



Barrington Yacht Club

Pret Gladding Memorial Race
Sunday, May 18, 2025

Event Chair: Scott Walker (w_walker@brown.edu)
Race Committee Chair: Kristen Kreuzkamp (racing@barringtonyc.com)

Barrington Yacht Club invites you to participate in the 33rd Annual Pret Gladding Memorial Race for cruising class boats. This is an "around the island" pursuit race with starts staggered, according to PHRF rating. Crews consisting of family and friends are strongly encouraged.

Sailing Instructions (SIs)

The notation "[NP]," as it appears in a rule of the sailing instructions, means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1. RULES

- a) The event is governed by the rules as defined in The Racing Rules of Sailing (RRS)
- b) This is a non-spinnaker race
 - i. Only a single headsail, fully hanked to the headstay, is allowed, except during the rapid change of headsails
 - ii. Spinnakers, bloopers, etc. are prohibited
- c) RRS Appendix V applies

2. CHANGES TO SAILING INSTRUCTIONS

- a) Any change to the sailing instructions will be posted before 16:00 on the day it will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect

3. COMMUNICATIONS WITH COMPETITORS

- a) Notices to competitors will be posted to the Clubspot event page, which can be accessed from a link on <https://barringtonyc.com/race>
- b) On the water, the race committee will monitor and communicate with competitors on VHF radio channel 72
- c) [NP] From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make or receive voice or data communication that is not available to all boats

4. CODE OF CONDUCT

- a) [NP] Competitors and support persons shall comply with reasonable requests from race officials

5. SIGNALS MADE ASHORE

- a) Signals made ashore will be displayed on the main flagpole at Barrington Yacht Club
- b) When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in Race Signals
- c) Code flag "N" hoisted shall mean racing for that day has been canceled

6. SCHEDULE OF RACES

- a) The warning signal for all starts will be at 11:55 (class flag UP, with sound)
- b) The prep signal for all starts will be at 11:56 ("P" flag UP, with sound)
- c) The one-minute warning will be at 11:59 ("P" flag DOWN, with sound)
- d) The first start will be at noon (class flag DOWN, with sound)
- e) Subsequent starts will be on one-minute intervals

- f) The starting time for each yacht is as designated in the time schedule for PHRF ratings, as contained in Appendix A
- g) Each subsequent start signal will be raised approximately 30 seconds before the next signal without sound
- h) This schedule modifies RRS 26

7. CLASS FLAGS

- a) The class flag for the Pret Gladding Memorial Race is "G."

8. RACING AREA

- b) The racing area is the waters adjacent to Prudence Island

9. COURSE AND MARKS

- a) The course is around Prudence Island; the direction of rounding shall be clockwise
- b) The following marks are to be left to starboard, resulting in being left between the island and the competitor
 - i. C27 Sandy Point
 - ii. R/G south end of the island
 - iii. R8 west of Northwest Point
 - iv. R/G Providence Point

10. THE START AND THE FINISH

- a) The starting line is between Ohio Ledge Bell and the halyard, or staff, displaying an orange flag on the nearby Race Committee Boat
- b) The finish line will be between Ohio Ledge Bell and the halyard, or staff, displaying a blue flag on c) the nearby Race Committee Boat

11. PENALTY SYSTEM

- a) RRS 44.1, as modified by RRS V1 applies

12. TIME LIMITS

- a) The first boat to finish must do so by 17:00
- b) If the race start is postponed, the time limit will be extended by the same amount of time
- c) The Committee Boat will remain on station until the last boat has finished or 1/2 hour past the time limit

13. HEARING REQUESTS

- a) RRS V2, Post-Race Penalties, applies
- b) The Race Committee must be notified at the first reasonable opportunity after finishing
- c) Protests shall be delivered to Barrington Yacht Club by 20:00 on the Monday following the race
- d) Protests will be heard on the Wednesday following the race at 20:00 at the Barrington Yacht Club

14. SCORING

- a) Each yacht shall be scored in the position she finishes

15. SAFETY REGULATIONS

- a) [NP] Each boat shall carry a radio capable of transmitting and receiving VHF channels 13,16 and 72
- b) Except in an emergency or to report a protest or withdrawal, a boat shall neither make nor receive any type of electronic communication while racing that is not freely available to all boats
- c) The R/C may broadcast information concerning the race, course, safety, etc. Redress shall not be granted concerning this information or the lack of timeliness. This changes RRS 62.1(a). A yacht receiving this information from the R/C does not break RRS 41
- d) All boats shall actively monitor channel 72, the race channel, from their approach to the racing area until clear of the racing area after finishing
- e) The race committee shall continuously monitor VHF Ch 13, "Ship-to-Ship"
- f) All skippers are reminded they are responsible for their crew's safety and the requirement to help others in danger. RRS 1 and 4

- g) The Narragansett Bay race area is considered a "Restricted channel" for commercial traffic restricted in its ability to maneuver. In accordance with the preamble to Part 2, Race event participants must understand that they are subject to the Navigation Rules of the Road (COLREGS) between their vessel and one NOT racing. Participants do not automatically become "stand-on" or "privileged vessels" by virtue of participation in a marine event

16. OFFICIAL VESSELS

- a) Official vessels will be identified as those flying "RC" flags, at least while the course is being set up

17. TRASH DISPOSAL

- b) Trash shall be retained onboard for proper disposal ashore after racing

18. AWARDS

- c) Awards will be given as described in the NoR

19. RISK STATEMENTS

- a) RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event, each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia, or other causes
- b) The race area utilizes navigable waters shared by commercial traffic and other stakeholders
- c) The right of way of commercial traffic and other vessels restricted in their ability to maneuver is absolute
- d) [NP] A commercial vessel sounding a danger signal (5 or more horn blasts) shall subject the offending boat to be protested by the Race Committee



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Appendix A

Rating From	To	Start Time	Rating From	To	Start Time	Rating From	To	Start Time
282	+	1200						
278	281	1201	178	181	1226	78	81	1251
274	277	1202	174	177	1227	74	77	1252
270	273	1203	170	173	1228	70	73	1253
266	269	1204	166	169	1229	66	69	1254
262	265	1205	162	165	1230	62	65	1255
258	261	1206	158	161	1231	58	61	1256
254	257	1207	154	157	1232	54	57	1257
250	253	1208	150	153	1233	50	53	1258
246	249	1209	146	149	1234	46	49	1259
242	245	1210	142	145	1235	42	45	1300
238	241	1211	138	141	1236	38	41	1301
234	237	1212	134	137	1237	34	37	1302
230	233	1213	130	133	1238	30	33	1303
226	229	1214	126	129	1239	26	29	1304
222	225	1215	122	125	1240	22	25	1305
218	221	1216	118	121	1241	18	21	1306
214	217	1217	114	117	1242	14	17	1307
210	213	1218	110	113	1243	10	13	1308
206	209	1219	106	109	1244	6	9	1309
202	205	1220	102	105	1245	2	5	1310
198	201	1221	98	101	1246	-2	1	1311
194	197	1222	94	97	1247	-6	-3	1312
190	193	1223	90	93	1248	-10	-7	1313
186	189	1224	86	89	1249	-14	-11	1314
182	185	1225	82	85	1250	-18	-15	1315