

Paul Risseuw Pettipaug Junior Sailing Regatta
Optimist (RWB and Green), O'Pen Skiff, ILCA 6 and C420
August 1, 2026

Sailing Instructions

1. Clean Regatta:
 - 1.1. We are looking to be a clean regatta. To this end, we will be reducing waste by posting a few copies of sailing instructions at the club to be read by all before setting sail instead of running extra copies for sailors to take in boats, and by providing water refill stations for reusable water bottles sailors bring from home instead of providing one use plastic water bottles. We hope all participants will look for recycling opportunities at the club as well during the day. Thank you for participating in our clean regatta.
2. Signals made ashore
 - 2.1. Signals made ashore will be displayed from the flagpole north of the Pettipaug clubhouse.
 - 2.2. When Flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes.' This changes Race Signals AP.
3. Racing Area
 - 3.1. The racing area is on the Connecticut River near Pettipaug Yacht Club, Great Meadows Rd, Essex CT. Races will be held in 3 areas, see Regatta Chart (Appendix A):
 - Area "A": Optimists Green Fleet
 - Area "B": Optimists RWB and O'Pen Skiffs.
 - Area "C": ILCA 6 and C420's spinnaker/trapeze division and non-spinnaker/non-trapeze division.
 - 3.2. THE RIVER MAIN CHANNEL IS OUT OF BOUNDS FOR ALL RACING AREAS.
4. Class flags:

4.1. In Racing Areas “B” and “C” class flags will be used, which will be confirmed during the skippers meeting. Class flags will be displayed with or prior to the warning signal and will be removed at the starting signal.

5. The Course:

5.1. See Appendix B, Courses for the course options.

5.2. The appropriate corresponding letter(s) will be displayed on the Signal/Finish boat to indicate the course to be sailed.

- ‘W’ or “WL” for Windward-Leeward
- ‘T’ for Triangle.
- When number ‘2’ following the course option is displayed, it means the course is to be sailed twice around.

5.3. All marks are to be kept on the port (= left) side.

5.4. The start/finish line is “open”.

6. Marks:

6.1. The marks that will be used will be announced on the day of racing during the Skippers Meeting.

6.2. Offset marks may be used. When offset marks are used, this will be announced on the day of racing during the Skippers Meeting.

7. The Start:

7.1. Races will be started by using RRS Appendix U, Audible-Signal Racing System, signaled by a horn or whistle.

Time until start (mm:ss)	Description
3:15	5x short “Alert”
3:00	3x long “Warning”
2:00	2x long
1:30	1x long 3x short
1:00	1x long
0:30	3x short
0:20	2x short
0:10	1x short
0:05 through 0:01	1x short every second
0:00	1x long “START”

7.2. Recalls: Individual Recalls due to OCS will be signaled by sounding a single horn and displaying code flag X. The Race Committee may hail OCS boats, but abundance of hailing and failure to hear the Race Committee hail will not be grounds for redress.

7.3. General Recalls: General Recalls will be signaled by two horns and displaying code flag First Substitute.

7.4. Rule 30.1: If Rule 30.1 (‘around the ends rule’) is to be used, code flag I will be displayed with or prior to the warning signal and will be removed at the starting signal.

7.5. Rule 30.3: If Rule 30.3 (‘U flag rule’) is to be used, code flag U will be displayed with or prior to the warning signal and will be removed at the starting signal.

- 7.6. Rule 30.4: If Rule 30.4 ('Black flag rule') is to be used, a black flag will be displayed with or prior to the warning signal and will be removed at the starting signal.
 - 7.7. Optimists will be divided into Red, Blue and White fleets, by age on the day of the regatta. All fleets will be started and scored together. O'Pen Skiffs will have a separate start on the same course.
 - 7.8. All C420's, spinnaker/trapeze and non-spinnaker/non-trapeze, will start together. Selection of division is to be made at registration. ILCA 6 will have a separate start on the same course.
 - 7.9. The starting line will be between a staff displaying an orange flag on the race committee vessel and the course side of the starting mark.
 - 7.10. Boats are not in the class that is starting are required to stay clear of the starting area and boats that are preparing to start.
8. The Finish:
 - 8.1. The finishing line will be between a staff displaying a blue flag on the race committee vessel and the course side of the finishing mark. This changes RRS Race Signals.
9. Time Limits:
 - 9.1. A race may be abandoned if no boat finishes within 20 minutes.
 - 9.2. Any boat finishing more than 20 minutes after the first finisher will be scored DNF without a hearing. This changes RRS 35, A5.1 and A5.2.
 - 9.3. At the discretion of the race committee boats may be given their place on the racecourse.
10. Penalties:
 - 10.1. RRS Appendix V, Rule V1 will apply, this changes RRS 44.1 (Taking a penalty).
11. Safety Requirements:
 - 11.1. RRS 40.1 applies: a properly fitting USCG approved PFD, must be worn by each competitor while on the docks or on the water. Inflatable vests are prohibited.
 - 11.2. All class-required safety equipment is mandatory.
 - 11.3. All coach/support boats must have a working VHF radio and be prepared to help any sailor in need.
12. Protests:
 - 12.1. RRS Rule 60.4(a)(2) is changed to: "(2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or".
 - 12.2. Protests must be filed within 30 minutes after completion of the last race of the day. Protest flags are not required, but the protested competitor must be notified by the protesting competitor immediately after the incident (so that the competitor can do their turn(s)). The Race Committee must be notified about the protest at the finish of that race.
13. Communication during racing:
 - 13.1. The Race Committee and all Safety Boats may be contacted via VHF channel 69, and Race Director may be contacted on the same VHF channel.
14. Coaching:

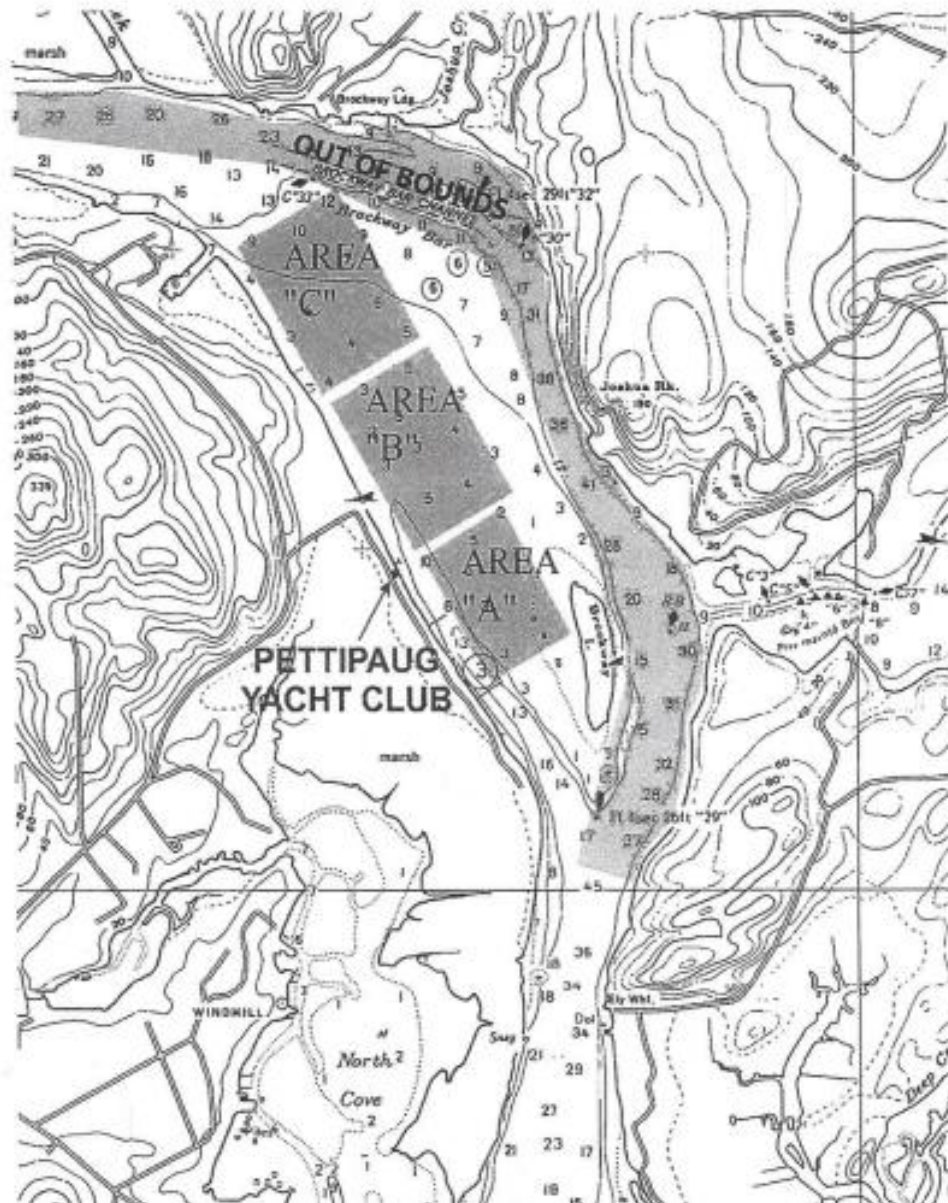
14.1. Coaching may only occur between races, away from the racecourse.

14.2. In the Optimist Green fleet, coaching during the race is allowed.

15. DISCLAIMER OF LIABILITY

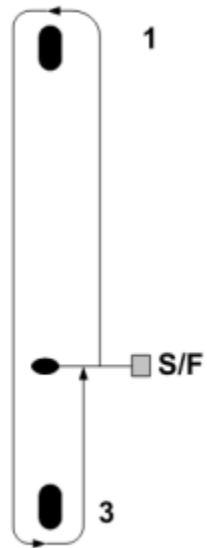
15.1. Competitors participate in the regatta at their own risk. See RRS 3, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after the regatta.

Appendix A: Regatta Chart



Appendix B: Courses

WL
(Modified Windward
Leeward)



T
(Modified Triangle)

