



Wednesday PHRF Series 2023

Nantucket Yacht Club



2023: July 5, July 12, July 19, July 26, Aug 2, Aug 9, and Aug 30

NOTICE OF RACE / SAILING INSTRUCTIONS

1 RULES

The series will be governed by the rules as defined in *The Racing Rules of Sailing*, including Appendix V (Alternative Penalties).

2 ENTRIES

- 2.1 This series is open to any boat at least 22 feet LOA with a current and valid PHRF-NE rating.
- 2.2 Boats without auxiliary motors, including IODs and Alerions, are eligible to compete in the first race held each race day.
- 2.3 All boats must be registered with Nantucket Yacht Club by no later than 1500 before the FIRST day they race. To register online: <https://theclubspot.com/register/regatta/BuVvECvbEK/class> or by email to racepro@nantucketyachtclub.org
- 2.4 All boats shall inform the Race Committee of their intention to race no later than 1600 on each race date by email to racepro@nantucketyachtclub.org. On any date where at least three boats have not declared by 1600 racing will be cancelled.
- 2.5 There will be one class, consisting of both Spinnaker and Non-spinnaker boats. Spinnaker or Non-Spinnaker must be declared upon registration. A boat may change their status by hailing the Race Committee (RC) over VHF no later than 1750 or before the warning signal of the first race.
- 2.6 All skippers should be members of US Sailing.
- 2.7 There is no charge to compete in this series.

3 NOTICES TO COMPETITORS

- 3.1 The RC will use VHF channel 73 to communicate with competitors.
- 3.2 Any change to the sailing instructions or other notices to competitors will be read aloud over VHF at 1745 on race day and posted on the Official Notice Board at <https://theclubspot.com/regatta/BuVvECvbEK/#notice-board> by 1500 on race day.
- 3.3 Postponement (flag-AP), shorten course (flag-S), general recall (1st Sub), and course change (flag-C) will be done over VHF without flags. This changes RRS 27.3, 29.2, 32.1, 32.2, and 33.

4 SCHEDULE

- 4.1 The first warning signal will be at 1800 every Wednesday, July 5 through August 30, excluding August 16 and 23.
- 4.2 Two races are scheduled each day through to August 2, with one race being scheduled on Aug 9 and Aug 30.
- 4.3 No races will be started after 45 minutes before sunset.

5 CLASS FLAGS

The class flag will be the Nantucket flag: 

6 RACING AREAS

The racing area is on Nantucket Sound near the entrance to Nantucket Harbor.

7 COURSES AND MARKS

- 7.1 Courses will be described verbally by the race committee over VHF prior to the warning signal for each race and will generally be some version of windward-leeward (or leeward-windward) and/or triangle.
- 7.2 Marks will be inflatable marks or other marks as designated verbally by the race committee.
- 7.3 All marks are rounded to PORT unless designated otherwise.
- 7.4 Starting and finishing marks will be orange inflatables.

8 THE START AND FINISH

- 8.1 The starting line will be between an orange flag on a staff on the signal vessel and the course side of a nearby inflatable mark.
- 8.2 Prior to the warning signal, the bearing and distance to the first mark will be announced. The mark may not be placed until after the start.
- 8.3 The race committee will attempt to hail over VHF the sail numbers of OCS boats after the starting signal. The failure of any boat to hear the hail and the order or omission of such hails shall not be considered an improper action or omission of the race committee under RRS 62.1(a).
- 8.4 The finishing line will be between an orange flag on the finish vessel and the course side of a nearby mark. The finish vessel may set up on either side of the finishing mark.

9 TIME LIMIT

The time limit for the first boat to sail the course and finish is 90 minutes. Boats still racing more than 30 minutes after the first boat finishes will be scored DNF. This changes RRS 35, A4 and A5.

10 PROTESTS

- 10.1 In addition to the requirements of RRS 61, a boat intending to protest shall inform the race committee promptly after finishing or retiring.
- 10.2 The time limit for filing a protest is 60 minutes after the last boat finishes the last race of the day. This time will be announced over VHF.
- 10.2 Protest forms may be obtained from the RC and shall be turned in to the race committee at the awards location (see 13.1) by the end of protest time.

11 SCORING

- 11.1 The Low Point Scoring System of Appendix A will apply modified such that boats who did not come to the starting area will not receive a score for that race. This changes RRS A5.2.
- 11.2 The rating for boats sailing Non-Spinnaker will be increased by +12 over their "Cruising" rating per the recommendation of PHRF-NE.
- 11.3 A boat's series score will be the total of her best race scores in the number of races needed to qualify for the series, excluding its other scores, divided by the number of races counted to get an average. A boat must start at least 50% of the races to be eligible for series prizes. For example, if 11 or 12 races are sailed, a boat would need to start at least 6 to qualify, and count its best 6.
- 11.4 Daily prizes will be awarded based on the best average score. For example, an IOD sailing one race placing 2 will have a daily average of 2.0, while a boat sailing both races and scoring 1,4 will have a daily average of 2.5.
- 11.5 One completed race constitutes a series.

12 SAFETY REGULATIONS

- 12.1 The race committee requests that prior to the warning signal of the first race that each boat shall check-in with, and be recognized by, the RC. This check-in shall include the number of people on board.
- 12.2 It is the responsibility of skippers and crews in all classes to wear U.S. Coast Guard approved life jackets whenever conditions warrant.
- 12.3 A boat that retires from the racing area shall notify the race committee over VHF as soon as possible.
- 12.4 All boats shall be equipped with operable running lights or a handheld navigational light option. It is recommended that each boat carry a lantern and GPS.
 - Option 1: https://defender.com/en_us/innovative-lighting-led-portable-bi-color-bow-navigation-light-560-1112-7
 - Option 2: https://defender.com/en_us/aqua-signal-series-27-led-portable-bow-navigation-light-27400-7

13 PRIZES

- 13.1 Prizes will be given to the first, second and third place winners immediately after racing each day at about 2030-2100 at the GHYC Fuel Bar. Daily prizes will be based on average for the day.
- 13.2 Series prizes for the top five overall will be awarded on the last race date.

14 DISCLAIMER OF LIABILITY

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The race organizer, Nantucket Yacht Club, Race Committee, Protest Committee, volunteers, employees or any other organization or official providing services at the request of any of the foregoing in connection with the events will not be responsible for damage to any boat or other property or the injury to any person sustained as a result of participation in this event. By participating in this event, each competitor (owners, skippers, crew, and support persons) agrees to release the race organizer and all persons and groups listed above from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

15 INSURANCE

Each participating boat shall be insured with adequate third party liability insurance.

Nantucket Yacht Club – Emergency Action Plan

1 South Beach Street, Nantucket MA, 02554 – (508) 228-1400 – NYC Monitors VHF 74

Sat/Sun One Design Racing and All Offshore Racing (PRF)

Response to Emergency

1. Safety/Mark boat responds, assesses situation and reports to PRO and RC on Maushope
2. Maushope staff hails USCG on VHF 16 and awaits instructions from them.
 - a. **If Life Threatening, CALL 508.457.3214 (NOT 911) – This dispatch center sends CG Boats from Brant Point, Helicopters for CATASTROPHIC INCIDENTS and EMS**
3. Be prepared to provide “4 Ps”
 - a. *Position*: Give position of emergency with as much detail as possible
 - b. *People*: number of persons involved
 - c. *Problem*: type of emergency and condition of individuals involved
 - d. *PFDs*: Is the victim wearing one?
4. Monitor situation and administer First Aid/CPR.
 - a. Send someone to meet/direct Emergency Services at Brant Point CG Station
 - b. If it is safe to do so, begin transporting injured individual toward **EMS MEET POINT: BRANT POINT COAST GUARD STATION**
 - c. Send someone to meet/direct Emergency Services at Brant Point CG Station
5. Monitor situation and administer First Aid/CPR if needed while awaiting USCG.
6. Debrief and Inform Key People: Sailing Master Justin Assad

Nantucket Yacht Club – Emergency Action Plan

1 South Beach Street, Nantucket MA, 02554 – (508) 228-1400 – NYC Monitors VHF 74

Sat/Sun One Design Racing and All Offshore Racing (PRF)

EMERGENCY CONTACT INFO	Phone	VHF
POLICE DEPARTMENT	911 / (508) 228-1212	
COTTAGE HOSPITAL	911 / (508) 825-8100	
Coast Guard (Brant Point)	(508) 228-0388	16
Harbormaster	(508) 228-7261	9 – info 14 - emergency
Nantucket Yacht Club	(508) 228-1400	Launch – 66 Racing - 72
NYC Sailing Office	(508) 228-1400 x 212	74
Justin Assad	(917) 846-6852	
Rebecca Vaughan	(917) 628-8424	
Nantucket Community Sailing	(508) 228-6600	67
Jetties Beach	(508) 228-5358	67
Great Harbor Yacht Club	(508) 325-5200	69
Hyline, Steamship, SeaStreak Ferries		13

AED Locations – Nantucket YC and GHYC

USGC Brant Point Station

NYC Clubhouse (Front desk)

Nantucket Boat Basin

NYC Race Committee Boat (*Maushope*)

All Town Lifeguarded Beaches

Town Dock/Harbormaster

GHYC Sailing Center, Launches, and Clubhouse