



Cedar Point Yacht Club

ILCA/Laser & RS Aero Fall & Spring Frostbiting Series, and Hangover Bowl

NOTICE OF RACE / SAILING INSTRUCTIONS

Version 5

1 RULES

1.1 These series will be governed by the rules as defined in the current *Racing Rules of Sailing*.

1.2 The Sailing Instructions of Cedar Point Yacht Club (CPYC) will not apply. 1.3 The National Prescriptions will apply except that:

- the word "shall" in 63.2 (b) and (c) is changed to "may";
- rule 82 shall not apply.

1.4 For RS Aeros, the rules of the RS Aero Class Association will apply. For Lasers, the Rules of the ILCA will apply, except as follows

- Any class legal or non class legal sail that is built according to the ILCA handbook and builders manual may be used. The sail must be made of Dacron, mass produced and readily available.

- Any class legal or non class legal hull that is built according to the ILCA handbook and builders manual may be used. The hull must be mass produced and readily available.

2 ELIGIBILITY AND ENTRY

This Series is open to CPYC members and non members. Sailors shall wear a wet suit or a drysuit, and a Type III PFD or other approved buoyancy aid at all times on the water (except briefly while changing). Competitors must be able to swim and right a capsized boat and be able to climb into the righted boat from the water.

Sailors must comply with following health restrictions at all times:

- <https://portal.ct.gov/Coronavirus/Covid-19-Knowledge-Base/Latest-COVID-19-Guidance>
- <https://portal.ct.gov/coronavirus/travel>

Registration implies that a sailor accepts and agrees to comply with the above health restrictions. Only sailors who have registered and paid up will be allowed to sail. Drop-ins will not be allowed.

3 DIVISIONS

3.1 For RS Aeros

All RS Aeros will start together, with the exception that at the discretion of the Fleet Captain or their delegate and in consultation with the PRO, 5 and 6 Rigs may be allowed to start one or two minutes early.

There will be four divisions for RS Aeros based on rig size.

1. Open division: Sailors may use whatever class legal rig - 5, 6, 7 or 9 that they want on any given day. Boats will be scored based on their finishing positions without any handicapping.
2. 5, 6, 7 rig divisions: Boats sailing a 5, 6, or 7 rigs on any given day will also be scored in those rig divisions for that day.

3.2 For Lasers

There will be two divisions for the Lasers for the Radial and Standard rig. All Lasers will start together and will be scored together.

4 FEES

Membership Category	Full Series (Fall and Spring)	Single Series
Category 1 - CPYC Regular Member, Associate Member or Young Adult Member	\$275	\$165
Category 2 - Non-Member, CPYC Senior Member, Honorary Member, Limited Associate Member or Non-Resident Member	\$440	\$275
Junior (25 and under)	\$242	\$138

5 PAYMENT

5.1 Payment will be collected online using Clubspot Regatta Registration.

5.2 Available payment options include credit/debit card, bank transfer, or members can charge their house account which will be reflected in the next invoice.

5.3 Credit/debit card payments incur an additional 3% card processing fee.

6 STORAGE

6.1 Boats that sign up for a single Series may store their boats at CPYC for the duration of that Series. However, such boats must be removed from CPYC premises on the final day of that series as noted below in 6.4.

6.2 Boats that pay for both Fall and Spring series may also store their boats at CPYC between the Fall and Spring Series.

6.3 Registration must be completed and fees paid in full before arrival of boats. Owners must check in with fleet captain or representative upon arrival and receive a season tag to affix to their boat before sailing. Owners' contact information must be on boats, trailers and other equipment. Failure to comply may result in administrative fees up to \$300.

6.4 Non-member and Junior boats would be expected to arrive no earlier than the day before the Series starts and must be removed from CPYC premises on the last day of that Single Series or Full Series (Fall and Spring) for which they have registered. Failure to remove boats will incur fees of \$120 per week. Two (2) days will comprise a week.

6.5 Member's boats registered for summer storage or registered for the Junior Sailing program can remain in the drystack after the frostbite season ends.

6.6 All boats stored at CPYC require proof of insurance which is collected during registration. Please note most insurers already provide small craft coverage under their standard homeowners policy or renters insurance policy.

7 REGISTRATION

7.1 Sailors must complete registration and electronically sign the waiver before racing in order to be scored for the day or series.

[Link to Registration](#)

8 QUALIFYING

8.1 In order to be scored at all from the second weekend onwards, a boat must have signed for RC duty at [RC sign up calendar](#) during registration. Only experienced sailors may sign up for PRO. Please get in touch with Betsy Sorensen at esoren1@aol.com if you would like to be PRO.

8.2 A competitor who does not appear and serve on RC or provide a pre-approved substitute, when scheduled for RC, will be scored DSQ for each race sailed that day, and subsequent days, until they have been cleared by the fleet captain.

8.3 A competitor may use a RC substitute. The substitute may serve on RC while the competitor sails. Competitor must request/pre-approve the substitute from the Fleet Captain.

8.4 For RS Aeros

- In order to qualify for the Fall or Spring Series, a Boat must participate in more than 50% of the total number of days. Participation is earned by starting in 50% of races completed on a race day.

- If a sailor shows up at the Club ready and able to race but is unable to start in 50% of races completed for reasons acceptable to the Fleet Captain (example: too windy for sailor's abilities), that sailor may be granted participation credit for that day.

- Sailors participating in the RS Aero Winter Series in Florida while CPYC racing is underway will receive participation credit for weekends they sail there.

8.5 For Lasers

- To qualify, a competitor must race or receive credit in 50% of the races sailed or 50% of days raced in the series.

- A competitor may petition the Fleet Captain for participation credit for one race day per series while away sailing in another Laser/ILCA event (certain restrictions apply). Participation credit only applies towards the missed race day and does not credit the number of races missed.

9 SCHEDULE

9.1 Fall Series 2022

- October 9
- October 16
- October 23
- October 30
- November 6
- November 13
- November 20
- November 27
- December 4
- December 11

9.2 Hangover Bowl

- Sunday January 1, 2023

9.3 Spring Series 2023

- March 5
- March 12
- March 19
- March 26
- April 2
- April 8 (Saturday)
- April 16
- April 23
- April 30
- May 7
- May 13 (Saturday - Spring Regatta)

10 RACE PROCEDURES

- 10.1 First warning will be 1200 hours. No warning signal will be made after 1530 hours.
- 10.2 If postponed ashore, no start will occur within 30 minutes of AP being lowered.
- 10.3 Three boats must be in the area to start a race.
- 10.4 All race signals and communication will be made by placards, hails, and/or sound signals from a RC boat.

11 COURSES AND MARKS

- 11.1 The starting and finishing lines will be between a staff on the RC boat with an orange flag and a mark. Marks will be small inflatables.
- 11.2 Courses may be posted on placards on the RC boat. See the course diagram at the bottom of this document. If no course is posted, the RC will announce the course by hail.
- 11.3 Windward/Leeward gates may be used. If gates are set, competitors are to round from inside to outside. If no gate is used marks shall be rounded to port.
- 11.4 Competitors will finish by leaving the Race Committee boat to port, unless otherwise announced.
- 11.5 The start/finish lines are “open” and may be disregarded except when starting or finishing, unless the RC chooses to close them and conveys that change by hailing.

12 TIME LIMIT

- 12.1 The time limit for the first boat to finish is 30 minutes. Boats not finishing within 10 minutes after the first boat in their division will be scored TLE, with points equal to 2 more than the number of boats that have finished for that race.

13 STARTING PROCEDURES

- 13.1 The 3-minute sound system of Appendix U will be used.
- 13.2 The RC may invoke the 1-minute I-flag (rule 30.1, around-the-ends), Z-flag, or Black Flag rules by flag or hail.
- 13.3 No boat may start more than 3 minutes after the start signal.
- 13.4 All hails will use the last 3 digits of a boat's sail number.
- 13.5 RS Aeros and Lasers may start separately or together, at the discretion of the Race Committee, but will be scored separately.
- 13.6 As noted above, at the discretion of the Fleet Captain or their delegate and in consultation

with the PRO, RS Aero 5 and 6 Rigs may be allowed to start at the 2 minute or 1 minute sound signal. This will be communicated verbally.

14 PROTESTS

- 14.1 Competitors are expected to enforce the RRS themselves, by using hails and filing protests.
- 14.2 Rules 44.1 and 44.2 are modified to require a one-turn penalty including one tack and one gybe
- 14.3 Protests must be reported to the RC at the end of the race
- 14.4 The RC may file protests when it observes rule violations, if no boat accepts a penalty or protests.
- 14.5 Competitors involved in protests must report to the RC within 20 minutes after the signal boat docks.
- 14.6 A protest form is required, only if the protestee requests one
- 14.7 The Protest Committee will be appointed by the RC
- 14.8 Protests may be heard over Zoom

15 VENUE

The racing area will be in Saugatuck Harbor or the area immediately SE of the mouth of the Saugatuck Harbor, at the discretion of the Principal Race Officer.

16 PRIZES

- 16.1 Series Prizes will be awarded for the top three boats in each Division.
- 16.2 For Lasers only, the Robert R. Larson Perpetual Trophy perpetual will be awarded to the winner of the combined Fall / Spring series.

17 SCORING

17.1 Check-In

- Prior to the first warning on any race day, competitors shall check-in and receive acknowledgment from the Race Committee Signal Boat.
- It is the competitor's responsibility to notify the Race Committee if racing with a different sail number than what was entered during registration. Failure to communicate sail number changes may result in the boat not being scored.
- Sailors that retire early shall notify the Race Committee Signal Boat or Mark Boat(s).

17.2 For RS Aeros

- The Low-Point Scoring System, Appendix A2 of the racing rules, will apply.
- Rules A2, A4.2 and A9 are modified by changing the word "series" to "day."
- For daily scoring, a boat's worst score will be discarded if five or more races are completed.
 - A minimum of two races must be completed to constitute a race day.
 - A minimum of two boats in a Division must start to constitute a race for that Division.
- For season scoring, a boat's score will be the total of her best race scores in the number of races needed to qualify for that series, excluding her other scores.
 - Boats that receive a credit day for missing Spring Series racing while racing in the

Davis Island Yacht Club winter series, will receive a score for that day equal to average of the scores for all days sailed in the Spring Series.

17.3 For Lasers Single Series

- Rule A9 and the Low-Point Averaged Scoring System will be used for the Fall, Spring
- Rules A2 & A4.2 are modified by changing the word “series” to “day.”
- For daily scoring, a boat’s worst score will be discarded if five or more races are completed.
- One throw out will be earned for every 3 races started over 45% of the total races run, excluding races sailed while serving on the scheduled Race Committee.
- Competitors serving their scheduled RC duty will receive one throw out toward series scoring

17.4 Laser Robert R. Larson Perpetual Trophy for Combined Spring / Fall Series

Same as for a single Series with the following modification:

- Results are calculated using the same formula as described above for a single Series but considering all days across both Series.
- Requires RC service in both seasons
- Qualification requires the same participation standards as above by treating both Series as a single Series. It does **not** require qualifying in both seasons.

17.5 RS Aero Awards for Fall and Spring Series

- Fall and Spring Series will be scored separately.
- The winner of the Open Category for the Fall and Spring Series will be inscribed on the RS Aero Plaque.
- In addition, Series Prizes will be awarded for the winners of each division.
- Frostbiting results will be considered for the fleet Woman of the Year and Rookie of the Year awards.

18 DISCLAIMER OF LIABILITY

Sailors must agree to and electronically sign the CPYC Frostbite Waiver and Release, which will be sent to the email address provided during registration. No boat may start a race or be scored until registration and waiver are completed.

19 HOSPITALITY

Racing may be followed by food/drink at the CPYC Clubhouse at 1600 hours if permitted at that time under governmental restrictions and CPYC policies.

20 FURTHER INFORMATION

For further information please contact RC Aero fleet captain Madhavan Thirumalai at mthirumalai@gmail.com, or Laser fleet captains, Betsy Sorensen & John Killeen at cpyclaser@gmail.com.

COURSE DIAGRAM

