



ROCK PAPER SCISSORS

Regatta & Tournament
August 29-30, 2026
Birmingham Sailing Club,
Birmingham, AL



NOTICE OF RACE

1. RULES

- 1.1** The regatta will be governed by the *rules* as defined in *The Racing Rules of Sailing* (RRS).
- 1.2** The following rule will be changed: rule 40. These changes will also appear in full in the Sailing Instructions. Additional rules may also be changed in the Sailing Instructions.

2. ELIGIBILITY & ENTRY

2.1 CLASSES

- 2.1.1** The regatta is open to all boats of the following classes:
International Optimist Dinghy: Red, Blue, White, and Green
(Coaching will be provided for Green Fleet)
ILCA/Laser: Full, Radial, 4.7
420 (spin and non-spin, scored separately)
O'pen Skiff
Sunfish
- 2.1.2** Eligible boats may enter by completing the registration form on the regatta website and paying the required fee.

2.2 AGE

Applicants for all classes must be rising high school seniors or younger at the start of the regatta. The Optimist's Red (13-15 years old), Blue (11-12 years old), and White Fleet (10 and under) assignments will be based on the competitor's age on the first day of the Regatta. Green Fleet is not assigned by age. Fleets may be condensed based on participation.

2.3 CLASS ASSOCIATION MEMBERSHIP

US Sailing recommends that competitors are members of their respective class associations (i.e., Optimist, ILCA/Laser, Club 420, etc.).

2.4 GREEN REGATTA

This regatta is a Sailors for the Sea "Clean Regatta." All competitors are encouraged to use refillable water bottles and recycle all appropriate items. Competitors are reminded of rule 55 which states that competitors "shall not intentionally put trash in the water."

3. BOATS/MEASUREMENT

3.1 Boat classes International Optimist Dinghy, Sunfish, O'pen Skiff, and Laser with crew of one including helmsman will be used.

Boat class 420 (non-spin and spin) with crew of two including helmsman will be used.

3.2 Competitors are encouraged to bring their own boats. A limited number of boats may be available to borrow. Please reach out to amylewissides@yahoo.com for charter information.

3.3 All boats must have a floating bowline of appropriate length.

3.4 Each competitor will be responsible for their boat being in compliance with the class rules.

4. FEES

\$65.00 single-handed fleets; includes racing fee and meals for skipper.

\$90.00 double-handed; includes racing fee and meals for skipper and crew.

Late fee of \$20.00 is applied after August 17, 2026.

Meals for competitors are included in registration fees. Extra meal tickets are available for purchase via the regatta website. \$12 for an extra lunch; \$18 for Saturday night dinner; or \$42 for a meal package for the entire weekend, which includes Saturday lunch, Saturday dinner, and Sunday lunch.

Official shirts will be for sale on the event page on the BSC website.

5. SCHEDULE OF EVENTS (Subject to Change by Regatta Committee)

Saturday, August 29th

9:00am-10:30am Check-in
11:00am Skipper's Meeting and lunch on shore
12:00pm First Warning
4:00-5:30pm Snacks, Drinks, and Sliding Fun
6:00pm Dinner
7:00pm Rock, Paper, Scissors Tournament

Sunday, August 30th

9:30am First warning, racing continues. No races will be started after 1:00pm.
1:00pm or after conclusion of last race: Lunch and awards

The Green Fleet schedule will be the same through lunch on Saturday. A separate Skipper's Meeting for Green Fleet sailors will be conducted, and the remainder of the schedule for that fleet will be announced.

- 6. ADVANCE REGISTRATION** - Competitors shall register in advance by registering online at <https://birminghamsailingclub.org/regatta/wPV1uoLG2E>. Entry deadline is August 17, 2026. Late fee of \$20.00 applies thereafter.
- 7. SAILING INSTRUCTIONS** - The Sailing Instructions (SIs) will be available online.
- 8. SCORING** – As many races as possible will be sailed. At least one race must be completed to constitute a series. If six or more races are sailed, a boat's worst score shall be discarded.
- 9. COACHES** - Coaches may be asked to register. Coaches who bring proof of US Sailing certification will be given appropriate access to participants and recognition. All coach / parent boats shall register with the Race Committee. Each coach / parent boat shall have a working VHF radio. The conduct of registered support boats and all other boats including spectator boats shall be governed by *The Racing Rules of Sailing* and the Sailing Instructions.
- 10. SAFETY** - A US Coast Guard approved lifejacket only that depends 100% on foam for flotation that is the appropriate size for the sailor shall be worn, properly fastened, at all times while launching and when sailing, except briefly when adding or removing clothing. Each competitor is urged to have a whistle attached to their PFD. Failure to comply with this rule may result in disqualification. A boat retiring from a race shall notify a Race Committee vessel before leaving the course, or when that is impossible, notify a race committee official immediately after arrival ashore.

An adult (parent, guardian, or designated adult) is responsible for the safety of each sailor. It is the responsibility solely of this adult to decide if the sailor should sail in the weather and conditions that might arise during the event. The adults supervising the competitors are ultimately responsible for the risks.

Parents not personally attending the event must ensure that another adult is authorized and designated to make these decisions for their sailor, and each competitor shall indicate in writing the parent or adult representative that shall be responsible for the competitor throughout the event.

The designated adult will accept full responsibility for all actions of the competitor during any activity related to the event. This includes onshore activities before, during, and after the Regatta.

- 11. MEDIA RIGHTS** - By participating in this regatta, a competitor (or parent/guardian if under age 18) grants to BSC and their sponsors the right in perpetuity to make, use, and show, from time to time at their discretion, any photographs, motion pictures and live, taped, or filmed television and other reproductions of him or her during the period of the competition without compensation.

12. DISCIPLINE

- 12.1** Per US Sailing Regulation 10.03 no participant or competitor shall use or possess, either on or off the water: 1) marijuana or any other substance if possession is illegal under state or federal law; or 2) any alcoholic beverages. This regulation is in effect from date and time of arrival through date and time of departure from the venue.
- 12.2** All competitors are expected to maintain the highest level of conduct throughout the entire event. When the Protest Committee, from its own observation or a report received from any source, believes that a competitor may have committed a breach of good manners, a breach of good sportsmanship, unethical behavior or conduct that may bring the sport into disrepute, it may call a hearing. After a proper hearing the penalty may range from a reprimand to dismissal from the regatta and additional action may be taken under RRS 69.
- 12.3** Hearings will be held generally in accordance with the recommendations of Appendix M5 of the RRS. The officers for hearing a violation will consist of the Chief Judge, acting as chairman of the hearing, the Protest Committee, and the event chair.

13. PRIZES

Unique prizes will be awarded to competitors placing first through third in all divisions. Medals will be awarded to all Green Fleet participants.

14. FURTHER INFORMATION

Contact regatta chair Amy Sides at amylewissides@yahoo.com or 205-242-4042 with questions.

ACCOMODATIONS

Camping is encouraged at the club. Hot showers are available. The club grounds, clubhouse, showers and facilities will be open on Friday night for regatta participants planning to camp.

PETS

Pets are not allowed in the immediate vicinity of the Clubhouse or patios. Otherwise, pets brought to the Club must be leashed or kenneled and observed by the owner as not to be a nuisance to other members or guests. Pet owners are responsible for cleaning up after their pets.

HOTELS, MOTELS and B&Bs

Quality Inn (205) 338-1314
Hampton Inn (205) 814-3000
Holiday Inn Express (205) 884-0047
Comfort Suites (205) 338-5570
Americas Best Value Inn (205) 338-3381
Lakefront Motel (205) 338-3344
Private House next to BSC (205) 999-8874
Treasure Island Bed & Breakfast (205) 525-5172

Host Club:

Birmingham Sailing Club
147 Merrill Road
Vincent, AL 35178
www.birminghamssailingclub.org
juniorsailing@birminghamssailingclub.org

Regatta Chair:

Amy Sides
205-242-4042
amylewissides@yahoo.com

Disclaimer of Liability

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.