



# 2026 Mahone Bay Challenge Cup

August 1st & 2nd, 2026  
Lunenburg Yacht Club



## Sailing Instructions

*The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.*

### 1 RULES

The event is governed by the rules as defined in *The Racing Rules of Sailing*.

### 2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 1000 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 2.2 As allowed in RRS 90.2c, oral changes to a sailing instruction may be made on the water and will be done using an 'All Competitor' broadcast on VHF 72.

### 3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the regatta website (<https://lyc.ca/regatta/j79ZqcjuH6>) official notice board and may be posted on the notice board located in the LYC Clubhouse near the driveway entrance.
- 3.2 On the water, the race committee intends to monitor and communicate on VHF radio channel 72. Competitors are strongly advised to have a working VHF monitoring channel 72 at all times.
- 3.3 [DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

### 4 CODE OF CONDUCT

[DP] Competitors and support persons shall comply with reasonable requests from race officials.

### 5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore shall be displayed from the LYC flagpole located at the northeast Corner of the main clubhouse.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in Race Signals AP

## **6 SCHEDULE OF RACES**

### **6.1** | <u>Time</u> | <u>Event</u> | |-------------|--------------| |-------------|--------------|

*Saturday, 1 August*

1030 Competitors Meeting

1200 First warning

*Sunday, 2 August*

1200 First warning

1700 Awards

6.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

6.3 On the last scheduled day of racing no warning signal will be made after 1530.

## **7 CLASS FLAGS**

| <u>Class</u> | <u>Flag</u> |
|--------------|-------------|
| J105         | Class Flag  |

## **8 RACING AREA**

The intention is to run the races on the waters of Mahone Bay to the east of Bachmans Shoal Buoy (ME60), but will depend on wind and weather. The map in Addendum B shows the approximate race area and Lunenburg Yacht Club.

## **9 COURSES**

The courses will consist of windward/leeward. The course diagram for windward/leeward is indicated in Addendum A.

## **10 MARKS**

10.1 The start and finish marks will be a yellow pin.

10.2 Windward mark and leeward gate marks will be yellow inflatable tetrahedrons.

10.3 Offset mark 1a will be a yellow pin.

10.4 Change marks will be orange inflatable tetrahedrons. If a change mark is used, there will be no offset mark.

10.5 When one gate mark is missing, the remaining mark shall be left to port.

## **11 THE START**

11.1 Races will be started using RRS 26.

11.2 The starting line is between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark.

11.3 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number on VHF 72. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 62.1(a).

11.4 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

## **12 CHANGE OF THE NEXT LEG OF THE COURSE**

- 12.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12.2 Changes to a leg of the course that begins at a leeward rounding mark or gate per RRS 33, if not signalled from a separate RC boat at the gate, will be signalled from the bow of the signal boat and announced on VHF 72,.

## **13 THE FINISH**

- 13.1 The finishing line for windward/leeward races is between a staff displaying a blue flag on the finishing boat at the port end and the course side of the starboard end finishing mark.

## **14 TIME LIMITS [AND TARGET TIMES]**

- 14.1 The Mark 1 Time Limit, Race Target Times and the Finishing Window for Windward/Leeward races are shown in the table below.

| Mark 1 Time Limit | Race Target Time | Finishing Window |
|-------------------|------------------|------------------|
| 30 minutes        | 50 min (J105)    | 15 minutes       |

- 14.2 The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.
- 14.3 Failure to meet the Target Time will not be grounds for redress. This changes RRS 61.1(a).

## **15 HEARING REQUESTS**

- 15.1 The protest time limit is 1 hour after the signal boat docks.
- 15.2 Hearing request forms are available at the LYC Clubhouse Bar.
- 15.3 Hearing times and location will be posted no later than 30 min after the end of the protest time limit on the LYC Official Notice Board.

## **16 SCORING**

- 16.1 2 races are required to be completed to constitute a series.
- 16.2 6 races are scheduled to be sailed with the intention to run up to 4 races per day.
- 16.3 (a) When fewer than 5 races have been completed, a boat's series score is the total of her race scores.  
(b) When 5 or more races have been completed, a boat's series score is the total of her race scores excluding her worst score.

## **17 SAFETY REGULATIONS**

[DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

## **18 HAUL-OUT RESTRICTIONS**

- 18.1 [DP] Boats shall not be hauled out during the event except with and according to the terms of prior written permission of the race committee.
- 18.2 [DP] Keelboats shall not be cleaned below the waterline by any means after 2000 on Friday July 31st.

## **22 PRIZES**

Prizes will be awarded to the top three teams in each class and the winner of each class shall be awarded the Mahone Bay Challenge Cup.

## **23 RISK STATEMENT**

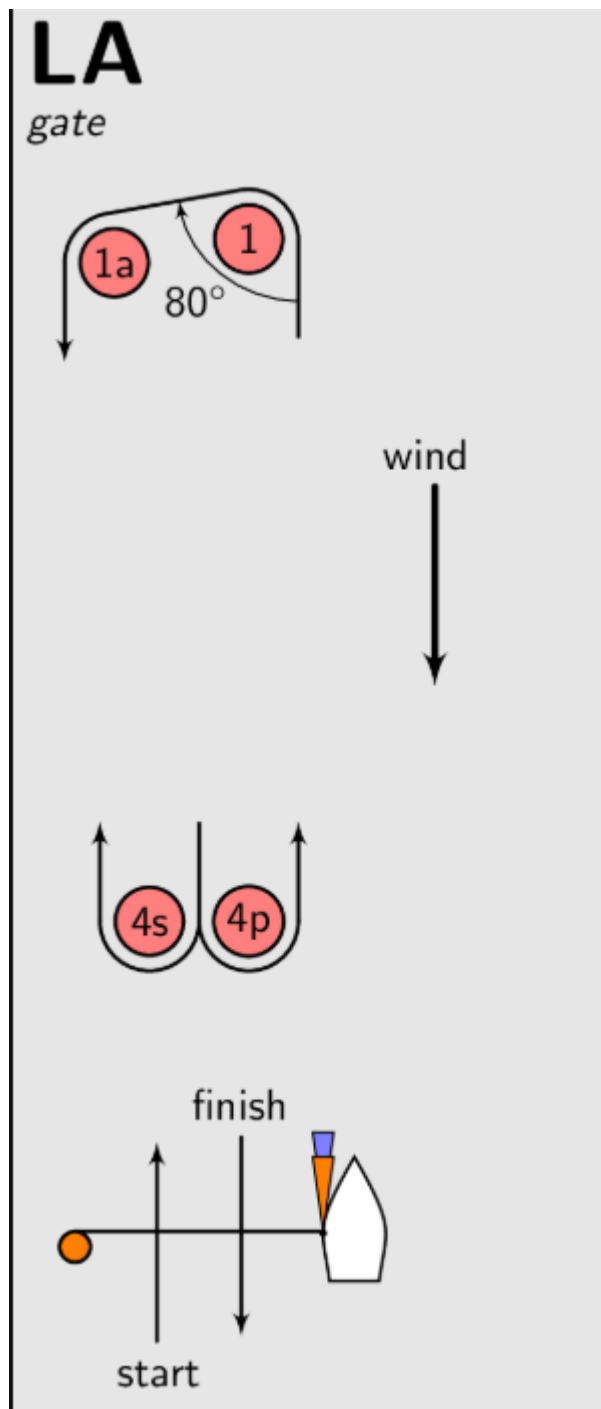
RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury.

**Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

## **24 FURTHER INFORMATION**

Additional information may be provided via the Mahone Bay Challenge Cup Website (<https://lyc.ca/regatta/j79ZqcjuH6>), or by contacting the Regatta Chair at [onedesignregatta@lyc.ns.ca](mailto:onedesignregatta@lyc.ns.ca)

## ADDENDUM A



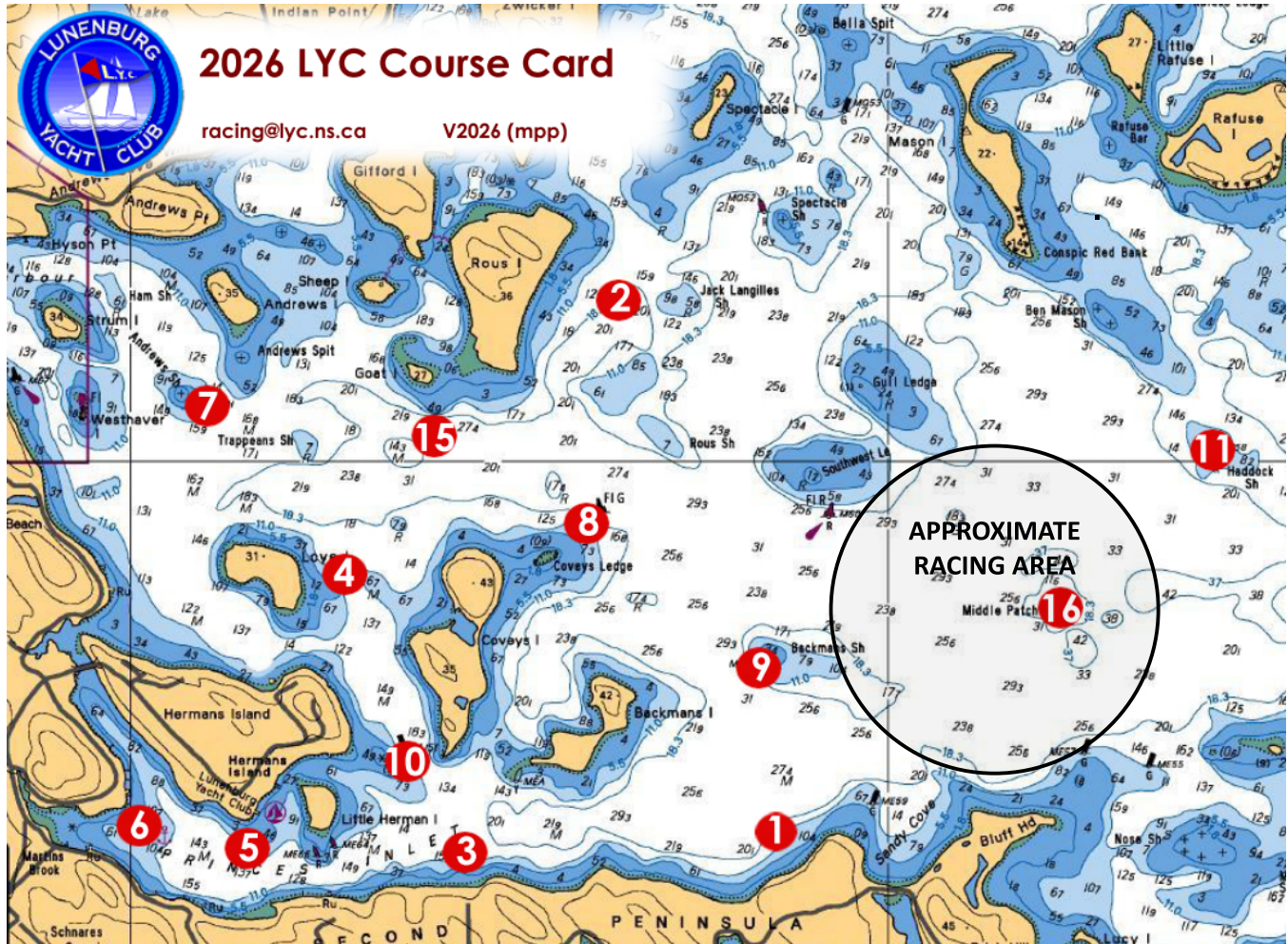
| Signal | Mark rounding order |
|--------|---------------------|
|--------|---------------------|

|            |                         |
|------------|-------------------------|
| <b>LA1</b> | Start-1-1a-4s/4p-Finish |
|------------|-------------------------|

|            |                              |
|------------|------------------------------|
| <b>LA2</b> | Start-1-1a-4s/4p-1-1a-Finish |
|------------|------------------------------|

|            |                                         |
|------------|-----------------------------------------|
| <b>LA3</b> | Start-1-1a-4s/4p-1-1a-4s/4p-1-1a-Finish |
|------------|-----------------------------------------|

## ADDENDUM B



### LEGEND

- #1 - LYC Mark (near Second Peninsula, SE of Backmans Island)
- #2 - LYC Mark (east side of Rous Island)
- #3 - LYC Mark ("Eisenhauers" - near Second Peninsula, South of Coveys Island)
- #4 - LYC Mark (east side of Loye Island)
- #5 - LYC Mark (outer mark of start line)
- #6 - LYC Mark ("MacDonalds" - west end of Princess Inlet)
- #7 - Andrews Shoal (MH)
- #8 - Coveys Ledge (M61)
- #9 - Bachmans Shoal (ME60)
- #10 - Seal Ledge (MJ51)
- #11 - Haddock Shoal (M58)
- #12 - East Shoal (MC55)
- #13 - Chockle Cap (M55)
- #14 - Not used
- #15 - LYC Mark (Goat Island)
- #16 - Middle Patch (M)
- #17 - Hobson's Cardinal (ME)