



Sailing Instructions

INTERNATIONAL ONE-DESIGN CLASS 2025 WORLD CHAMPIONSHIP

September 6th through 12th, 2025

Organized by:

The IOD World Class Association, Northeast Harbor IOD Class & The Northeast Harbor Fleet

The Notation “[DP]” means that the penalty for a breach of the rule may, at the discretion of the protest committee, be less than disqualification.

1. RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 All prescriptions to the US Sailing RRS will apply, except:
The US prescriptions to RRS 63.1, RRS 63.5(d) and Appendix G2.
- 1.3 The IOD Class Rules shall apply.
- 1.4 The IOD World Class Association Championship Regulations (CR) shall apply.
- 1.5 An International Jury will be appointed in accordance with RRS 91.b.

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted by 0830 on the day it takes effect, except that any change to the schedule of races will be posted by 2000 on the day before it takes effect.
- 2.2 Changes to a sailing instruction may be made on the water from the RC Boat on (U.S.) Channel 65.

3. NOTICES AND COMMUNICATIONS WITH COMPETITORS

- 3.1 Notice(s) to competitors will be posted on the Official Notice Board located adjacent to the Flagpole at The Northeast Harbor Fleet Clubhouse.
- 3.2 Notice(s) to competitors may also be posted electronically on, [WhatsApp](#) (**‘Announcements’** Group or, **‘Jury’** Group). Electronic WhatsApp notices are unofficial and provided solely to the competitors as a convenience. Failure of the RC to post an electronic notice or a competitor’s failure to receive an electronic notice shall not be grounds for redress or reopening and does not change or relieve a Boats responsibility to monitor the ‘Official’ Notice Board.

4. RADIO COMMUNICATIONS [DP]

- 4.1. All boats shall monitor VHF (U.S.) Channel 65 during the race day and while on the water.
- 4.2. On the water, the Race Committee intends to monitor VHF (U.S.) Channel 65 and as a courtesy, it may attempt to communicate with competitors on this channel for safety and/or race management purposes. RC radio communications are unofficial and their use, lack thereof or a competitors inability receive any such transmissions shall not be grounds for redress.
- 4.3. While *racing*, a boat shall not make radio transmissions or receive radio communications from any source which is not available to all boats, except for emergencies. This restriction also applies to cellular telephones and other electronic devices.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed at the Fleet Clubhouse flagpole.
- 5.2 When flag AP is displayed ashore with two sounds,
 - a). '1 minute' is replaced with, 'the warning signal will be made not less than 60 minutes after the AP flag is lowered' and,
 - b). Boats shall not leave the Harbor until Flag AP is lowered with one sound.

6. SCHEDULE OF RACES

6.1 Intended Racing Schedule:

Saturday, September 6

1630 - 1830 Registration at NEHF

Sunday, September 7

0900 – 1100 Draw for boats/Competitors Meeting

1200 Practice Race followed by Race 1

Monday, September 8

1000 1st Warning Signal - Racing all day

Tuesday, September 9

1000 1st Warning Signal - Racing all day

Wednesday, September 10

1000 1st Warning Signal - Racing all day

Thursday, September 11

1000 1st Warning Signal - Racing all day

Friday, September 12

1000 1st Warning Signal

6.2 No more than three (3) races will be sailed on any one day.

6.3 On the last scheduled day of racing, no attention signal will be made after 1430 hours.

7. RACING AREA

- 7.1 Racing will be conducted in the waters of the Great Harbor, the Western Way, the Eastern Way, Somes Sound, and waters surrounding Mount Desert Island.
- 7.2 The race committee will broadcast the starting area on VHF Radio (U.S.) Channel 65 for the first race of the day starting at 0900 on each race day.
- 7.3 This starting area will also be posted by 0900 each race day on the Official Notice Board.

8. COURSES

- 8.1. No later than the warning signal, courses will be displayed vertically (first mark on top to the last mark at the bottom) on the course display rack located on the Race Committee Signal Boat.
- 8.2. Course marks shall be rounded to port, unless the letter "S" is placed beside any mark letter(s) on the course display rack. Those specific marks shall then be rounded to Starboard.
- 8.3. Courses may include turns around islands and shoals as well as Government Marks and/or NEH Fleet Racing Marks.

9. MARKS AND GOVERNMENT BUOYS

- 9.1. A Race Area Chart with Marks will be provided for each entry*. Additional copies of the Race Area Chart with Marks may be available at the Fleet Clubhouse.
() The Race Area Chart is unofficial and is not to be relied on for navigational purposes.*
- 9.2 Racing Marks are described in Addendum 'A' of the Sailing Instructions and may be posted online [here](#)
- 9.3 When not designated as a 'mark' of the course, Government buoys 'E', 'P', 'I', 'R' and 'Q' may be navigated by passing them on either side. However, when any of these buoys are posted as 'mark' of a course, a boat shall round it per RRS 28.1.
- 9.4 All other Government buoys shall be navigated as marked at all times. However, when any of these buoys are posted as 'mark' of a course, a boat shall round it per RRS 28.1.
- 9.5 An orange inflatable buoy may be attached to the NEHF Racing marks to increase visibility, and if so attached, will be considered part of the Mark.

10. OBSTRUCTIONS AND RESTRICTED LOCAL AREAS

- 10.1 Purple Buoys may be set along the Manset Shore (ref. Race Area Chart) to indicate areas of unusually low water.
- 10.2 When set and the RC Boat displays Code Flag F at the Warning Signal,
 - a). the purple buoys are defined as obstructions,
 - b). imaginary lines drawn between each of these purple buoys and the closest point ashore are also designated as obstructions, restricted areas and,
 - c). Boats shall not cross any of these lines while racing.
 - d). Boats failing to adhere to SI 10.2 shall immediately retire.

11. STARTING

11.1. The starting sequence will be as follows and changes RRS 26:

Minutes Before Starting Signal	Means	Visual Signal	Sound Signal
6	Attention	Orange Flag Starting line flag(s) displayed	1 sound
5	Warning	IOD Class flag displayed	1 sound
4	Preparatory	Flag P (or I or Z or Z with I or U or Black flag) displayed	1 sound
1	(one minute)	Preparatory signal removed	1 sound
0	Start	IOD Class flag removed	1 sound

11.2. The starting line will be between the Race Committee Signal Boat mast displaying an orange flag and the course side of a yellow or orange inflatable buoy or MarkBot on the port-end of the starting line.

11.3. A boat that does not start within 10 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.

12. CHANGE THE NEXT LEG OF THE COURSE

12.1 A change of the next leg of the course will be signaled by the display of Code Flag C and repeated sound signals by a Race Committee boat before the first boat begins the next leg of the course. All remaining marks of the course will be displayed by the RC and broadcast on VHF (U.S.) Channel 65. This changes RRS 33.

13. THE FINISH

13.1. The finishing line will be between a staff displaying a blue flag on a Race Committee Boat and the course side of the nearby finishing mark ('SF').

14. PENALTY SYSTEM

14.1. Appendix V1 shall apply. This changes RRS 44.1.

15. TIME LIMITS

15.1 The time limit for the first boat to sail the course and finish shall be 2.5 hours from the starting signal.

15.2 Boats failing to finish within 30 minutes after the first boat sails the course and finishes shall be scored Did not Finish without a hearing. This changes RRS 35, A5.1 and A5.2.

16. HEARING REQUESTS

- 16.1** The hearing request time limit is :45 minutes after the RC boat docks. This time will be posted on the Official Notice Board.
- 16.2** Hearing request forms are available at the RC boat 'Shearwater', from the jury at the Northeast Harbor Fleet Clubhouse or electronically [here](#)
- 16.3** Hearing requests and scoring inquiries shall be delivered within the appropriate time limit,
- a). Electronically via [WhatsApp](#) ('Jury' Group)
- OR -
 - b). Paper requests and inquiries shall be presented to a member of the Protest Committee at or near the Fleet Clubhouse or delivered to the Race Office.
- 16.4** The protest committee will schedule hearings at its discretion each day and in the order it determines. The hearing schedule shall be posted on the Official Notice Board and *may* also be posted online on [WhatsApp](#) ('Jury' Group) no later than :15 minutes after the close of the posted hearing request time limit. This constitutes notification required by RRS 63.1.
- 16.5.** Appendix T - 'Arbitration' will apply.
- 16.6** Hearings will be held in the protest room at the Fleet Clubhouse.
- 16.7** The right of appeal from a protest committee decision is denied as provided in RRS 70.3(b).

17. SCORING

- 17.1** Scoring will be as described in-Appendix A.
- 17.2** Ten races are scheduled, of which four must be completed to constitute a series.
- 17.3** A boats series score is the total of her race scores.
- 17.4** If six races are completed, a boats worst score shall be excluded. This changes Appendix A2.1.

18. SAFETY [DP]

- 18.1** All personnel under the age of 18 and all personnel who are sailing with two or fewer people on board shall wear a Type III or Type V PFD while racing.
- 18.2** Boats are equipped with a means of retrieval for a person overboard. These ladders shall remain with the boat during boat rotations.
- 18.3** A competitor shall not fly a spinnaker when code flags H over A are displayed at the warning signal or when these code flags are displayed with repetitive sounds at a turning mark.
- 18.4.** When code flags H over L are displayed with repetitive sounds at a turning mark, spinnakers may be flown thereafter.

19. BREAKDOWNS AND EQUIPMENT REDRESS [DP]

- 19.1.** A competitor shall fly a yellow flag on their backstay as soon practicable after they experience a breakdown that affects their finish position.
- 19.2.** All competitors experiencing a breakdown are required to attempt to remedy the situation and continue racing if there is no likelihood of further damage to the boat or injury to the crew.
- 19.3.** Tearing sails, dropping poles overboard, or breaking pole end fittings shall be specifically exempted from relief.
- 19.4.** The Northeast Harbor IOD Class Boatswain shall be allowed to represent the RC in redress hearings regarding these matters of equipment.
- 19.5** RRS 61.4(b) is modified to add 61.4(b)(6), "a breakdown of a boat through no fault of the team sailing her"

20. BOAT ASSIGNMENTS AND ROTATIONS

- 20.1.** At 0900 on Sunday, September 7, teams shall draw for the boats they will sail in the series. If a team is not present, the RC will draw their boat assignments on their behalf.
- 20.2.** The spinnaker drawn at the boat draw will stay with the team throughout the series
- 20.3.** Northeast Harbor helmspersons shall not be allowed to sail in their own personal boats.

21. DAMAGE REPORTS AND PENALTIES [DP]

- 21.1** After every race, Each Skipper shall complete and submit a Damage Report as soon as practicable for the boat they sailed in that Race or were in possession of when the damage occurred. The Damage Reports shall be submitted on-line via [WhatsApp](#) ('**Damage Report**' Group). The PRO may delay the start of the subsequent race until Damage Reports have been received from all Boats.
- 21.2** If damage needs to be addressed on the water during a boat rotation the skipper shall clearly describe the damage to the NEH Fleet boatswain in the rotation boat as soon as practicable.
- 21.3** The damage report will comprise a declaration signed by the skipper accurately describing any damage, however minor. Missing, incomplete, or inaccurate damage reports may be penalized by the jury up to and including disqualification from one or more races.

22. SPARE BOATS AND DAMAGE

- 22.1** The NEH Fleet will supply at least one spare boat.
- 22.2** The NEH Fleet will withdraw damaged boats from the rotation, allocate the spare boat(s) and adjust the rotation sequence at its sole discretion unless and until the damaged boat(s) become available.
- 22.3.** If damage that caused a boat to be withdrawn from the rotation has been attributed to a team by the jury, then that team shall not compete in any further races until the damaged boat or a replacement boat becomes available. That team will be scored DNC for all missed races.
- 22.4.** If the damage that caused a boat to be withdrawn from the rotation was not completely and accurately reported on a damage report, the last team to use the damaged boat shall not compete in any further races until the damaged boat or a replacement boat becomes available. That team will be scored DNC for all missed races.
- 22.5.** A team scheduled to sail a boat that has been withdrawn and not replaced by a spare boat may receive redress, which may be the average of all races sailed in the Championship, for all races missed.
- 22.6.** If a boat incurs a breakdown during a race through no fault of the team sailing her, that team may file for redress in accordance with CR 7.4 and RRS 61.

23. GREEN REGATTA [DP]

- 23.1.** It is the intent of the organizers that this event be registered as a Platinum level Clean Regatta as defined by Sailors for the Sea. As such and in addition to RRS 47, all competitors and guests shall adhere to the following:
 - (a). No single-use water bottles. Refill stations will be available on the Fleet grounds, and on the changing boats.
 - (b). "Pack in, Pack Out" rules apply, that is, all materials brought to the Fleet must be removed from the Fleet by the Competitors.
 - (c). No plastic straws, glasses, cups, plates, eating utensils or mugs will be used on Fleet grounds.

Addendum 'A'
MARK DESCRIPTIONS*

List of marks from which the course(s) will be selected:

(*) NOTES: Listed below in **RED**, Racing Marks (E,P,I,R,Q) are the Government buoys referenced in SI 9.3. Per SI 9.5, orange inflatable buoys may be attached to 'NEHF Racing Marks' for visibility.

MARK	TYPE / PURPOSE	DESCRIPTION	LOCATION
1	Windward Mark	Yellow, Orange or Green Inflatable – or Markbot	Bearing Displayed by RC
2	Weather Off-set Mark	Yellow, Orange or Green Inflatable – or Markbot	Approximately 7-boatlengths from a Windward Mark
3	Leeward Mark	Yellow, Orange or Green Inflatable – or Markbot	Downwind from Mark 1
B	Government Buoy	Red Buoy, Gong R "2"	S.E. of East Bunkers Ledge
BL	Government Buoy	Red Buoy, RN "6"	Bowden Ledge, Seal Harbor
C	NEHF Racing Mark	Red & White vertical Cylinder "C" w/White flag*	N.E. of Spurling Cove
CL	Government Buoy	Red Buoy, RN "6"	Cow Ledge, Western Way
C3	Government Buoy	Green Buoy, GC "3"	N.E. of Baker Island
D	NEHF Racing Mark	Red & White vertical Cylinder "D" w/White flag*	E. of Manset Shore
E	Government Buoy	Red Buoy, R Bell "4",	W. of Cranberry Ledge
F	Government Buoy	Green Buoy, GC "7"	E. of Harding Ledge
G	Government Buoy	Green Buoy GC "1"	E.S.E. of Baker Is.
GG	Island	Island	Greening Island
GL	NEHF Racing Mark	Red & White vertical Cylinder "GL" w/White flag*	South of Gilpatrick Ledge
H	Government Buoy	Red Buoy, RN "6",	S. of Eastern Point, Greening Island
I	Government Buoy	Red Buoy, RN "8"	Long Pond Shoal, Eastern Way
IDR	Government Buoy	Green Buoy, GC "1"	Islesford Dock Restaurant (Outer Can)
J	Government Buoy	Green Buoy, GC "3A",	Lewis Rock, N. of East Bunkers Ledge
L	NEHF Racing Mark	Red & White vertical Cylinder "L" w/White flag*	N.E. of Seawall Point
LG	Leeward Gate	Yellow, Orange or Green Inflatables – or Markbots	Leeward Gates, Pass between marks
M	Government Buoy	Green Buoy, GC "5",	Western Way
NE	Government Buoy	Red Buoy, RN "4"	Northeast Harbor Entrance
O	NEHF Racing Mark	Red & White vertical Cylinder "O" w/White flag*	North End of Somes Sound
P	Government Buoy	Green Buoy, FG "5",	Entrance to Somes Sound
Q	Government Buoy	Red Buoy, FI R "8" Gong	N.N.W. of Spurling Point, Great Cranberry Is.
R	Government Buoy	Red Buoy, FI R Bell "2"	Spurling Rock, S. of Sutton Is.
SF	Start / Finish Mark	Yellow, Orange or Green Inflatable – or Markbot	Start/Finish Pin
SH	Government Buoy	Red Buoy, FI R "4" Bell	Seal Harbor
SU	Island	Island	Sutton Island
T	Government Buoy	Red Buoy, FI R "8", Greening Ledge	S.W. Harbor
W	Government Buoy	Red Buoy, FI R Bell "10",	Bear Island Bell
WG	Windward Gate	Yellow, Orange or Green Inflatables – or Markbots	Pass between marks
X	NEHF Racing Mark	Red & White vertical Cylinder "X" w/White flag*	Norwood Cove NW of Greening Is
Y	Government Buoy	Red Buoy, FI R Bell "2"	Entrance to N.E. Harbor