



Barrington Yacht Club

Pret Gladding Memorial Race
Saturday, May 30, 2026

Event Chair: Charlie Stoddard (cssj30@gmail.com)

Race Committee Chair: Kristen Kreuzkamp (racing@barringtonyc.com)

Barrington Yacht Club invites you to participate in the **34th Annual Pret Gladding Memorial Race** for PHRF class boats. This is an “around the island” pursuit race with starts staggered, according to PHRF non-spinnaker and Spinnaker ratings. Crews consisting of family and friends are strongly encouraged.

Sailing Instructions (SIs)

The notation “[NP]” as it appears in a rule of the sailing instructions means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.

1. RULES

- 1.1 The event is governed by the rules as defined in The Racing Rules of Sailing (RRS)
- 1.2 [NP] All boats shall minimally comply with the US Nearshore section of the US Sailing Safety Equipment Requirements (USSER). Requirements can be downloaded at <https://www.ussailing.org/wp-content/uploads/2022/01/Monohull-SER-2022.0-Nearshore.pdf>

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 16:00 on the day it will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect

3. COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted to the CLUBSPOT page located at <https://theclubspot.com/regatta/qEVS9B4ryZ>
- 3.2 On the water, the Race Committee will monitor and communicate with competitors on VHF radio channel 72
- 3.3 [NP] From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make or receive voice or data communication that is not available to all boats

4. CODE OF CONDUCT

- 4.1 [NP] Competitors and support persons shall comply with reasonable requests from race officials

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the main flagpole at Barrington Yacht Club
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in Race Signals
- 5.3 On the water postponements shall be in 30 minute increments.
- 5.4 Code flag "N" hoisted shall mean racing for that day has been cancelled

6. SCHEDULE AND STARTING SEQUENCE

- 6.1 The starting sequence will be:
 - The warning signal for all starts will be at 11:55 (class flag UP, with sound)
 - The prep signal for all starts will be at 11:56 ("P" flag UP, with sound)
 - The one-minute warning will be at 11:59 ("P" flag DOWN, with sound)
 - The first start will be at 12:00 (class flag DOWN, with sound)
- 6.2 Subsequent starts will be at **one-minute intervals**, the class flag being raised approximately 30 seconds prior to each start (no sound)
- 6.3 This schedule modifies RRS 26

7. CLASS FLAGS

- 7.1 The class flag for the Pret Gladding Memorial Race is Code Flag "G." This flag applies to all competitors.

8. PURSUIT STARTS

- 8.1 The race will be conducted as a **pursuit start**.
- 8.2 **Each boat's start time** shall be determined from the PHRF rating tables in Appendix A, based on the course selected by the Race Committee.
- 8.3 The Race Committee will designate the course prior to the first start. Competitors shall use the corresponding table in Appendix A to determine their start time.
- 8.4 A single starting sequence will be used. Boats shall start at their assigned time in accordance with the selected course table.
- 8.5 Boats from different classes may start interspersed.
- 8.6 Competitors are responsible for determining their correct start time.
- 8.7 A boat shall start at her assigned time. Failure to do so will not be grounds for redress.

9. RACING AREA

- 9.1 The racing area is the waters adjacent to Prudence Island

10. COURSES

10.1 Course Selection

- a) The Race Committee will select one course based on conditions.
- b) The selected course will be designated prior to the first start by:
 - Course board, and/or
 - VHF 72
- c) The selected course applies to all classes.

- 10.2 **COURSE A - Clockwise around Prudence Island.** The following marks are to be left to **starboard**, i.e., between the island and the competitor:

- C27 (Sandy Point)
 - R/G (south end of the island)
 - R8 (west of Northwest Point)
 - R/G (Providence Point)
- 10.3 **COURSE B - Counter-clockwise around Prudence Island.** The following marks are to be left to **port**, i.e., between the island and the competitor.
- R/G (Providence Point)
 - R8 (west of Northwest Point)
 - R/G (south end of the island)
 - C27 (Sandy Point)
- 10.4 **Short Courses (C-F) –** Marks shall be rounded in the order listed.
- **COURSE C** - B, H, F, D, I
Distance: approximately 8.5 nm
All marks to be left to **starboard**
 - **COURSE D** - D, F, H, B, I
Distance: approximately 8.5 nm
All marks to be left to **port**
 - **COURSE E** - G, J, E, I
Distance: approximately 6.8 nm
All marks to be left to **port**
 - **COURSE F** - E, J, G, I
Distance: approximately 6.8 nm
All marks to be left to **starboard**

11. THE START AND THE FINISH

- 11.1 The starting line is between Ohio Ledge Bell and the halyard, or staff, displaying an orange flag on the nearby Race Committee Boat
- 11.2 The finish line will be between Ohio Ledge Bell and the halyard, or staff, displaying a blue flag on the nearby Race Committee Boat

12. PENALTY SYSTEM

- 12.1 RRS 44.1 as modified by RRS V1 applies

13. TIME LIMITS

- 13.1 The first boat to finish must do so by 17:00
- 13.2 If the race start is postponed, the time limit will be extended by the same amount of time
- 13.3 The Committee Boat will remain on station until the last boat has finished or 1/2 hour past the time limit

14. HEARING REQUESTS

- 14.1 RRS V2, Post-Race Penalties, applies
- 14.2 The Race Committee must be notified at the first reasonable opportunity after finishing
- 14.3 Protests shall be delivered to Barrington Yacht Club by 20:00 on the Monday following the race
- 14.4 Protests will be heard on the Wednesday following the race at 20:00 at the Barrington Yacht Club

15. SCORING

- 15.1 Each yacht shall be scored in the position she finishes

16. SAFETY REGULATIONS

- 16.1 [NP] Each boat shall carry a radio capable of transmitting and receiving VHF channels 13,16 and 72
- 16.2 Except in an emergency or to report a protest or withdrawal, a boat shall neither make nor receive any type of electronic communication while racing that is not freely available to all boats
- 16.3 The R/C may broadcast information concerning the race, course, safety, etc. Redress shall not be granted concerning this information or the lack or timeliness of same. This changes RRS 62.1. A yacht receiving this information from the R/C does not break RRS 41
- 16.4 All boats shall actively monitor channel 72, the race channel, from their approach to the racing area until clear of the racing area after finishing
- 16.5 The Race Committee shall continuously monitor VHF Ch 13, "Ship-to-Ship"
- 16.6 All skippers are reminded they are responsible for the safety of their crew, and of the requirement to help any others in danger. RRS 1 and 4
- 16.7 The Narragansett Bay race area is considered a "Restricted channel" for commercial traffic restricted in its ability to maneuver. In accordance with the preamble to Part 2, Race event participants must understand that they are subject to the Navigation Rules of the Road (COLREGS) between their vessel and one NOT racing. Participants do not automatically become "stand-on" or "privileged vessels" by virtue of participation in a marine event.
- 16.8 A boat that interferes with commercial traffic or causes a commercial vessel to sound a danger signal (five or more short blasts) may be protested by the Race Committee.

17. OFFICIAL VESSELS

- 17.1 Official vessels will be identified as those flying "RC" flags, at least while the course is being set up

18. TRASH DISPOSAL

- 18.1 Trash shall be retained onboard for proper disposal ashore after racing

19. AWARDS

- 19.1 Awards will be given as described in the NOR

20. RISK STATEMENT

- 20.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other cause.