



Santa Cruz Yacht Club
244 Fourth Ave
Santa Cruz, CA 95062
Email: racing@scyc.org

May Friday Evening Dinghy Racing
August 21, 2026
SAILING INSTRUCTIONS

1 Rules

- 1.1 The races will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 Rule 40.1 is in effect. Competitors shall wear coast guard approved personal flotation devices.
- 1.3 The races will be governed by the class rules of the individual classes. However, ILCA practice sails are permitted.

2 Notices to Competitors

- 2.1 Notices to competitors will be posted on the Official Notice Board located in the north window of the Regatta shed.

3 Signals Made Ashore

- 3.1 Signals made ashore will be displayed on the SCYC Regatta Office flagpole and posted in the north window of the Regatta Office.

4 Changes to the Sailing Instructions

- 4.1 Any changes to the sailing instructions will be posted on the regatta page by 0900 hours on race day except that any changes to the schedule will be posted by 1730 the day before it will take effect.

5 Schedule

- 5.1 There will be a competitors' briefing on August 21, 2026, at 1700 at the SCYC boat hoist.
- 5.2 The scheduled time of first race is 1800. No races will be started after 1930. As many races as possible will be sailed before 1930. The warning signal for each succeeding race will be made as soon as possible after the preceding race.

6 Racing Area

- 6.1 Racing will be around courses within one half mile of the Santa Cruz Small Craft Harbor.

7 Courses

- 7.1 Course 1 will be windward-leeward (finishing to leeward) around inflatable buoys.
- 7.2 Course 2 will be windward-leeward-windward-leeward (finishing to leeward) around inflatable buoys.
- 7.3 The course for each race will be announced verbally from the Race Committee boat.

8 The Start

- 8.1 The starting line will be between an orange flag on a staff on the Race Committee signal boat and a nearby temporary orange or red mark.
- 8.2 Appendix U will be used (3-minute dinghy starts). This replaces RRS 26. APPENDIX U is attached.
- 8.3 There will be separate starts for different eligible fleets. ILCA fleets may have combined starts at the discretion of RC dependent on the number of boats entered and will be announced at the competitors' briefing. The fleet starting will be announced verbally by the RC.

9 The Finish

- 9.1 The finish line will be the same as the starting line, between an orange flag on a staff on the Race Committee signal boat and a nearby temporary orange or red mark.

10 Penalty System

- 10.1 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

11 Checkout

- 11.1 A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

12 Scoring

- 12.1 One (1) race is required to be completed to constitute a regatta.
- 12.2 Classes formed by 2 or more boats of the same type shall be scored separately.
- 12.3 The low point system will be used as per RRS A4 except as modified below.
- 12.4 When fewer than five (5) races have been completed, a boat's score will be the total of her race scores.
- 12.5 When five (5) or more races have been completed, a boat's score will be the total of her race scores excluding her worst score.

APPENDIX U

AUDIBLE-SIGNAL RACING SYSTEM

This appendix is a US Sailing prescription.

US Sailing prescribes that when the sailing instructions so state the Audible-Signal Racing System described below shall be used. It is recommended primarily for small-boat racing or when race committee resources are limited. Rules in this appendix replace rule 26 and permit changes to Race Signals and the corresponding rules in Part 3.

U1 Any Race Signal may be made by hailing, in which case the corresponding visual signal may also be used, but not its designated sound signal.

U2 A series of short sounds may be made at any time to call attention to a hail or a visual signal.

U3 The starting sequence shall consist of the following sound signals made at the indicated times. These signals shall be timed from their commencement and shall govern, even if visual signals are also used.

Signal Sound Time before start

Attention Series of short sounds Before the warning

Warning 3 long 3 minutes

Preparatory 2 long 2 minutes

1 long, 3 short 1 minute, 30 seconds

1 long 1 minute

3 short 30 seconds

2 short 20 seconds

1 short 10 seconds

5 short, 1 second apart 5 – 4 – 3 – 2 – 1 seconds

Starting 1 long 0

U4 Individual recalls shall be signaled by hailing the sail number (or other distinguishing feature) of each recalled boat. Flag X need not be displayed.

U5 Failure to hear an adequate hail or sound signal shall not be grounds for redress. This changes rule 62.1.