



2026 F4 Foils Summer Wingding U.S. WINGFOIL CHAMPIONSHIP

July 30 - August 2, 2026

Organizing Authority (OA): St. Francis Yacht Club
in association with US Sailing (co-OA)

SAILING INSTRUCTIONS

The notation '[NP]' in a rule of the NoR means that a wingfoil may not protest another wingfoil for breaking that rule nor request redress based on that rule. This changes RRS 60.1 and 61.1.

1 NOTICE TO COMPETITORS

- 1.1 Notice to Competitors will be posted on the Official Notice Board (ONB) at [the event website](#).
- 1.2 On the water, the race committee will communicate on VHF channel 69.
- 1.3 [DP] Wingfoils shall have a VHF handheld radio or cell phone for safety purposes and notifications from the RC on changes to the sailing documents.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Changes to the sailing instruction will be posted on the ONB before 1030 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 the day before it will take effect.
- 2.2 Changes to the sailing instructions may be given orally on the water by displaying code flag L with a sound signal on the race committee signal vessel and announcing the changes via VHF.

3 SIGNALS MADE ASHORE

- 3.1 Signals made ashore will be displayed from the flagpole located on the StFYC Race Deck.
- 3.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes'. This changes rule Race Signals AP.

4 SCHEDULE - THIS CHANGES NOTICE OF RACE SECTION 12

- 4.1 The event shall consist of:
 - 4.1.1. Up to twelve (12) races in Qualification Stage 1;
 - 4.1.2. Up to four (4) races for each of the Gold Fleet and Silver Fleet in Qualification Stage 2;
 - 4.1.3. One (1) Quarter Final race in the Elimination Series;
 - 4.1.4. One (1) Semi Final race in the Elimination Series; and
 - 4.1.5. Up to six (6) Grand Final races in the Elimination Series.
- 4.2 The schedule is as follows:

Date	Time	Event	Location	Number of Races
Thursday, July 30	1600-1800	Registration	Starting Line Room	
	1800-1900	Rules Seminar	Starting Line Room	
Friday, July 31	0900-1100	Final Registration	Starting Line Room	
	1100	Mandatory Competitors Briefing	Starting Line Room	
	1330	First warning signal Qualification Stage 1	On the Water	up to 7
	After Racing	Regatta Social & Raffle & Future Panel presented by AXIS Foils	Starting Line Room	

Date	Time	Event	Location	Number of Races
Saturday, August 1	1100	Mandatory Competitors Briefing	Starting Line Room	
	1230	First warning signal Qualification Stage 1	On the Water	up to 4
	1430	Warning signal Qualification Stage 1 (after course racing is complete)	On the Water	1 Distance Race
	After Racing	Regatta Social & SF Bay Challenge Awards and Parawing Races Awards presented by F4 FOILS	Starting Line Room	
Sunday, August 2	1100	Mandatory Competitors Briefing	Starting Line Room	
	1230	First warning signal Qualification Stage 2 (Gold and Silver)	On the Water	up to 4
	1400	First warning signal Elimination Series (QF, SF, GF)	On the Water	up to 8
	After Racing	Regatta Social & Raffle & Awards Ceremony	Starting Line Room	

5 CLASS FLAG

The class flag for the Wingfoil fleet shall be a neon pink flag for the Qualification Stage 1 and Elimination Series. For the Qualification Stage 2, a yellow flag for the Gold Fleet and a blue flag for the Silver Fleet shall be displayed in addition to the class flag.

6 COURSES & DESCRIPTIONS OF MARKS

- 6.1 The diagrams in Addendums 'SLALOM COURSE & WINDWARD LEEWARD COURSE' and 'Long Distance Race' show the courses, the order in which marks are to be passed, and the side on which each mark is to be left.
- 6.2 Routine movement of the autonomous marks (MarkSetBots) will not be considered an improper action of the race committee so shall not be grounds for redress. This includes minor readjustments or marks returning to station after being pushed away by a boat.
- 6.3 If a gate mark is missing and has not been substituted in accordance with RRS 34, the remaining mark shall be left to port.

7 START AREA AND SEQUENCE

- 7.1 The starting area will be in the vicinity Northwest of the StFYC.
- 7.2 Races will be started according to the procedures specified in RRS Appendix WF 3:

WF3 CHANGES TO THE RULES OF PART 3

26 STARTING RACES

Rule 26 is changed to:

Races shall be started by using the following signals. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.

Minutes before starting signal	Visual signal	Sound signal	Means
3	Class flag	One	Warning signal
2	U or black flag	One	Preparatory signal
1	U or black flag removed	One long	One minute
0	Class flag removed	One	Starting signal

7.3 Not applicable.

8 START

- 8.1 The starting line will be between a staff displaying an orange flag on the RC signal boat, and an orange MarkSetBot.
- 8.2 Wingfoils failing to start within four (4) minutes after their starting signal shall be scored DNS, without a hearing. This changes RRS A5.

9 FINISH

- 9.1 For Slalom and Windward/Leeward courses, the finish line will be between a staff displaying a blue flag on the RC finish boat and a small red inflatable cone.
- 9.2 For the Long Distance Course (SF Bay Challenge), the finish line will be between a yellow placard on the Race Deck and an orange MarkSetBot.

10 CHANGE OF THE NEXT LEG OF THE COURSE

RRS 33 is changed to read: The race committee may change the next leg of the course by up to five (5) degrees in bearing and/or 0.2nm in length without a signal.

11 TIME LIMIT / FINISHING WINDOW

- 11.1 For all slalom and windward/leeward courses, the time limit for the first wingfoil to finish will be twenty (20) minutes. This changes RRS 35 and A5.
- 11.2 For all slalom and windward/leeward courses, the finish window after the first finisher is twenty (20) minutes (and at that time, any remaining wingfoils on the course shall be scored the points they would have received had they finished.) This changes RRS 35 and A5.
- 11.3 The 'Finishing Window' after the first finisher is twenty (20) minutes.
- 11.4 For the Long Distance Course on Saturday, the time limit for the first wingfoil to finish is 90 minutes.
- 11.5 For the Long Distance Race, the 'Finishing Window' after the first wingfoil finishes, will be 45 minutes.
- 11.6 Wingfoils failing to finish within the time stated under 'Finishing Window' after the first wingfoil sails the course and finishes, and not subsequently retiring, penalized, or given redress, will be scored Time Limit Expired (TLE) without a hearing. A wingfoil scored TLE will receive the points of the last boat that finished within its time limit plus one. This changes RRS 35, A5.1, A5.2, A10, and WF 8.

12 SCORING - THIS CHANGES THE NOTICE OF RACE

- 12.1 One (1) race will constitute a series.
- 12.2 When four (4) or fewer races are completed, a wingfoil's series score for the Qualification Series will be the total of her race scores.
- 12.3 When five (5) or more races are completed, a wingfoil's series score for the Qualification Series will be the total of her race scores excluding her worst score. This changes RRS A2.
- 12.4 When ten (10) or more races are completed, a wingfoil's series score for the Qualification Series will be the total of her race scores excluding her two worst scores. This changes RRS A2.
- 12.5 The one 'SF Bay Challenge' DISTANCE race will be scored twice.
- 12.6 A wingfoil's Medal series score will be the total of her race scores.

13 FORMAT - See additionally Addendum 'Race Format'

13.1 Qualification Series

- 13.1.1. The Qualification Series may be separated into Stage 1 and Stage 2 on days 1 and 2, and an Elimination Series on day 3.
- 13.1.2. The results of the Qualifying Series Stage 1 will determine assignments into the Gold Fleet (top 20 competitors) and Silver Fleet (remainder of the fleet above 20).
- 13.1.3. The Gold Fleet and the Silver Fleet will compete in the Qualification Series on day 3.
- 13.1.4. The results of the Qualification Series will determine the top Eight (8) competitors within the Gold Fleet, who will advance to the Elimination Series later on day 3.
- 13.1.5. The top Eight (8) competitors will be announced on the beach prior to the Elimination Series.

13.2 Elimination Series (note: the competitor who wins each Grand Final race collects a WingDing-Star)

- 13.2.1. The Elimination Series will be divided into three stages: Quarter-Final, Semi-Final and Grand Final. Competitors advance from one stage to the other until the Grand Final.
- 13.2.2. The race committee may cancel the Quarter Final and/or Semi Final stages if the completion of the Grand Final is in jeopardy. In such case, competitors ranked or seeded first and second in the previous stage advance to the next stage.
- 13.2.3. The first ranked competitor in the Qualification Series will qualify to the Grand Final carrying forward two WingDing-Stars.
- 13.2.4. The second ranked competitor in the Qualification Series will qualify to the Grand Final carrying forward one WingDing-Stars.
- 13.2.5. The third and fourth-ranked competitors in the Qualification Series will qualify to the Semi-Final.
- 13.2.6. The fifth, sixth, seventh and eighth-ranked competitors in the Qualification Series will qualify to the Quarter-Final.
- 13.2.7. The top two ranked competitors from the Quarter-Final qualify to the Semi-Final.
- 13.2.8. The top two ranked competitors from the Semi-Final qualify to the Grand Final.
- 13.2.9. If there is a tie between two competitors, they will be ranked in order of their positions in the previous stage.

13.3 Grand Final

- 13.3.1. The Grand Final will continue until one competitor collects three WingDing-Stars. The competitor who wins each race collects a WingDing-Star.
- 13.3.2. Competitors in the Grand Final will be ranked in order of the number of WingDing-Stars, from highest to lowest.
- 13.3.3. If there is a tie in WingDing-Stars between two or more competitors, they will be ranked in the order of their finishing positions in the last race.

13.4 Overall Standings

- 13.4.1. The winner of the Grand Final is the winner of the event. All others are ranked as follows:

Event Rank	Result
1st	1st place Grand Final
2nd	2nd place Grand Final
3rd	3rd place Grand Final
4th	4th place Grand Final
5th	3rd place Semi-Final
6th	4th place Semi-Final
7th	3rd place Quarter-Final
8th	4th place Quarter-Final

- 13.4.2. If the Grand Final is not completed, competitors will be ranked in positions 1-4 according to the current standing of the Grand Final.
- 13.4.3. If a stage cannot be completed, competitors are ranked in the order of their finishing position in the previous stage. If the Repechage race cannot be completed, competitors are ranked in the order of their position after the Qualification Series.
- 13.4.4. Competitors not qualified for the Elimination Series will be ranked after the competitors qualified for the Elimination Series, according to their Qualification Series score.
- 13.4.5. Competitors in the Elimination Series will be ranked in front of the remaining competitors competing in the Gold Fleet, which will be ranked in front of competitors competing in the Silver Fleet.

14 PROTESTS AND REQUESTS FOR REDRESS

- 14.1 Hearing requests shall be submitted electronically from the link on the official notice board or from this link: https://www.racingrulesofsailing.org/protests/new?event_id=13437.
- 14.2 The protest time limit is 30 minutes after the last boat of the last class has finished within her Finishing Window in the last race of the day or the signal (AP over A) 'No more racing today' is made afloat or ashore. This time will be posted on the ONB.
- 14.3 In the event of a complaint by Vessel Traffic or the USCG, the protest time limit will be extended up to two (2) days after the conclusion of the regatta. This changes RRS 60.3(b) and RRS 61.2(b).
- 14.4 The protest committee will schedule hearings at its discretion each day and in the order it determines. The hearing schedule will be available electronically at <https://www.racingrulesofsailing.org/schedules/13437/event>. This constitutes the notification required by RRS 63.1 (a) (1). As a courtesy, competitors may also be notified electronically by text or email.
- 14.5 Hearings and decisions will be governed by procedures specified in RRS Appendix WF 5.
- 14.6 Notices of any other protests by the race committee, technical committee or protest committee will also be posted on the ONB. This constitutes the notification required by RRS 63.1 (a) (1).
- 14.7 It is the sole responsibility of each boat involved to be ready and have witnesses available when the hearing is called.
- 14.8 A request for redress on a protest committee decision shall be delivered no later than thirty (30) minutes after the decision was announced, either written or orally.

15 [NP] [DP] SAFETY REGULATIONS

- 15.1 Check-In/-Out:
- 15.2 RFID wristbands are provided at registration.
- 15.3 Each wingfoil shall personally check-out each day when leaving the beach for racing by presenting their personal RFID wristband to a terminal / handheld unit operated by the beach marshal. After returning ashore each wingfoil shall promptly and personally check-in by again presenting their personal RFID wristband to a terminal / handheld unit operated by the beach marshal.
- 15.4 Each wingfoil is responsible for verifying that the terminal / beach marshal acknowledged their check-out/check-in and require assistance if needed.
- 15.5 In case of loss the wingfoil is responsible for replacement. If the RFID wristband was lost at sea, the wingfoil shall, after returning ashore, promptly and personally report their return to the beach marshal and request a new RFID wristband at the race office.
- 15.6 Location of the Check-Out-In is at the beach.
- 15.7 Wingfoils not leaving the harbor for a scheduled race, shall promptly notify the race office.
- 15.8 Wingfoils that retire from a race shall notify the race committee at the first reasonable opportunity.
- 15.9 Support boats shall monitor VHF channel 69 for all times.

16 COMMERCIAL TRAFFIC

- 16.1 Competitors shall keep clear of all commercial traffic.
- 16.2 Racing occurs near active shipping channels. The race committee would like to call special attention to the preamble to RRS Part 2 which are rules and can be protested and result in DSQ (disqualification).
- 16.3 A race committee boat may signal a wingfoil that is racing to alter course to avoid impeding the passage of commercial vessels by making a sound signal (horn or whistle) and pointing at the wingfoil. The signaled wingfoil shall promptly comply with the signal unless compliance would create an unsafe condition. If a wingfoil fails to comply with such a signal, the race committee shall protest the wingfoil. In this case the protest committee shall assume that the course alteration would not have created an unsafe condition, and the protested wingfoil shall have the burden of proving otherwise.
- 16.4 If a commercial vessel sounds five blasts at a board which is racing, and/or the vessel or the USCG is subsequently able to identify the offending wingfoil, the wingfoil may be subject to protest. In the event the race committee files the protest, the protest committee shall assume that the identified wingfoil has impeded passage or violated the U.S. Inland Navigation Rules, and the identified wingfoil shall have the burden of proving otherwise.

- 16.5 The StFYC shall cooperate with and provide relevant information to the Coast Guard or other governmental authority regarding investigations of boards impeding ship traffic or violating U.S. Inland Navigation Rules (33 CFR 83).

17 SUPPORT BOATS

Shall keep clear of the race area except for safety reasons and for the long distance race where help monitoring the safety of the competitors is requested.

18 FURTHER INFORMATION

Regatta Chairman	Geoff Headington	geoffheadington@gmail.com	415 608 9543
Race Director	Felix Weidling	racedirector@stfyc.com	415 820 3710
Course Race Officer	Donald Wieneke	dkwieneke@gmail.com	415 332 0186
Chief Judge	Gregory Meagher	gwmeagher@gmail.com	510 541 2543
US Sailing Rep	Betsy Alison	BetsyAlison@ussailing.org	401 342 7914
Race Office	Macy Deam	racing@stfyc.com	415 655 7756

SOCIAL PROGRAM

Click [HERE](#) for the social program.



Thursday, July 30, 2026

TIME	EVENT	LOCATION
1100 - 0130	Parawing Registration	Race Office
1400	Parawing Competitors Briefing	Crissy Beach
1430	Parawing First Warning Signal	On the water
1600-1800	U.S. Wingfoil Championship - Registration	Starting Line Room
1800-1900	Rules Seminar	Starting Line Room

Friday, July 31, 2026

TIME	EVENT	LOCATION
0900 - 1100	U.S. Wingfoil Championship - Final Registration	Starting Line Room
1100	Mandatory Competitors Briefing	Starting Line Room
1330	First Warning Signal	On the water
After Racing	 Social & Panel	Starting Line Room

Saturday, August 1, 2026

TIME	EVENT	LOCATION
1100	Mandatory Competitors Briefing	Starting Line Room
1230	First Warning Signal	On the water
After Racing	 Social, Raffle, and SF Bay Challenge Awards, and Parawing Awards	Starting Line Room

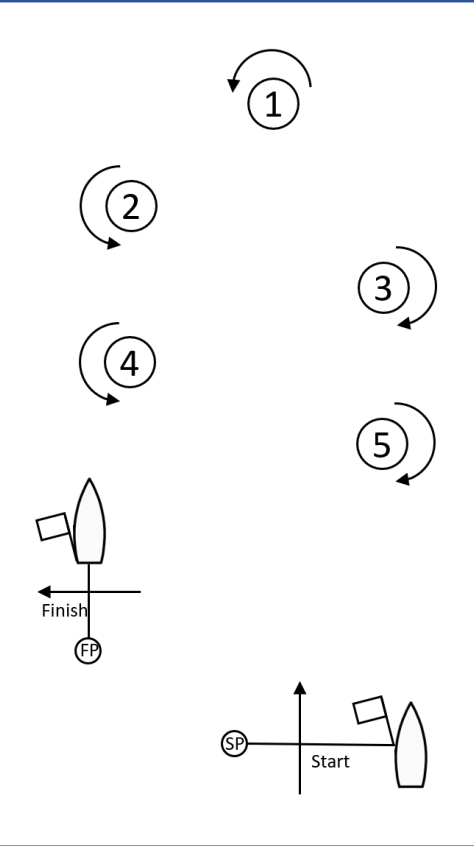
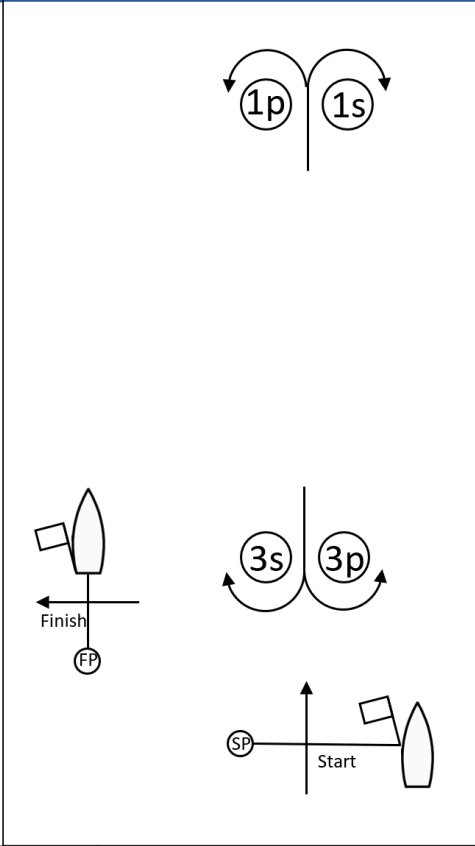
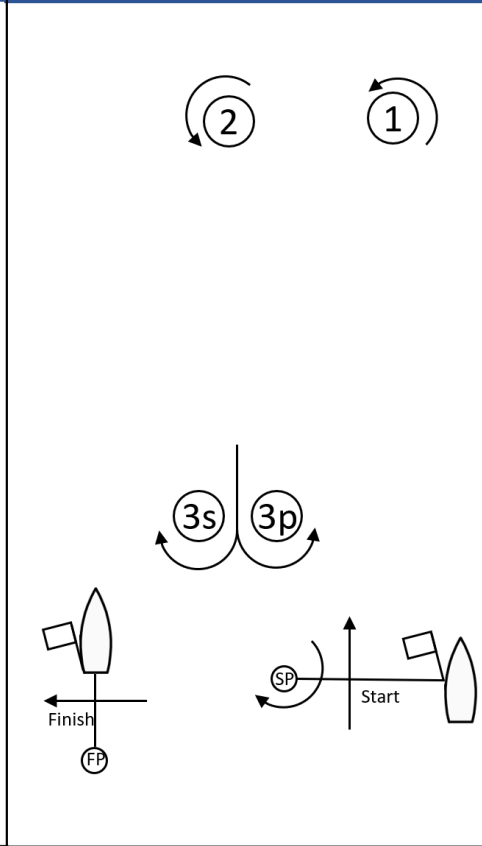
Sunday, August 2, 2026

TIME	EVENT	LOCATION
1100	Mandatory Competitors Briefing	Starting Line Room
1230	First Warning Signal	On the water
After Racing	Social & Awards Ceremony	Starting Line Room

ADDENDUM 'SLALOM COURSE & WINDWARD / LEEWARD COURSE'

MARK DESCRIPTION

1, 1p, SP orange MarkSetBot or red inflatable cone
 FP red inflatable cone
 1s, 2, 3, 3s / 3p, 4, 5 yellow MarkSetBot or yellow inflatable cones

Course 1 - SLALOM COURSE RACING		Course 2 - WINDWARD / LEEWARD COURSE RACING		Course 4 – WINDWARD / LEEWARD COURSE RACING	
					
Signal	Mark Rounding Order	Signal	Mark Rounding Order	Signal	Mark Rounding Order
1	Start – 1 – 2 – 3 – 4 – 5 - Finish	2	Start – 1p/1s – 3s/3p – 1p/1s – 3s – Finish	4	Start – 1 – 2 – 3s/3p – 2 – 3p – SP – Finish

ADDENDUM 'LONG DISTANCE COURSE' COURSE (3) THREE

(Kites and Windsurfers may join this race and all classes will start at the same time)

MARK DESCRIPTION

START: Between signal boat and an orange MarkSetBot.

RACE DECK (RD): water side of the St. Francis Yacht Club

ALCATRAZ ISLAND (ALC): is a passing mark (must keep to the north)

BERKELEY PIER "1": is a yellow cone set at the west end of the pier rounded to starboard

FINISH: Between StFYC RACE DECK and an orange MarkSetBot.

COURSE LONG DISTANCE RACE

Rounding order: (S) STARBOARD (P) PORT

Course 3: START, ALC (P), BERKELEY PIER #1 (S), ALC (S), FINISH

