by the beach marshal.
- 14.4 Each wingfoil is responsible for verifying that the terminal / beach marshal acknowledged their check-out/check-in and require assistance if needed.
- 14.5 In case of loss the wingfoil is responsible for replacement. If the RFID wristband was lost at sea, the wingfoil shall, after returning ashore, promptly and personally report their return to the beach marshal and request a new RFID wristband at the race office.
- 14.6 Location of the Check-Out-In is at the beach.
- 14.7 Wingfoils not leaving the harbor for a scheduled race, shall promptly notify the race office.
- 14.8 Wingfoils that retire from a race shall notify the race committee at the first reasonable opportunity.
- 14.9 Support boats shall monitor VHF channel 69 for all times.

15 COMMERCIAL TRAFFIC

- 15.1 Competitors shall keep clear of all commercial traffic.
- 15.2 Racing occurs near active shipping channels. The race committee would like to call special attention to the preamble to RRS Part 2 which are rules and can be protested and result in DSQ (disqualification).

- 15.3 A race committee boat may signal a wingfoil that is racing to alter course to avoid impeding the passage of commercial vessels by making a sound signal (horn or whistle) and pointing at the wingfoil. The signaled wingfoil shall promptly comply with the signal unless compliance would create an unsafe condition. If a wingfoil fails to comply with such a signal, the race committee shall protest the wingfoil. In this case the protest committee shall assume that the course alteration would not have created an unsafe condition, and the protested wingfoil shall have the burden of proving otherwise.
- 15.4 If a commercial vessel sounds five blasts at a board which is racing, and/or the vessel or the USCG is subsequently able to identify the offending wingfoil, the wingfoil may be subject to protest. In the event the race committee files the protest, the protest committee shall assume that the identified wingfoil has impeded passage or violated the U.S. Inland Navigation Rules, and the identified wingfoil shall have the burden of proving otherwise.
- 15.5 The StFYC shall cooperate with and provide relevant information to the Coast Guard or other governmental authority regarding investigations of boards impeding ship traffic or violating U.S. Inland Navigation Rules (33 CFR 83).

16 SUPPORT BOATS

Shall keep clear of the race area except for safety reasons and for the long distance race where help monitoring the safety of the competitors is requested.

17 FURTHER INFORMATION

Regatta Chairman	Morgan Headington	morganheadington@gmail.com	415 654 2482
Race Director	Felix Weidling	racedirector@stfyc.com	415 820 3710
Course Race Officer	Donald Wieneke	dkwieneke@gmail.com	415 332 0186
Chief Judge	Gregory Meagher	gwmeargher@gmail.com	510 541 2543
US Sailing Rep	Betsy Alison	BetsyAlison@ussailing.org	401 342 7914
Race Office	Macy Deam	racing@stfyc.com	415 655 7756

MARK DESCRIPTION

- SP, 4

FP

1, 2, 3
- orange MarkSetBot or red inflatable cone

red inflatable cone

yellow MarkSetBot or yellow inflatable cones

Signal	Mark Rounding Order	Signal	Mark Rounding Order	Signal	Mark Rounding Order
1	Start – 1 – 2 – 3 – 4 – Finish Stash: 2 – 3 and 4 - Finish	2	Start – 1 – 2 – 3 – 4 – Finish Stash: 1 – 2 and 3 – 4	3	Start – 1 – 2 – 3 – 4 – Finish Stash: 2 – 3