

**Connecticut River Frostbite
Squadron at Essex, Inc
Spring Racing Series 2023**

Sailing Instructions

1. RULES

- 1.1 The Series will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 Appendix V (Alternative Penalties) is in effect.
- 1.3 All registrants are registered and scored by sail number. If a sail number is changed, the Race Committee (RC) must be notified prior to the RC leaving the dock.

2. CHANGES TO SAILING INSTRUCTIONS AND NOTICE TO COMPETITORS

- 2.1 Changes to the Sailing Instructions and Notice to Competitors will be posted on the FBYC website and not in the hallway of the Essex YC until further notice. Changes will be posted no later than 10am the day they take effect. Any announcements will be made at the launching area.

3. SCHEDULE OF RACES

- 3.1 The First Warning will be at 1pm and no races will be started after 3:30pm.
- 3.2 Races are every Sunday March 5, 2023 – April 30, 2023 with exception to April 9th: racing will take place on Saturday April 8th due to Easter.

4. CLASS SHAPES

- 4.1 Class shapes are: Etchells-White, Ideal 18-Blue, JY 15-Yellow, Laser-Red, 420-Orange

5. COURSES

- 5.1 See Addendum #1 for Course Diagrams and Descriptions.
- 5.2 While racing, the Start and Finish Lines are closed and are both obstructions unless starting or finishing.

6. MARKS

- 6.1 Primary rounding marks will be yellow inflatables.
- 6.2 The Alternate Windward Mark will be an Orange inflatable. An Orange Placard with "A" will be displayed on the Course Board when in effect.
- 6.3 The Starting Mark will be a buoy with a white flag. The Finish mark for the Laser, JY 15 and Ideal 18 classes will be an Orange Finish Buoy. The finish for the Etchells will be a Yellow Finish Buoy.

7. START

- 7.1 Races will be started by using the US Sailing Appendix U Sound Signal Starting System.
- 7.2 A minimum of two boats are required for a start.
- 7.3 The Starting line will be between a staff with a White Flag on the Race Committee Boat and the Starting Buoy.
- 7.4 RRS 29.2 has been modified: The RC may select another class to start at their discretion.
- 7.5 Non racing boats shall avoid the starting area. See Rule 23.1 and 60.2 (a).

8. FINISH

- 8.1 The Finish for the Laser, JY 15 and Ideal 18 classes will be between a staff with an Orange Flag and the Orange Finish Mark. The finish for the Etchells will be between the same flag and the Yellow Finish Mark. Etchells may not pass between the Committee Boat and the Orange Finish Mark.
- 8.2 RRS 35 has been modified: The RC may award any last place boats in each class their positions to expedite starts.
- 8.3 Non racing boats shall avoid the finishing area. See Rule 23.1 and 60.2 (a).

9. PROTESTS AND REQUEST FOR REDRESS

- 9.1 Protest forms must be submitted to the Race Committee within 30 minutes after the Race Committee boat docks.

10. SCORING

- 10.1 RRS A9 is in effect.
- 10.2 There will be one throw out for every four races sailed. No throw outs for daily scoring.
- 10.3 Scoring shall be in accordance with A5.3

11. SAFETY REGULATIONS

- 11.1 All sailors are required to wear a Coast Guard approved PFD while on the water. Inflatable vests are not permitted.
- 11.2 Laser, JY, and 420 sailors are required to wear a full-length wet suit or dry suit
- 11.3 Etchells and Ideal 18's are required to carry an anchor and a working VHF radio set to channel 69.
- 11.4 All boats are required to grant right of way to commercial traffic.
- 11.5 All boats are required to check in and check out every time they enter or exit the Racing Venue. Sailors are required to notify RC or Crash Boat or EYC when withdrawing.
- 11.6 RRS A5 is modified: Any boat failing a safety directive of the RC and Crash Boats may receive a DSQ for the day.
- 11.7 NO personal liquor may be consumed on the Club property. Food may be consumed as long as we "leave no trace" and pack out whatever we bring in. Violations may receive a DSQ for the day.

12. PRIZES

- 12.1 Daily prizes will be awarded daily and Series Prizes will be awarded at the end of the Series.